



# PROSPECTUS

**RLMC**

Rashid Latif  
**MEDICAL**  
**COMPLEX**



Rashid Latif  
**MEDICAL**  
COLLEGE

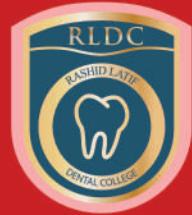


**COLLEGE OF**  
**PHARMACY**



**DENTAL**  
COLLEGE

**ALLIED HEALTH**  
**NURSING**  
**PHYSICAL THERAPY**



WE PROVIDE YOU MORE THAN A

# DEGREE

## GRADUATE AS A PROFESSIONAL



Our leading academics know how to get the best out of you during your studies.

We offer opportunities to allow you to build your own global network from within the Pakistan.

We provide an allround and memorable experience to take with you long after you graduate.

We're continually enhancing our facilities to aid your learning.

We value and nurture talent in its many different forms to ensure you have every chance to reach your full potential.

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## CORE VALUES

- C** Critical Thinking & Innovation
- H** Humane Leadership
- A** Accountability
- M** Motivated Team Player
- P** Perseverance
- I** Integrity
- O** Ownership
- N** Nobility
- S** Self Discipline
- ’** Professionalism

RASHID LATIF  
MEDICAL COLLEGE

*Building Graduates  
as caring*

**PROFESSIONALS**

[www.rlmc.edu.pk](http://www.rlmc.edu.pk)

**660**  
*Beded*

*Medical & Dental  
Hospitals*



## VISION

"To become the Centre of Excellence in the field of Health Sciences".



## MISSION

"Empower Healthcare professionals with state-of-the-art education, instilling leadership, innovation, and compassionate patient care for a transformative impact on the global health landscape".

# CURRICULAR OUTCOMES

01

APPLICATION OF KNOWLEDGE

02

PROFESSIONALISM

03

COMMUNICATION AND INTERPERSONAL SKILLS

04

DIAGNOSIS AND MEDICAL MANAGEMENT

05

LEADERSHIP AND TEAMWORK

06

HEALTH PROMOTION AND ILLNESS PREVENTION

07

PROMOTION EVIDENCE-BASED MEDICINE

08

CLINICAL RESEARCH AND SCHOLARSHIP

# Student Code of Conduct

## Procedures and Guidelines

Following procedures and guidelines will be acted upon:

### General Conduct of Students:

All the students will focus on

- Their appearance, personal hygiene and behavior should be modest and mature, law abiding and civilized.
- Dress in a simple, decent and appropriate manner.
- Refrain from any behavior that may cause damage to the college property.
- Ensure that their actions in any way do not threaten or endanger the health, safety or security of other persons.
- Abstain from inappropriate behavior including the use of offensive language, gestures, quarreling or remarks with faculty, staff, students or patients.
- Refrain from physical violence, frightening & pushing.
- Use social media on sites, public forums judiciously & responsibly.

### Academic Conduct of Students:

All students will:

- Diligently involve them in learning and study of course work.
- Attend all academic activities in accordance with the regulations on attendance of students by the Pakistan Medical & Dental Council (PM& DC).
- Abstain from the behaviors that interfere with the learning environment.
- Avoid those behaviors that have been identified as disturbing by faculty or other students.
- Show respect while working with human cadavers & human tissue.
- Practice integrity within all learning and assessment situations.
- Avoid cheating in the examinations.
- Adhere to ethical principles while performing research and seek ethical approval from the Institutional Research Ethics (IRE) Committee.

### Avoid Discrimination:

All the students will:

- Participate in the care provision to a person without any consideration of race, religion, ethnicity, socioeconomic status, gender or age.
- Treat all patients, faculty, staff, classmates, medical specialists, and health care team members with respect and consideration without regard to gender, age, race, religion, ethnicity or class.

### Respecting Patients, their families and maintaining confidentiality:

All the students will:

- Respect dignity and privacy of patients.
- Regard needs and values of patients and their family members.
- Handle the medical information /record of the patients with confidentiality.
- Handle medical records according to the hospital policy with utmost integrity.

- Treat patients politely and considerately.

### **Respecting faculty, students and staff:**

All the students will:

- Ensure that the professional relations with all the members of the medical community are marked with civility.
- Show respect to doctors, nurses, allied health professionals and all other members of the health care team.

### **Requests for Prior Permission:**

Students will be required to take prior permission, in writing, for the following:

- Corresponding with the press or other media for mass communication on behalf of RLMC / commenting on the internal affairs of the college
- Organizing any co-curricular activity in the college.
- Inviting any public personalities or government officials in their official capacity on to the college campus.
- Starting or forming a society, whether as part of co-curricular or academic activities e.g. for research.

### **Integrity:**

All the students will:

- Abide by policies, procedures and guidelines.
- Demonstrate honesty and integrity in all aspects of their education; avoid plagiarizing or assisting others in commissioning of such acts.
- Seek consultation and supervision wherever they are unsure of their level of knowledge and/ or experience.
- Behave with the highest standards of honesty, morality and discipline in their interactions with staff, faculty and patients.

### **Conduct outside the College:**

All the students will:

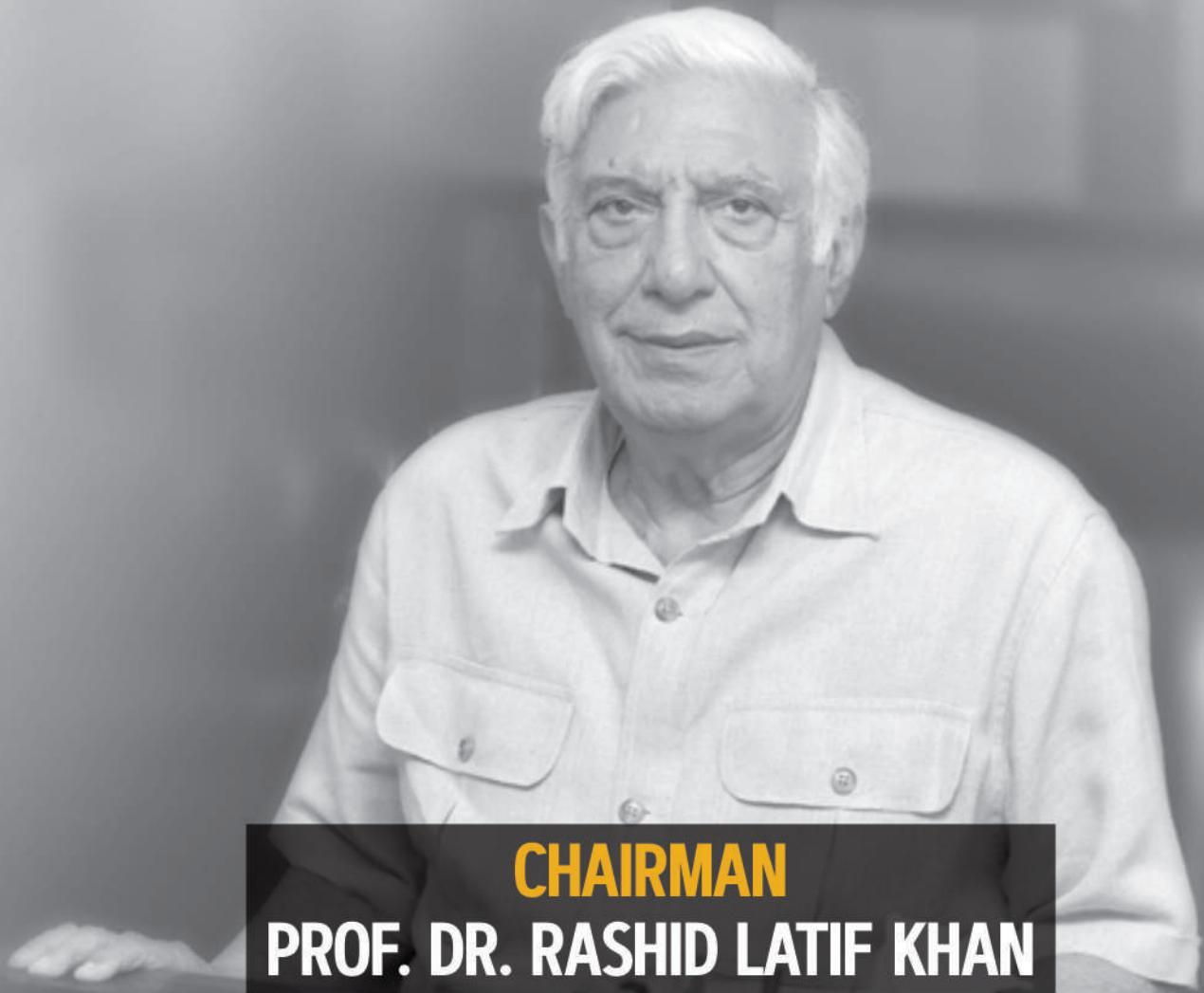
- Have to be mindful that their behavior not only reflects on themselves, but also on the college and the medical profession.
- Observe the code of conduct when representing at an inter-collegiate activity.

### **Substance Abuse:**

All the students will:

- Avoid substance abuse including cigarette smoking alcohol, prescription and non-prescription/ street drugs and illegal drugs, as this may lead to behaviors that endanger patient safety.

Refrain from unlawful possession or distribution of drugs or alcohol.



## CHAIRMAN

# PROF. DR. RASHID LATIF KHAN



First Doctor from Pakistan to do  
MRCOG & FRCS (UK) 1967-68

First Doctor from Pakistan to  
introduce Diagnostic  
Laparoscopy (1974)

Wrote First Textbook of  
Gynaecology (1982)

First to introduce IVF  
technology (1984)



First Gynaecologist from  
Pakistan to be invited as  
Examiner by the Royal College  
of Obstetricians &  
Gynaecologists, London U.K.  
(1985)

Delivered First IVF baby of  
Pakistan (1989)

Founder President IVF  
Society of Pakistan



First Gynaecologist of Pakistan  
to be awarded  
SITARA-E-IMTIAZ (1992)

Founder President of South  
Asian Federation of  
Gynaecology (1996)

First Professor Emeritus of  
PGMI (1998)

At the time of partition and independence of Pakistan, we had inherited reasonably developed training institutions for healthcare personnel. King Edward Medical College which was one of the two at the time has been a mother institution for not only Pakistan but almost for the entire Middle East and South Asia combined.

At present, in Pakistan about ninety medical institutions exist in both the public and private sectors. With this growth in the number of medical institutions comes a greater responsibility of producing highly skilled, empathetic, ethical and dynamic doctors who could compete at a world stage. In many instances, attaining a medical degree is considered the end goal while in my opinion it is just a stepping stone towards serving mankind and leaping beyond one's own capabilities.

This modern era of information highways and digital age calls for today's doctors to be well versed not just in the science of medicine but also to exhibit a well rounded personality with a sound focus on communication skills and research & development. Learning how to learn and seeking counsel when needed are two important factors that help determine success for a student.

It is my strong belief that students who graduate from RLMC will prove to be masters in the field of medicine with a thorough understanding of the world around them. RLMC will also develop as a center of excellence for the future training of not only doctors and nurses but other paramedical personnel.

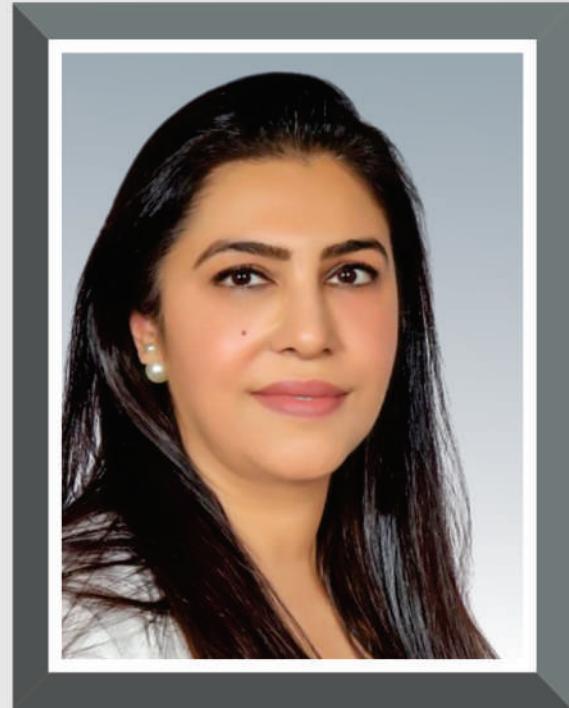
The attached Arif Memorial Teaching Hospital which has also been built together with the college will also help serve the needs of the local community besides being a source of learning for students of RLMC. The location of the hospital at the periphery of Lahore district will prove to be source of comfort and well being to the rural population around it.

Since my retirement I had always resisted the temptation of setting up a medical and nursing college because I had the feeling that I would not be able to do justice to the educational and moral needs of these institutions. But, today with a great team of experienced professionals and faculty by my side, I am confident that RLMC will be a source of pride for both the healthcare profession and Pakistan.

A handwritten signature in black ink, appearing to read "Rashed Latif Khan". The signature is fluid and cursive, with the first name "Rashed" and the last name "Khan" being the most prominent.

# MESSAGE from the **CHIEF EXECUTIVE OFFICER**

I'm delighted that you are considering studying at **Rashid Latif Medical & Dental College**, one of the top private medical colleges in Pakistan. Whatever your aspirations, we can help you on the journey to your future career. As a RLMC student you will graduate with more than just a degree.

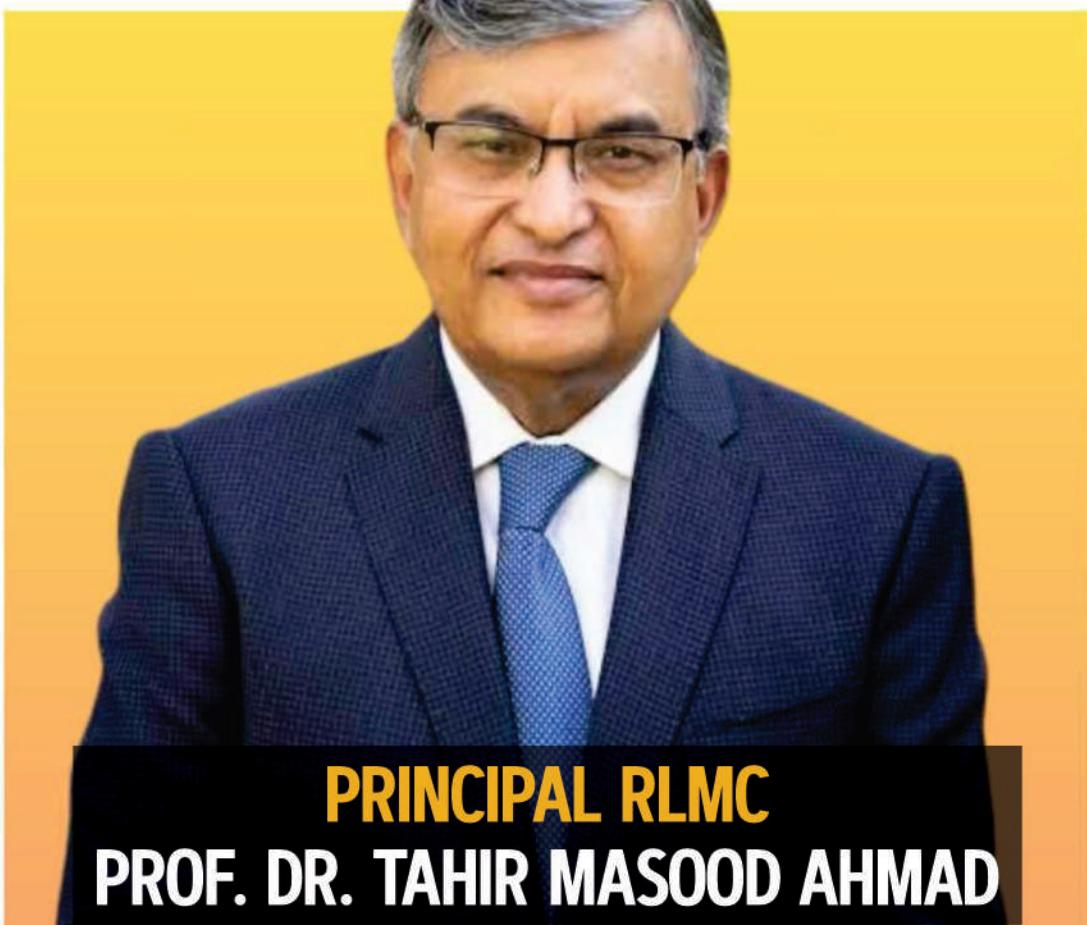


The opportunities and experiences at RLMC will help you grow as an employable, entrepreneurial and a confident global citizen. We will help you to graduate as a professional.

Our prospectus is full of information to help you make an informed choice about your higher education future, as we understand what an important decision choosing the right medical college can be.

**We look forward to seeing you soon.**

*Sabahat Khan*



## PRINCIPAL RLMC PROF. DR. TAHIR MASOOD AHMAD



Prof of Pediatrics  
Rashid Latif Medical College Lahore

Former Dean & Prof Emeritus  
University of Child Health Sciences  
The Children's Hospital Lahore



Member Regional Certification  
Commission  
Poliomyelitis Eradication  
Eastern Mediterranean Region of  
WHO

Member National Immunization  
Technical Advisory Group Pakistan

A career in medicine can be very rewarding as a doctor can make a real difference in people's life by helping to alleviate pain and suffering. It is however highly competitive and demands that those who aspire to adopt this profession should aim to have compassion, altruism and excellence. Medical education in Pakistan has changed over the past decade or so because of the fact that private sector has emerged as a key provider of education services both in absolute terms and relative to public sector.

The contemporary trends in medical education worldwide demand that future doctors should have practical knowledge and skills and should effectively manage the health problems of the community in a competent and humane manner. In this era of rapidly enhancing information, the student of today must be committed to life-long learning to update the knowledge. Every medical college needs to play a part in establishing infrastructure to provide a conducive environment for continued learning, research, evidence-based practice and application of new technologies to patient care.

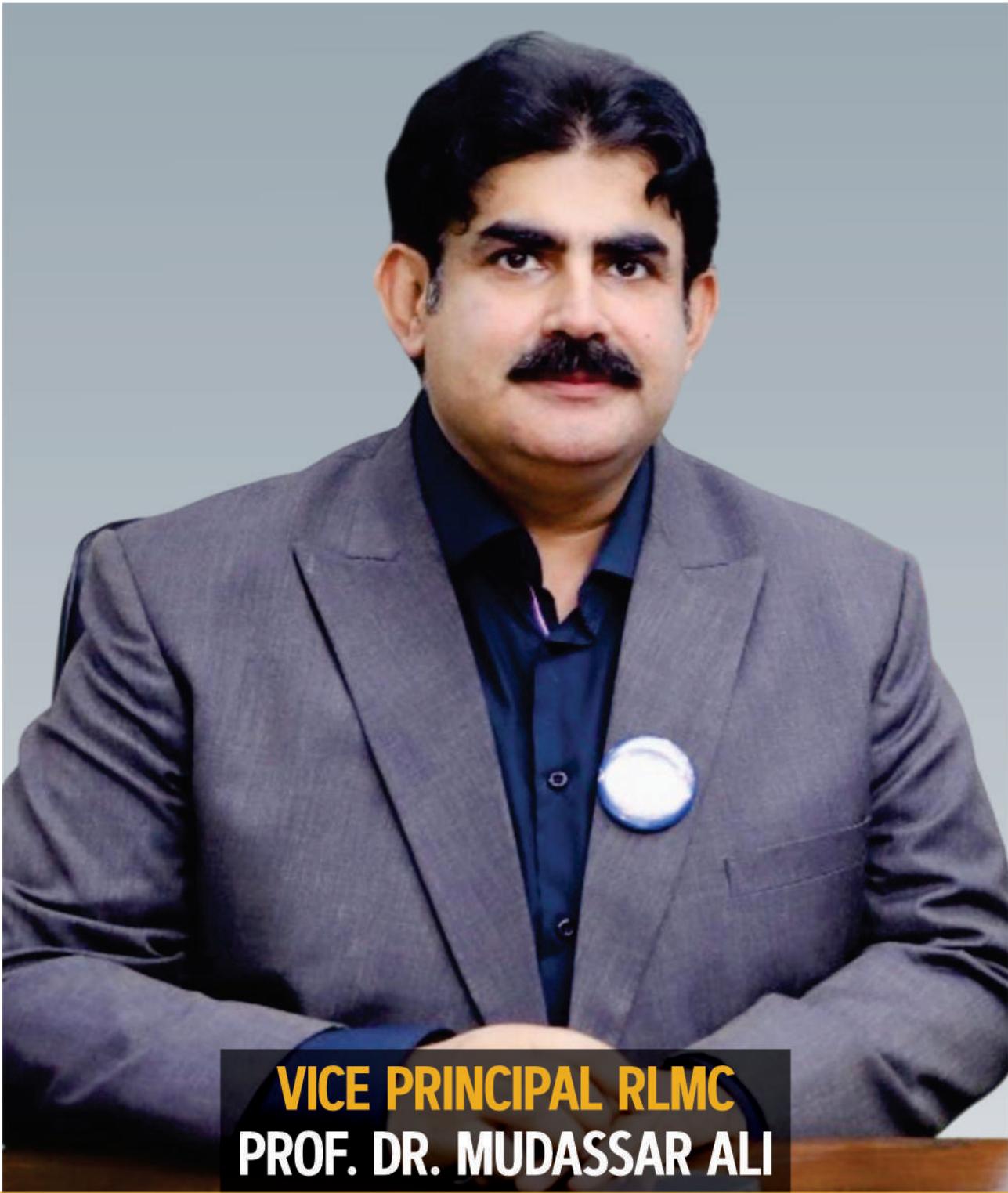
Rashid Latif Medical College is a purpose built institution that provides an ideal infrastructure to produce health professionals who are skillful, competent, well groomed, eager to provide quality health care to the society and maintain high ethical standards. The mission of Rashid Latif Medical College is to improve the quality of health-care which will happen only if the quality of medical education is taken care of. The college lays great emphasis on quality of teachers. There is very well developed department of medical education which is engaged in

teachers training and updating teaching methodologies in accordance with the changing trends of medical education. This systematic, structured and continuous improvement helps in ensuring that the product of RLMC is always relevant to the current demands and quality is assured during each and every stage of student's career.

RLMC has already developed its rich Alumni and the six batches of trained, dynamic and skillful doctors who have graduated from this college are serving in Pakistan and abroad. Research activities have always remained the priority of this institution and there is always an endeavor to offer a mentored and structured educational program which would train students and health professionals in translational and clinical research ultimately paving the way to evidence-based practices.

I welcome the new students to RLMC with the hope that the time a student spends with us will be an excellent educational experience for him and at the end of his stay at RLMC, we hope to see a well rounded professional who has academic excellence, altruism, a strong character and motivation for a career in medicine.

A handwritten signature in black ink, appearing to read "Tahir Masood Ahmad".



**VICE PRINCIPAL RLMC  
PROF. DR. MUDASSAR ALI**

You have made it to one of the leading private medical and dental institution, of the country. Congratulations are in order. I take this opportunity to congratulate the parents, guardians and families of such brilliant young men and women.

We are still struggling to leave the ravages of Corona pandemic behind us and we welcome you earnestly. Your stay with us will lead to your transformation as a person, as a professional and as a friend and a colleague. For those of you who choose to become clinicians and come in contact with patients you must remember to keep patients first.

I have a four points plan for you all and it is very basic and will ensure that all of you who develop a habit of following these shall excel in their professional life.

First point is to Aim High. Michelangelo said and I quote “ The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low and achieving it. At this juncture I would also inform you about the college motto, “Ne plus Ultra”. The highest point, capable of being attained, the ultimate.

Second is about being passionate, here I quote Rumi “I once had a thousand desires but in my one desire to know you all else melted away” You should have this passion in you and have faith to develop it!

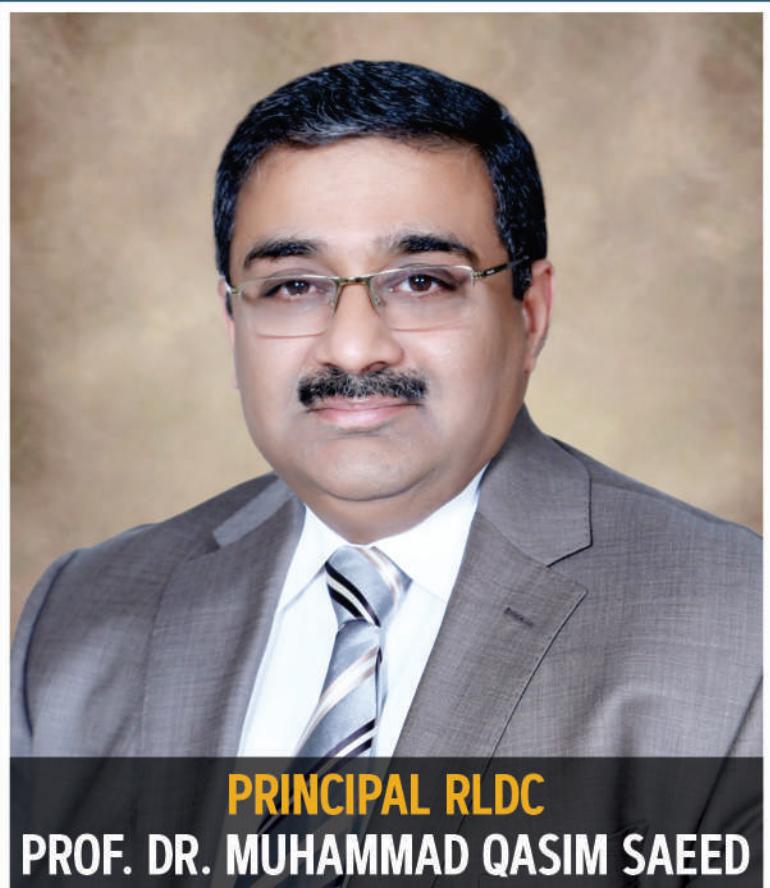
Third point is Empowerment, it means to enhance your capacity to dream and than to achieve those, it goes beyond goal setting. It's about evolving into a new, you a better you. It's about growth, becoming

better each day. It's about reflection, innovation and becoming better each day.

The fourth point is to Persevere. Keep doing it, remain focused and do it, again and again and again. Einstein said and I quote “ Its not that I am so smart, it's just that I stay with problems longer”.

To sum it up, Aim High, Be passionate, Empower yourself and evolve into better you each day and Persevere.





**PRINCIPAL RLDC  
PROF. DR. MUHAMMAD QASIM SAEED**

On behalf of the entire faculty and staff, I am thrilled to welcome you to our esteemed Institute! Today marks the beginning of an exciting journey filled with opportunities, challenges, and personal growth.

At the Rashid Latif Dental College our purpose is to be a career accelerator for our students and an engine of growth for our community, our nation, and the world. This means, first and foremost, that we are student-centered in all we do.

We are building a school that attracts the best and brightest students, creating a rigorous and collaborative student experience, and engaging the entire Rashid Latif Medical Complex community of faculty, staff, and friends, to establish a brand of excellence.

We select each new entering class with the intent of ensuring that we will train tomorrow's leaders in Dentistry, secure in the knowledge that they will be well prepared to practice their chosen specialties and to meet the needs of the public.

Finally, prayers go to ALLAH, the Most Merciful and the Most Benevolent to help us in all the endeavours towards realizing our goals.



RASHID LATIF  
MEDICAL COLLEGE

National &  
International

**MOUs**  
for student &  
faculty training



Guidance classes  
for preparation of  
**PLAB**  
**USMLE**  
**FCPS**

★★★  
*Recognitions  
&  
Affiliations*  
★★★

**RECOGNIZED BY:**

**PAKISTAN MEDICAL & DENTAL  
COUNCIL DIRECTORY**

**LISTED IN:**

**INTERNATIONAL MEDICAL  
EDUCATION DIRECTORY**

**AFFILIATE WITH:**

**UNIVERSITY OF HEALTH  
SCIENCES DIRECTORY**

**APPROVED BY:**

**MINISTRY OF HEALTH**

**LISTED IN:**

**WHO AVICENNA DIRECTORY**

**RECOGNIZED BY:**

**CSPS FOR FCPS TRAINING**

# AFFILIATED HOSPITALS

**ARIF MEMORIAL TEACHING HOSPITAL (660 Beds)**

**LAHORE CARE HOSPITAL (100 Beds)**

This is a purpose built 660 bed hospital designed specifically as a teaching facility. Besides fulfilling the requirements of the medical college it provides much needed comprehensive health coverage to the surrounding population in all major disciplines at affordable cost. The hospital has excellent OPD, Diagnostic and Treatment facilities and 24 hours emergency. Arif Memorial Hospital is also recognised by CPSP for post-graduate training in the fields of Surgery, Medicine, Obstetrics & Gynaecology, Paediatrics and Ophthalmology.

## MESSAGE MD

WE ARE WHAT WE REPEATEDLY DO; EXCELLENCE IS THEN NOT AN ACT BUT A HABIT (Aristotle) Arif Memorial teaching hospital has completed a decade of providing high quality health care services to the ailing humanity and in imparting the highest standard of training in all clinical disciplines to the under and post graduate students under the recognition of PMC, CPSP and other national and international accreditation bodies. At AMTH the needs of the patient comes first, for us every patient is the only patient. We engage patients and their family members in the health care process, believing in the fact that this approach will be more effective in eliminating inequalities and improving health for all. We at AMTH are striving to heal the heart mind, soul and body of our patients, their families and ourselves. AMTH is a trust run teaching hospital that is striving to achieve many milestones moving towards provision of excellent services. AMTH In line with the vision of RLMC and In the course of time has recorded an unprecedented improvement in health work force training, welfare and development resulting in integrated quality service delivery to our teaming patients. The management and staff of the hospital together were able to take the AMTH to its enviable heights, in creating a competent, caring, compassionate and motivated health work force. The mission and zest of the AMTH is to support RLMC in promotion of Medical Research and Education, to produce quality medical graduates and post graduates that can effectively serve the communities through provision of best health care facilities.

OUR BELIEVE IS TAKE CARE OF THE PATIENT EVERYTHING ELSE WILL FOLLOW



**DR. BABAR WATTOO**  
Medical Director

Recognized by  
**CPSP**  
for Post-Graduate  
FCPS Training

# WHY CHOOSE RLMC?



## MUST KNOW ABOUT OUR FACILITIES

*Why not visit us & get taste of the Campus life*

We are very pleased to tell you about our campus facilities that distinguish us from all the leading medical colleges. RLMC provides opportunities and experiences, that build student community and helps them grow in personal and professional capacity. Healthy competition is promoted among intellectually curious students and prizes are offered as incentives to high-achievers.

### COMPUTER LAB

Latest computers are available in our computer lab to facilitate our students. Our computer lab offers round the clock internet facility to all of the students.



### ABOUT OUR CULTURE

The culture of Lahore is a manifestation of the lifestyle, festivals, literature, music, language, politics, cuisine and social-economic conditions of its people, which is reflected in the campus life.



The purpose built campus was designed in a way that would allow the students to experience university life at its best. It encompasses 28 acres of lush green land and is located in the suburbs of Lahore, easily accessible by public and college transport. The building offers spacious lecture halls, well-equipped laboratories, and a state of the art audiovisual auditorium for curricular and extra curricular activities.

## PLAY GROUND

RLMC College is a private college on 28 acres. A purpose built campus with separate playgrounds for cricket, football and basket ball. Being a complete residential campus, it is important that there is a wide variety of sports facilities to keep students engaged and physically fit. Therefore, the college offers a vast ground and basketball court for sports enthusiastic students.



## MOSQUE

A beautiful Mosque has been built on campus. At RLMC we respect all religions & cultures and focus on oral character building.



## COLLEGE CAFETERIA

A cafeteria has been established within the campus where food is hygienically prepared in a clean and well maintained kitchen. The cafeteria has an exclusive area for the staff and students and offers breakfast, lunch and dinner at affordable prices.

The capacious college cafeteria offers a wide range of hot and cold options for breakfast, lunch and dinner while maintaining strict hygiene standard during food processing.



The attached hospitals are the country's most successful and highly recognized healthcare centers with a dynamic foundation of progressive care, practice, education and research following the footstep of living legend Prof. Dr. Rashid Latif Khan (Sitara-E-Imtiaz).

The 660 bed teaching hospital, Arif Memorial Hospital, is at walking distance from the college campus. Its superior location has allowed it to drain nearby villages and town, making it a pioneer health facility in this area. The amplified patient contact levels make certain that the students see multiple and diverse cases each day.



## PROFESSIONAL FACULTY

The highly qualified and experienced faculty of RLMC has profound commitment to medical sciences and is fully motivated to impart knowledge to the students. They are focused on creating an environment where the students can thrive and have stress free, interactive learning experience and enjoy wide array of training facilities.

Each faculty member mentors ten students. The small size of mentoring sessions makes sure that the students are being counseled individually regarding career progression, research publications and stress management. This strategy allows the students to build affirmative relationships with faculty members and other students.



## SKILLS LAB

The students are given practical training class in skills lab to polish their clinical skills.



## COMMON ROOMS

Separate common rooms for boys and girls are located on the ground floor of the college building where students can relax and have discussions. On every floor of the college there are separate washroom facilities for girls and boys.



## GYMNASIUM

Separate common rooms for boys and girls are located on the ground floor of the college building where students can relax and have discussions. On every floor of the college there are separate washroom facilities for girls and boys.



## OUR LIBRARY

Our library has latest editions of medical textbooks and reference books to assist students during their exam preparation. A spacious library is located in a separate block adjacent to the college building. It has all the essential text and reference journals. The books are indexed and there is an e-library which has access to on-line journal and books.



The library has been organized to meet the requirements of students and teachers and facilitates research work. It has following sections:

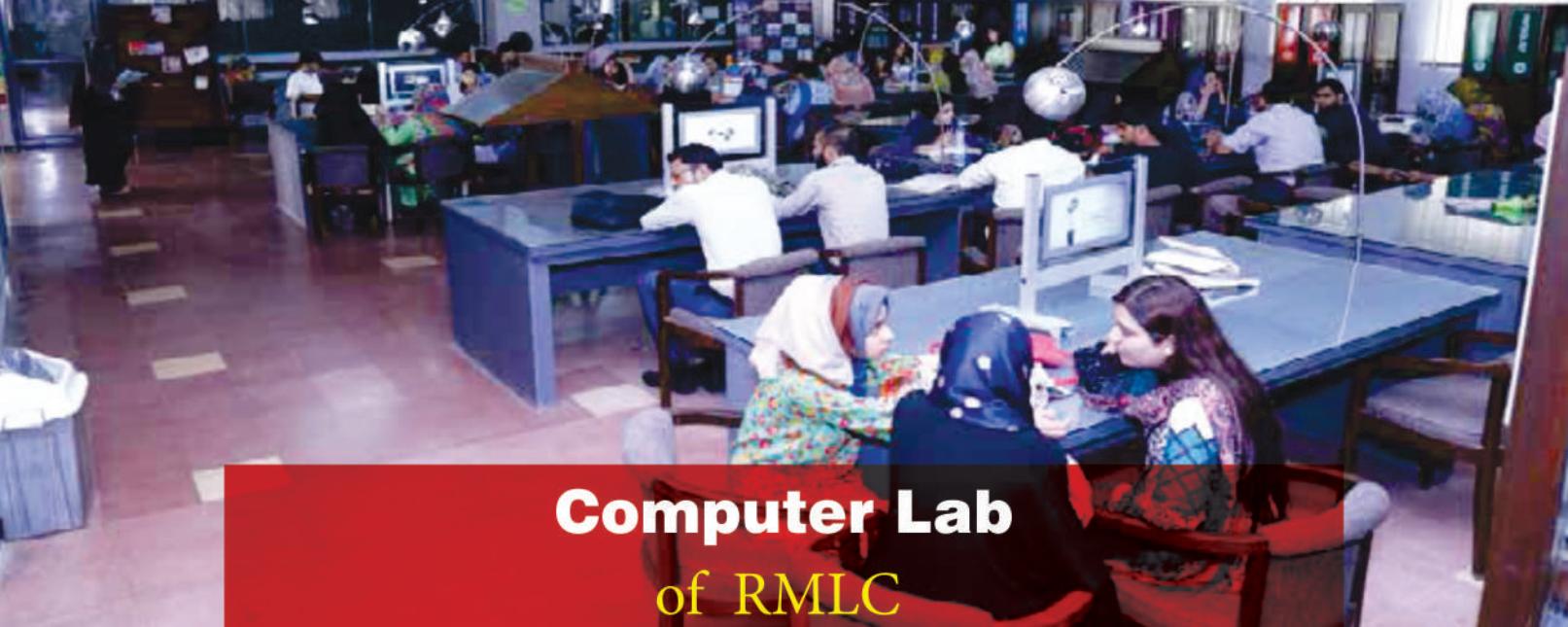
Basic Sciences | Clinical Sciences | Reference Books | Sections

Reading Area | E-Library | Audio Visual Section | Urdu/English | Literature

## TRANSPORT

Public transport is available at walking distance. The college runs a daily shuttle service from Hameed Latif Hospital (opposite Qaddafi Stadium on Ferozepur Road) to Rashid Latif Medical College and back for the convenience of the faculty and the students.





## Computer Lab of RMLC

RLMC has a spacious computer lab with latest computers equipped with high bandwidth internet.

Located adjacent to the library, this lab makes an invaluable addition to the self learning facilities of the college. Its layout and space allows provision of computer workshops as and when required.

### Classification of Student Categories

Printing | Scanning | E-Data | Plazerism | Wifi

Students are encouraged to generate a fulfilling and diversified environment at the college which is necessary for them to find a healthy and acceptable outlet for dissipating energy and steaming out their frustrations. The students manage a variety of clubs and committees through their own class representative to make the best of youthful and formative years. The college administration organizes trips for the pleasure and knowledge of students.



There are separate hostel blocks for boys and girls within the college campus. Provision of hostel accommodation is subject to availability and preference is given to candidates from outside Lahore.

Facilities provided are single/shared bedrooms, toilets and sitting rooms. Each section of the hostel is supervised by a member of the faculty/ administration. Essential staff like cleaners and security staff is provided. During their stay in hostels, students will have to adhere to the hostel rules and regulations as laid down by the college authorities. Hostel fee is subject to annual increase.



## Departments & Faculty

There are two broad components of undergraduate medical education:

### 1. Basic Sciences

The basic sciences comprise of Anatomy, Physiology, Biochemistry, Pharmacology, Pathology, Community Medicine and Forensic Medicine.

Major clinical subjects are Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, Ophthalmology and ENT. There are various subspecialties of the above mentioned clinical departments.

Traditionally, the medical syllabus was introduced to medical students through the subjects of Anatomy, in order to make them aware of the structure of the human body, and Physiology, the study of normal function of the body systems. Only basic sciences subjects were taught to the students until they entered the clinical years where clinical subjects were taught.

Over the last few years however, the strategy of medical education has evolved and more emphasis is now laid on combining the basic sciences with the clinical subjects in the initial years of the medical curriculum. The objective is to provide an integrated approach to learning for better understanding of structure, function and the process of disease.

### 2. Clinical Department

As an affiliate of University of Health Sciences (UHS), Rashid Latif Medical College follows the syllabus outlined by the university.

According to this syllabus, the students learn the subjects of Anatomy, Physiology and Biochemistry in the first two years, with specific curricula for first and second years. In the third year the remaining subjects of basic sciences, i.e., Pathology, Pharmacology, Forensic Medicine and Community Medicine are to be learnt while the clinical subjects are also introduced. Fourth and final years are mainly taken by the clinical sciences. Every effort is made while preparing the curriculum for first and second years to incorporate the clinical faculty to take lectures along with the basic sciences faculty.

Learning of sciences is not enough to become a good doctor. As a professional in the noble science of medicine the doctor has a special place in society, bringing in its wake certain responsibilities. While these relate mainly to the doctor's conduct and behavior, the doctor also needs to have a perspective of history with knowledge of current affairs. In order to meet these needs, UHS has introduced the subjects of Behavioral Sciences, Islamiyat and Pakistan Studies in the first two years of the programme.

96  
Result in  
**UHS**  
Examinations



## DEPARTMENT OF ANATOMY



“

To meet new challenges, implementation of clinically orientated anatomy teaching, along with the continuous learning opportunity for faculty, can enhance interest in young scholars for the subject.

**Prof. Fatima Qaiser** ”  
Anatomy Dept.

## Dissection Hall

The large, well ventilated dissection hall can accommodate more than 150 students where they will get an opportunity to work on cadavers for dissection and demonstration. There is a state of the art mortuary room for the cadavers.

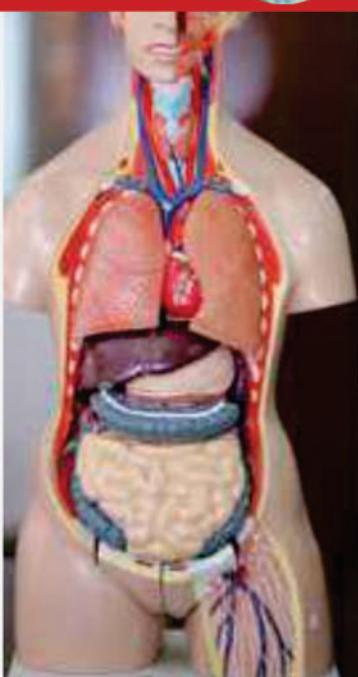
## Histology Lab

Spacious well equipped laboratory. Multihead teaching, microscope, projection microscope with large LED is used to enhance students learning.



We should believe in dreaming Big. In dreams we plant the seeds of our future. By the grace of Allah Almighty and with the support of our beloved parents and devoted teachers all our dreams can come true. Joining RLMC was a choice and RLMC proved my choice the best. RLMC dedicated teachers inspired and motivated me. RLMC teaching methodology is quite effective.

Thank you RLMC for making an huge impact on my life.



## Museum

Latest imported models of anatomy are displayed in a spacious Museum located across the Dissection Hall. The museum also has a large number of dissected specimens to illustrate various structures on actual parts of the human body.

## FACULTY

### Prof. Fatima Qaiser

Professor  
MBBS, M.Phil, CHPE

### Prof. Nazreen Sharif

Professor  
MBBS, M.Phil

### Dr. Attya Shahid

Associate Professor  
MBBS, M.Phil, CHPE

### Dr. Afifa Waseem

Associate Professor  
MBBS, M.Phil, CHPE

### Dr. Momina

Assistant Professor  
MBBS, M.Phil

### Dr. Zubda

Senior Demonstrator  
MBBS, M.Phil

### Dr. Tuba

Demonstrator  
MBBS, M.Phil



“ Physiology is the cornerstone of medical science, forming the basis for understanding normal human function. Our department emphasizes conceptual clarity, practical learning & integration with clinical disciplines. We strive to develop analytical thinking & a strong scientific foundation essential for future medical practice.

**Prof. Mudassar Ali**  
Head of Physiology Dept.



## DEPARTMENT OF **PHYSIOLOGY**

The knowledge of fundamental principles and facts of human physiology forms the basis of medical practice. Every modern branch of clinical and biomedical research has its physiological roots so faculty of physiology department has a very disciplined, experienced, professional, innovative and conceptual and integrated approach towards the subject and covers all the aspects of altruism towards their students of all concerned disciplines.

Department of Physiology, established in 2010 under the experienced chair of Professor Shehnaz Javed Khan, has a long-standing tradition of excellence. The current, Physiology Department led by Professor Bilquis Akhtar is assisted by Dr. Mudassar Ali and Dr. Faheem Mahmood as associate professors and Dr. Saadia Islam and Dr. Tashfeen Ikram as assistant professors. The committed team aims to impart the advanced, disciplined and exam oriented approach in the students. The department is honored to maintain the legacy of distinctions and pass percentage of more than 90% in Physiology from the last 10 years. The department embarks upon an exciting new level in its history, when students outshined with 1st and 2nd Position in UHS Professional exams with Gold Medals in Physiology.

### **Mission:**

The mission of the department is to impart, create and disseminate knowledge and to develop informed, ethical and responsible doctors, who are concerned to lead and serve the nation.

### **Facilities:**

Physiology Departments provides state of the art facilities to the students as per the requirements of Pakistan Medical Commission

## Facilities:

- Physiology Laboratory fully equipped
- Lecture Halls
- Tutorial Rooms
- Physiology section in College Library
- Physiology E- Library on college website
- Faculty Offices

## Disciplines

- 1st year and 2nd year MBBS (Rashid Latif Medical College)
- 1st year BDS (Rashid Latif Dental College)
- 1st year and 2nd year DPT (Rashid Latif College of Physical Therapy)
- 1st year BSc & Optometry (Rashid Latif Institute of Allied Health Sciences)
- 1st year BSN (Rashid Latif College of Nursing)
- MLT (Arif Memorial Paramedical College)

## FACULTY

### Prof. Mudassar Ali Khan

Professor / Vice Principal / HOD  
MBBS, M.Phil, CHPE, PhD (Scholar)



### Prof. Saman Saeed

Professor  
MBBS, M.Phil, PhD (Scholar)

### Prof. Sadia Islam

Professor  
MBBS, M.Phil

### Dr. Tashfeen Ikram

Associate Professor  
MBBS, M.Phil

### Dr. Maryam Raza

Assistant Professor  
MBBS, M.Phil, CHPE, PhD (Scholar)

### Dr. Shazia Sukhera

Associate Professor  
MBBS, M.Phil, PhD (Scholar)

### Dr. Hafsa Ahtesham

Assistant Professor  
MBBS, FCPS

### Dr. Sumbol Khalid

Assistant Professor  
MBBS, FCPS

### Dr. Ayesha Akram

Senior Demonstrator  
BDS, M.Phil



“

Biochemistry is the study of chemical processes in living organisms at cellular and molecular level and governs all living organisms and living processes. Biochemistry and medicine enjoy a mutually cooperative relationship. It makes significant contributions to the fields of cell biology, physiology, immunology, microbiology, pharmacology, and toxicology, as well as the fields of inflammation, cell injury, and cancer. Department of Biochemistry at RLMC is fully equipped to train the students to become good learners, leaders, professionals and researchers.

”

Prof. Sadia Qureshi  
Head of Biochemistry Dept.



## DEPARTMENT OF **BIOCHEMISTRY**



# FACULTY

## Prof. Sadia Qureshi

Professor  
MBBS, M.Phil, PhD

Department of Biochemistry is located on the ground floor across the department of Physiology being its mirror image. Modern learning aids have been provided to ensure that the students learn the subject in an interesting and interactive way.

## Prof. Muhammad Fahim-ul-Haq

Professor  
MBBS, M.Phil

## Prof. Sumera Saghir

Professor  
MBBS, M.Phil, PhD (Scholar)

## Laboratory

The spacious laboratory has colorimeters, centrifuges, distillation units, electronic balances, microscopes, a flame photometer, automated pipettes and dispensers. The students have an access to every kind of equipment required to undertake practical demonstrations of Biochemistry.

Adjoining the laboratory are the faculty offices which provide closer interaction between the faculty and the students.

## Prof. Adnan Sadiq

Professor  
MBBS, M.Phil, PhD (Scholar)

## Dr. Shama Akram

Associate Professor  
M.Phil, M.S.C Bio, PhD

## Dr. Amna Noor

Assistant Professor  
MBBS, M.Phil





## DEPARTMENT OF PATHOLOGY



“

Pathology department is committed to excellence in teaching, research & diagnostic skills, fostering critical thinking & ethical practice. We strive to equip students with a strong scientific approach & a deep understanding of disease processes, preparing them for competent & compassionate medical careers.

**Prof. Sofia Waheed ”**  
Pathology Dept.

The Pathology department has two laboratories, which have the latest equipment. These laboratories cater for Microbiology, Histopathology, Hematology, and Chemical Pathology.

Pathology is a branch of medicine that deals with the nature of disease and its causes, processes, development, and consequences.

## Laboratory

This important subject bridges the clinical and non-clinical subjects. The department has four sections, Microbiology, Histopathology, Hematology and Chemical Pathology.

The Pathology teaching sessions are a mix of both theoretical and practical classes where students will have an opportunity to observe and participate in diagnosis of patients admitted in the wards. Regular symposia, seminars and tutorials are held in the department of Pathology.

The department has a spacious museum displaying specimens and several detailed and highly informative charts for the guidance and better understanding of the students.

## FACULTY



### Prof. Sofia Waheed

Professor / HOD  
MBBS, FCPS (Heam), MHPE

### Dr. Qurat-ul-Ain Javaid

Associate Professor  
MBBS, M.Phil (Histo)

### Prof. Naila Atif

Professor  
MBBS, FCPS

### Dr. Almas Raza

Assistant Professor  
MBBS, M.Phil

### Prof. Sahar Mudassar

Professor  
MBBS, M.Phil (Micro), PhD, CHPE

### Dr. Anum Mehmood

Assistant Professor  
MBBS, M.Phil

### Prof. Nosheen Khurram

Professor  
MBBS, M.Phil (Histo), MME

### Dr. Amal Mehmood

Assistant Professor  
MBBS, M.Phil

### Prof. Bushra Adeel

Professor  
MBBS, M.Phil (Micro)

### Dr. Saad

Senior Demonstrator  
BDS, M.Phil





“  
Students have field trips and visits to rural health care facilities where they have the opportunity to correlate the classroom learning with social, economic and medical conditions of the community.

**Prof. Tazeem Shahbaz**  
Head of Com. Med. Dept.



## DEPARTMENT OF **Community Medicine**



# FACULTY



## Prof. Tazeem Shahbaz

Professor  
MBBS, MPH, PhD.

## Prof. Syma Arshad

Professor  
MBBS, MPH

## Dr. Rabbiya Sarwar

Associate Professor  
MBBS, MPH

## Dr. Asma Kanwal

Assistant Professor  
MBBS, MPH

## Dr. Fizza

Assistant Professor  
MBBS, M.Phil



The Department of Community Medicine aims to serve humanity by stressing on immunization and simple methods of improving the health of the community at primary health care level thus making a major contribution in prevention of diseases in the community at large.

The department features the health models to complement their on-the-field mode of training.



“

Forensic Medicine bridges medicine & law, playing a crucial role in the administration of justice. Our department focuses on imparting sound knowledge of medico-legal principles, ethics & professional responsibility.

”  
**Prof. Shaukat Ali**  
Forensic Dept.



## DEPARTMENT OF **FORENSIC MEDICINE**

Forensic Medicine brings the investigative capabilities of modern medicine to aid the law and justice. Students have an opportunity to learn legal aspects of medicine and the training as to how medico-legal cases are documented.

### Museum

This department has a spacious museum with elaborate models illustrating the forensic aspects of medicine. Special models explaining the science of criminology along with commonly used weapons are on display.



### **FACULTY**

**Prof. Shaukat Ali**  
Professor  
MBBS, DMJ

**Dr. Khizer Hayat**  
Assistant Professor  
MBBS, DMJ

**Dr. Nida Yousaf**  
Assistant Professor  
MBBS, DMJ

**Dr. Muhamamid Irfan Asghar**  
Demonstrator  
MBBS



## DEPARTMENT OF PHARMACOLOGY



“

Our department emphasizes a strong conceptual understanding of drugs, their therapeutic uses & adverse effects, aligned with modern clinical practice. Through structured teaching & research-oriented learning, we aim to develop responsible, knowledgeable & patient-focused future physicians.

**Prof. Samina Karim** ”  
Pharmacology Dept.

# FACULTY

A good physician has to be a good pharmacologist. Students will gain a thorough knowledge of medications, such as various routes of administration, mechanisms of action, pharmacokinetics, adverse drug reactions and dosage schedules. With a well-qualified and experienced faculty guiding them, students can look forward to an interesting learning experience.

## Laboratory & Museum

Pharmacology department has a separate fully equipped laboratory that provides the resources for practical training in experimental pharmacology and clinical pharmacology. The department has a well-designed museum displaying neatly mounted specimens and several detailed and highly informative charts and graphs of various types.

Faculty offices and demonstrator rooms are also available in the department. A separate tutorial room is attached with the laboratory.



### Prof. Samina Karim

Professor  
MBBS, M.Phil

### Prof. Salman Aziz

Professor  
MBBS, M.Phil, CHPE

### Dr. Sheikh Maria Qammar

Associate Professor  
MBBS, M.Phil

### Dr. Novida Manzoor

Assistant Professor  
MBBS, M.Phil,  
Ph.D (Scholar), CHPE

### Dr. Samra Suleman

Assistant Professor  
MBBS, M.Phil

# CLINICAL DEPARTMENT

Arif Memorial Hospital, the on-site teaching hospital has all the major specialties housed in a purpose built building. The hospital has been designed to facilitate smooth patient flow and is in line with current best practices of hospital design.

**More than  
300,000**

Free Patients Treated  
at AMTH

## DEPARTMENT OF MEDICINE & ALLIED

### Laboratory

The department is headed by a senior professor. There are 120 beds at Arif Memorial Hospital and 55 beds in Hameed Latif Hospital.

Starting with General Medicine, the department will be adding specialties like Cardiology, Gastroenterology, Nephrology, etc.

A full ward is dedicated to high dependency beds as in a CCU with full monitoring facilities. All the clinical departments have full diagnostic backup facilities and a fully equipped CCU.

### Prof. Aziz ur Rehman

Professor  
MBBS, FCPS

### Prof. Anjum Rasheed Butt

Professor  
MBBS, FCPS

### Prof. Mansoor ud Din Sajid

Professor  
MBBS, FCPS

### Prof. Asma Kazi

Professor  
MBBS, MCPS, FCPS

### Prof. Aisha Aziz

Professor  
MBBS, FCPS

### Dr. Riaz Ansari

Associate Professor  
MBBS, FCPS

### Dr. Mohsin

Associate Professor  
MBBS, FCPS

### Dr. Muhammad Irfan

Assistant Professor  
MBBS, FCPS

## FACULTY



**Prof. Anjum Butt**  
HOD Unit I



**Prof. Asma Kazi**  
HOD Unit II

“

The Department of Medicine forms the backbone of clinical practice & patient management. We focus on strong clinical reasoning, evidence-based care & lifelong learning. Our mission is to develop competent, humane & responsible physicians.

”

### Dr. Arslan Ahmad

Assistant Professor  
MBBS, FCPS (Cardiology)

### Dr. Sara Bano

Assistant Professor  
MBBS, FCPS

### Dr. Hafiz Abubakar

Assistant Professor  
MBBS, FCPS (Cardiology)

### Dr. Waheed Ahmad

Senior Registrar  
MBBS, FCPS

# FACULTY

## Prof. Muhammad Sarfraz Ahmed

Professor

MBBS, FRCS (UK), Diploma in Urology

## Prof. Afzal Sheikh

Professor

MBBS, FRCS, FRCS Ed.

## Prof. Abul Fazal Ali Khan

Professor

MBBS, MCPS, FCPS

## Prof. Ahsan Khan

Professor

MBBS, FCPS

## Prof. Faheem Anwar

Professor

MBBS, FCPS

## Prof. Muhammad Akil

Professor

MBBS, FCPS

## Dr. Ghulam Shabbir

Associate Professor

MBBS, FCPS

The layout of OT suite is well planned & scientifically designed with an adjacent post-operative/recovery area and surgical ICU. The emergency department has its own fully equipped operating theater. We cater surgical needs to all emergency patients round the clock.

The surgical department is accredited with College of Physician & Surgeons of Pakistan for postgraduate training leading to FCPS in general surgery. The internees and fellows are all trained in a methodical way. The academic mission is to train next generation of surgeons as leaders. Surgical education and research is integrated to achieve the goal.

## Dr. Rabia Ikram

Assistant Professor

MBBS, FCPS

Prof. Sarfraz Ahmad  
Head of Surgery Department

## Dr. Rana Shoaib Aslam

Assistant Professor

MBBS, FCPS

## Dr. Naeem Sarwar

Senior Registrar

MBBS, MS

## Dr. Jehanzaib Rashid

Senior Registrar

MBBS, MS

## Dr. Ahmad Raza

Senior Registrar

MBBS, MS

## Dr. Khalil-ur-Rehman

Assistant Professor

MBBS, MS

‘ It's a combination of hardwork, determination, and top-notch faculty at RLMC that has allowed me to succeed in my endeavors. It wouldn't have been possible for me to attain this level of success without them. They strive to bring out the best in every student and I consider myself lucky to have chosen RLMC to pursue medicine .’



## Dr. Asghar Ali

Senior Registrar

MBBS, MS





## DEPARTMENT OF SURGERY



“

Our Department of Surgery stands at the forefront of modern surgical education, research, and patient care. We emphasize evidence-based practice, innovation, and hands-on training to prepare our students for the evolving challenges of healthcare. Excellence and compassion remain the cornerstones of our mission.

”  
**Prof. Abul Fazal Ali Khan**  
Surgery Dept.

This department has 120 beds at Arif Memorial Hospital. It is supported by 06 operating theaters. The layout of the OT suite is scientifically designed with an adjacent post-op/recovery area and the surgical ICU. There is provision for all types of surgical procedures including laparoscopic surgery. The Emergency Department has its own fully equipped operating theater.

This department is recognized by College of Physicians & Surgeons Pakistan for post-graduate training leading to FCPS. The Department consists of 2 Professorial units headed by distinguished & highly skilled Professors. The Department of Surgery offers extensive academic program, for medical students; that exposes students to a combination of formal teaching instructions and patients' exposure enabling them to develop knowledge, skills, and attitude necessary to learn essential surgical competencies which are cornerstone in becoming a competent & complete clinician.

The subject of surgery is taught in a methodical way starting from 3rd Year MBBS to Final Year MBBS. Students are taught in lectures and small clinical groups exposing to all kinds of patients with surgical problems.

Arif Memorial Teaching Hospital & Hameed Latif Hospital are attached to Rashid Latif Medical College. In both these hospitals, the surgical department provides all types of general and specialized surgical services to patients who seek consultation for their surgical problems. All types of elective & emergency surgical procedures including Laparoscopic procedures are done regularly.



**DEPARTMENT OF  
Obstetrics &  
Gynaecology**

The Department of Gynecology & Obstetrics is dedicated to excellence in women's health care & medical education. Our aim is to prepare compassionate & skilled doctors committed to the well-being of mothers & families.

“ Prof. Asma Yasin ”  
Gynaecology Dept.

The Department of Obstetrics & Gynecology has a very Distinguished and Highly skilled faculty.

It comprises of 2 units headed by Prof Sohail Khurshid Lodhi (Unit I), Prof Yousaf Latif Khan and Prof Asma Yasin (Unit II) at Arif Memorial Teaching Hospital.

Obstetrics & Gynecology is predominantly taught in fourth and the final years. The education is based on the traditional curriculum. Departmental teaching strategies include daily OSPE, lectures (on campus and online), bed side teaching, small group discussions, OT exposure, evening classes, maternity duties and LMS system (Google class room).

Our graduates achieve a result of 95% or more in the UHS final professional M.B.B.S. examination of Obst. and Gynae each year.

The department is recognized by the CPSP for postgraduate trainees and most of our FCPS Post Graduate Trainees have done with their post graduate degrees and many are under training for our worthy supervisors

We have 7 research publications from Gynae department over last 3 years.

The Department of Obstetrics Gynecology is fully equipped and has facilities to manage all kind s of emergencies an elective cases. It provide services to a vast population in Lahore and the adjoining districts of Kasur and Okara and there by contributing to the reduction in maternal mortality.

The departmental sub-specialties include Gynecological Endoscopy, Fetal Medicine and Infertility &Reproductive Endocrinology where state of the art services are provided.



We should believe in dreaming Big. In dreams we plant the seeds of our future. By the grace of Allah Almighty and with the support of our beloved parents and devoted teachers all our dreams can come true. Joining RLMC was a choice and RLMC proved my choice the best. RLMC dedicated teachers inspired and motivated me. RLMC teaching methodology is quite effective.

Thank you RLMC for making an huge impact on my life.



## FACULTY

**Prof. Asma Yasin**  
Professor  
MBBS, FCPS

**Prof. Uzma Aziz**  
Associate Professor  
MBBS, FCPS

**Prof. Madiha Afzal**  
Associate Professor  
MBBS, FCPS

**Prof. Samar Hussain**  
Associate Professor  
MBBS, FCPS

**Dr. Rabia Bashir**  
Assistant Professor  
MBBS, FCPS

**Dr. Ayesha Azhar Khan**  
Assistant Professor  
MBBS, FCPS

**Dr. Sumaira Kanwal**  
Assistant Professor  
MBBS, FCPS

**Dr. Sidra Baig**  
Senior Registrar  
MBBS, MS

**Dr. Saman Asghar**  
Senior Registrar  
MBBS, MS

**Dr. Namra Ashraf**  
Senior Registrar  
MBBS, MS



“

The Department of Pediatrics is dedicated to promoting the health & well-being of infants, children & adolescents. We emphasize comprehensive clinical training, preventive care, & compassionate practice. Our aim is to nurture competent physicians committed to the future of child health.

**Prof. Tahir Masood** ”  
Paediatrics Dept.



Performed  
**9000**  
Free Cleft  
Palate Surgeries

## DEPARTMENT OF **PAEDIATRICS**

Children are the future asset and hope of any nation, hence investment on child health always pays the dividends. Subject of Pediatrics has made great progress over the past few years with the development of Pediatric subspecialties. Department of Pediatrics Rashid Latif Medical College and Arif Memorial Teaching Hospital has made progress since the inception of this hospital. This is a 60 bedded facility with a very experienced and renowned facility. This department comprises of neonatal unit with neonatal intensive care services, pediatric emergency, general pediatric services and busy outdoor clinics. Immunization services and outreach community programs are an integral part of this department.

The department is recognized by College of Physicians and Surgeons Pakistan for MCPS and FCPS training. With the current situation of increasing demand for training slots for postgraduate students, this department has established itself as a reputable centre for postgraduate studies. Research in the field of child health is also one of the foremost priorities of this department. We hope to achieve the status of centre of excellence in pediatric care and teaching and training activities.

## FACULTY

**Prof. Tahir Masood Ahmad**  
Principal/Professor  
MBBS, FCPS

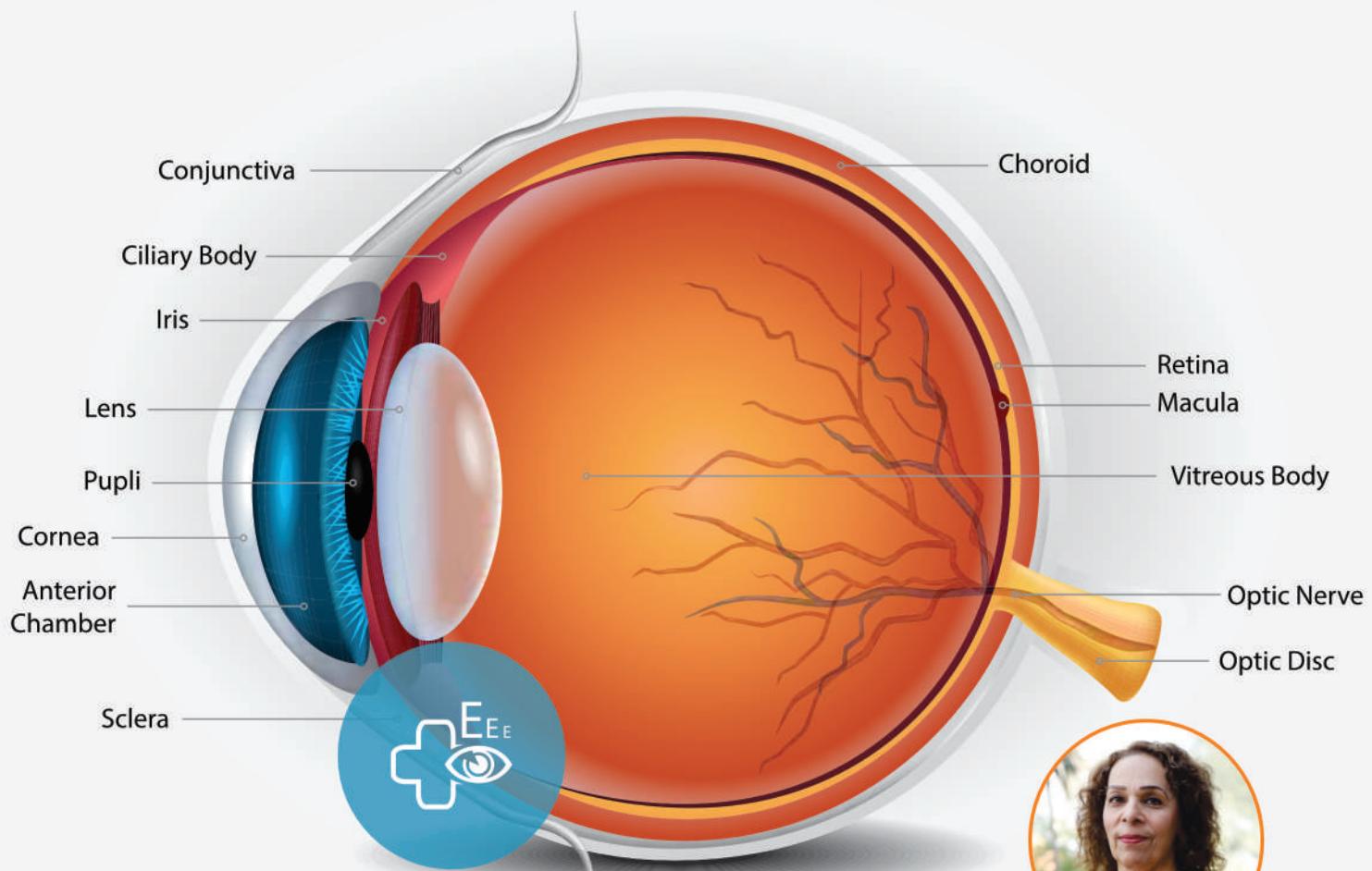
**Prof. Muhammad Anwar**  
Professor  
MBBS, FCPS

**Prof. Amer Ullah**  
Professor  
MBBS, FCPS

**Dr. Seher Zahid**  
Assistant Professor  
MBBS, FCPS, MME

**Dr. Sabah Munir**  
Assistant Professor  
MBBS, FCPS

**Dr. Hafiz Muhammad Wasim**  
Senior Registrar  
MBBS, FCPS



## DEPARTMENT OF OPHTHALMOLOGY

The high prevalence of eye ailments make Ophthalmology an important specialty.

The department in Arif Memorial Hospital is adequately equipped to cope with the needs of the community. It is headed by an experienced and accomplished specialist who is dedicated to make it a centre of excellence.

Rashid Latif Medical college has always provided a platform for individuals and groups to showcase their extra curricular activities. Every year we arrange an annual Dinner in which all the students have an equal chance of showcasing their talents in singing, dancing and acting. College provides a superb environment to enhance our skills.

Umar Iqbal Javaid Chaudhry  
President Dramatics Society.



“

The Department of Ophthalmology emphasize early skill development, ethical practice & compassionate patient care. Our goal is to prepare students to preserve vision & improve quality of life.

Prof. Nasira Inayat  
Ophthalmology Dept.

## FACULTY

**Prof. Nasira Inayat**  
Professor  
MBBS, M.S (Ophthalmology)

**Dr. Syed Abdullah Mazhar**  
Associate Professor  
MBBS, FCPS

**Dr. Khalid Rafique**  
Assistant Professor  
MBBS, FCPS



“

We emphasize skill-based learning, ethical practice & patient-centered care. Through structured teaching & clinical exposure, we prepare students to meet the evolving challenges of modern medical practice with confidence & competence.

**Prof. Shahid Imran Ali”**

ENT Dept.

## FACULTY

**Prof. Shahid Imran Ali**

Professor  
MBBS, FCPS

**Dr. Muniba Javed**

Senior Registrar  
MBBS, FCPS

**Dr. Wardah Zia**

Senior Registrar  
MBBS, FCPS



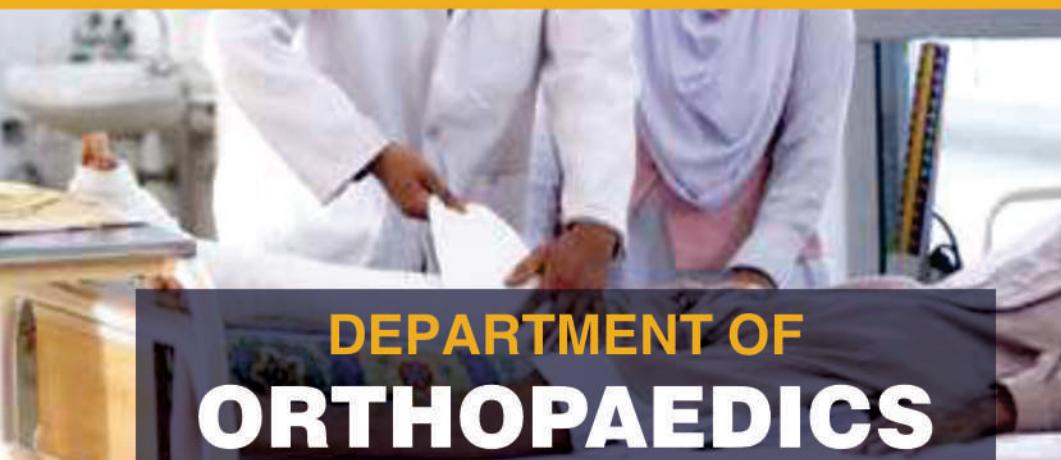
## DEPARTMENT OF OTORHINOLARYNGOLOGY E.N.T

Headed by experienced and senior faculty member, the department of ENT at Arif Memorial Teaching Hospital is well equipped to cater to the teaching needs of medical students and provide clinical services to the patients.

The subject of Otorhinolaryngology is taught in third & fourth year of MBBS. The teaching methodology employs interactive lecture, small group discussions, bedside teaching and clinicopathological conferences. There is a rich case mix of patients available in Arif Memorial Teaching Hospital, providing students an ample opportunity to learn a variety of ENT diseases.

The department provides Outdoor and Indoor services to the ENT patients. The ENT unit has a twenty bedded indoor ward, a six day outdoor facility and well equipped ENT operation theater. The department is adequately equipped to cover the community needs.

The department is in process for recognition by CPSP.



## DEPARTMENT OF ORTHOPAEDICS

Orthopaedic problems can be a source of great misery for a patient. Due to lack of awareness and access, significant number of patients especially in the rural areas are mismanaged by quakes.

The orthopaedic department in this hospital aims to fill the gap of much needed services for the population in the surrounding areas.



“

The Department of Orthopedics focuses on the diagnosis & management of musculoskeletal disorders & trauma. Our goal is to prepare students for effective & responsible orthopedic practice.

**Prof. Khalid Hussain ”**  
Orthopaedic Dept.

## FACULTY

**Prof. Khalid Hussain Khan**

Professor  
MBBS, M.S. (Ortho)

**Dr. Aqeel Moazzam**

Assistant Professor  
M.D., M.S. (Orthopaedics)

# FACULTY

**Dr. Umar Iqbal**  
Professor  
MBBS, FCPS

**Dr. Imran Masood Butt**  
Assistant Professor  
MBBS, FCPS

**Dr. Tariq Saeed**  
Assistant Professor  
MBBS, FCPS



## DEPARTMENT OF ANAESTHESIA



The high prevalence of eye ailments make Ophthalmology an important specialty. The department in Arif Memorial hospital is equipped to cope with the needs of the community. It is headed by an experienced and accomplished specialist who is dedicated to make it a center of excellence.

To me RLMC is a place of safe learning environment, where zeal and zest for achieving various milestones in professional life is always encouraged. Highly qualified and experienced faculty members have always been there to shape us into learned young professionals. In a nutshell, this place is where I belong.

Fatima Noor  
3rd year MBBS GR



## DEPARTMENT OF PSYCHIATRY & BEHAVIOURAL SCIENCE

The specialty of psychiatry is getting wider recognition society's well being.

The added dimension of Behavioural Sciences, especially for medical students has further enhanced its importance in a medical college. Besides patients management this department will be playing a significant role in shaping up tomorrow's doctors.

# FACULTY

**Prof. Usman Hotiana**  
Professor  
MBBS, FCPS

**Dr. Unaiza Jawad**  
Assistant Professor  
MBBS, M.Phil

**Dr. Riffat Idris**  
Senior Registrar  
MBBS, FCPS

**Dr. Marium Nisar**  
Senior Demonstrator  
MBBS, FCPS



“

The Department of Psychiatry & Behavioral Sciences emphasizes holistic care addressing mental, emotional & behavioral health. Our goal is to develop physicians who value mental well-being as an integral part of health.

**Prof. Usman Hotiana ”**  
Psychiatry & Behavioural  
Science Dept.

# FACULTY

## Dr. Prof. Khawaja Khurshid Ahmad

Professor  
MBBS, FCPS

## Dr. Attka Maryam

Assistant Professor  
MBBS, FCPS

## Dr. Nayab Asif

Senior Registrar  
MBBS, FCPS



## DEPARTMENT OF RADIOLOGY

Radiology, better known as diagnostic imaging is a branch of medicine that deals with imaging of internal body structures using various modalities. This helps in screening, diagnosis, treatment and follow up of multiple diseases. From simple x-rays to more complex imaging modalities, Radiology occupies a vital role in disease management. Moreover, advancement in interventional Radiology makes it even more vital by allowing image guided biopsies and procedures. Its true to say "Radiology Saves Lives". Radiology department at Rashid Latif Medical College is equipped to provide services to a vast population. The department provides the facilities of x-rays, contrast procedures, portable x-rays, ultrasound and color doppler scan. The hospital is visionary and optimistic in acquiring multislice CT scan in its upcoming development program. Due to its utmost significance in clinical diagnosis and management, Radiology is taught to MBBS students right from the first year. The component of "Radiological Anatomy" is incorporated in the first two foundation years. From 3rd year onwards radiology is taught in clinical rotations. In final year MBBS Radiology is taught with medical and surgical co relation. In addition to MBBS Radiology is also taught to Bsc Hons Medical Imaging Technology (MIT).



## SKILLS LAB

When I first decided to opt for a medical degree I was really concerned about my co curricular activities, but thankfully in RLMC they are managed very well with tough routine of studies. Opportunities like sports fest, music gala, trips, annual dinners and much more have made my time here worth staying for!

Ahmed Shahzad  
3rd year MBBS CR



Fully equipped state of art clinical skills lab has been established. The Skills Laboratory offers students the opportunity to acquire clinical skills which will play an essential role in their ability to effectively treat future patients.

The Skills Lab is equipped with a wide array of resources in order to provide a high standard of training. Cardiopulmonary Resuscitation (adults and children), pelvic, breast and head mannequins constitute but a few of the many teaching tools. Dummy arms, backs and baby heads are used to teach skills such as phlebotomy, inserting intravenous drips, executing a lumbar puncture and inserting sutures.

The Lab provides a safe learning environment where the students can improve their diagnostic, treatment and communication skills.



We OFFER HOUSE  
**JOB**   
TO ALL OUR GRADUATES



## DEPARTMENT OF **MEDICAL EDUCATION**

Medical Education Department in any Medical College/ School serves as skeleton on which intellectual, professional and educational foundation of institute as well as students is laid. Department of Medical Education, Rashid Latif Medical College endeavors for excellence in educational standards among students among students as well as medical teachers. Emergence of Medical Education has glorified the essence of teaching and learning at medical schools in current era. We endeavor to generate Entrustable professionals with passion of researcher, empathy and leadership in true sense.

Objectives of department:

1. CPD (continuous professional development)
2. CME (continuous medical education)
3. Faculty development
4. Quality enhancement
5. Inculcation of non-cognitive skills among medical students and health care professional
6. Quality enhancement of undergraduate and postgraduate programs



“

The Department of Medical Education is committed to excellence in teaching, assessment & faculty development. We promote learner-centered, outcome-based education aligned with national & international standards. Our focus is on continuous improvement & academic quality.

Dr. Kainat Javed  
Medical Education Dept.

## **FACULTY**

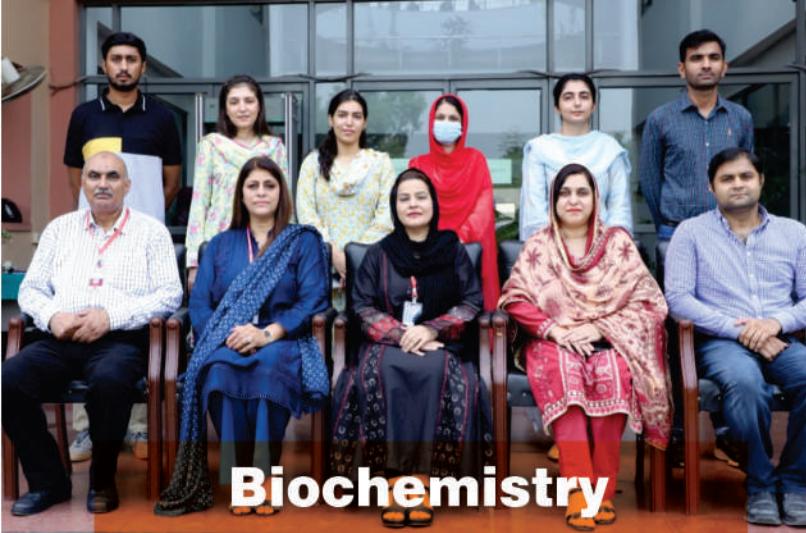
**Dr. Kainat Javed**  
Director / Associate Professor

**Dr. Sajjad Ahmad**  
Assistant Professor

**Dr. Syed Shaban Muhammad**  
Demonstrator

**Dr. Areeba Imran**  
Demonstrator

**Dr. Ayesha Butt**  
Demonstrator



**Biochemistry**



**Community Medicine**



**Ophthalmology**



**Radiology**



**Physiology**



**Medicine**



**Forensic Medicine**



**Pediatric**



**Pharmacology**



**Behavior Science**



**Anatomy**



**Pathology**



**Gynaecology**



**ENT**



## **RLMC UNITED STATES ELECTIVES PROGRAM**

Rashid Latif Medical college one of the institutions after Aga Khan Medical college who sponsors 3rd year, 4th year and final year MBBS students for medical electives in the united states at our partner hospitals AMITA St. Francis Hospital & Swedish Hospital A part of NorthShore in Chicago.

This program was established by Dr Sabahat(the chief in patron), Dr Aftab Mohsin(President of Program), Dr Abul Fazal Ali Khan(Director of Program) and Dr Abdullah Bin Zubair(Founder of Program).

Clinical electives are provided in two periods from March till May and August till October, each student is provided with convenient residence abroad with more than 40 students enrolled in this program for the year 2021-2022. Two of the doctors Dr. Vishnu Giaha in Interventional cardiology, Dr Ana Gavrilovici in family medicine are one of the best in there fields.

The institute prefers students who have dream for USMLE to apper in there exam during thye 4th year of MBBS and has established contracts with UWORLD & AMBOSS so that students could take advantage of the opportunity if required.

Rashid latif medical college has intention to establish a Rashid Latif Khan House in Chicago in the coming years with the help of Dr. Abdullah Bin Zubair of the batch2021.

Where all students of RLMC will be provided guidance in there dream residency program in the US.



# COUNSELLING & WELLNESS CENTRE (CWC)

RASHID LATIF MEDICAL COMPLEX (RLMC)



**Prof. Usman Amin Hotiana**

Director CWC

## RLMC: Counseling and Wellness Center

“Counseling & Wellness Center” works to provide Inclusive, Individualized, Collaborative Care and Support to all the Students of Rashid Latif Medical Complex.

### Mission Statement

“Providing the Entire RLMC Student Community with the Psychological Skills to deal with their Educational, Familial, Emotional and Psychological Issues” Counseling and Wellness Center is an appreciated initiative of RLMC, CEO, Ms. Sabahat Khan that is an Ultimate Product of Untiring passion and Enthusiasm of Prof. Dr. Nashi Khan who is also Project Director, Rashid Latif Khan University (RLKU, Proposed), and it launched first time “Online Students Counseling Services” on 1st of September, 2020 at the start of COVID -19 and since then, it is working efficiently for the Personal, Social and Academic Development for all RLMC Students.

On Campus Counseling Services were direly demanded by the RLMC Students for Face-to-Face Sessions but it was not possible during Covid Restrictions. Alhamadolila, we have started our Face-to-Face Counseling Sessions in RLMC Campus since July, 2021

RLMC Student Counselor, is a fully Certified & Trained Consultant Clinical Psychologist is available for Students in the College and hostel as well and look forward to work closely with Students and the Organization in overcoming the barriers that can prevent student from giving their best.

“CWC” addresses all Counseling Needs and ensure that RLMC Students’ needs are met through Latest, Innovative and Collaborative Counseling & Therapeutic Approaches. The mission of “CWC” is to connect Students with Resources and Solutions during times of need so they can all Live, Learn, Work and learn to be Resilient for all Stresses and all their Potentials explored too. Our resources are devoted to address and eliminate Racial, Social, Economic, and Health Disparities in our Student Community.



**Ms. Mahrukh Mumtaz**  
RLMC, Student Counselor  
Clinical Psychologist

### Appointment Protocol

- For Online Consultation Students can get themselves registered by Google Form <https://forms.gle/3xy7YpYiEcfuzXUx7> or by sending Email at [counseling.wellness@rlmc.edu.pk](mailto:counseling.wellness@rlmc.edu.pk)
- Face to Face Sessions: Timings in RLMC are 8:00am-3:30pm from Monday-Friday.
- (Office: 1st Floor). RLMC Students can walk in and get them registered for Counseling.
- No Session Fee for RLMC Students.
- RLMC Students are helped in times of extreme distress off Office Hours and in Hostel for Crises Management.

# RLMC STUDENT EMPOWERMENT PROGRAM

## PROGRAM OVERVIEW

RLMC's Student Empowerment Program (SEP) is the institution's flagship initiative designed to develop confident, socially responsible and future ready medical graduates through student-led learning and community based education.

## KEY PILLARS



### COMMUNITY BASED INITIATIVES

Structured outreach & service programs.  
Engagement with underserved communities.  
Social accountability & civic responsibility.



### EXPERIENTIAL LEARNING

Learning in healthcare settings.  
Exposure to real world challenges.  
Ethical and human centered practice.



### ELECTIVES PROGRAM

Electives rotations in diverse healthcare environments.  
Early career exploration & skill building.



### MENTORING & PEER SUPPORT

Faculty-led mentoring system.  
Peer mentoring for holistic growth.  
Safe spaces for guidance & reflection.



### STUDENT LEADERSHIP & OWNERSHIP

Student-led projects & initiatives.  
Leadership, teamwork & innovation.  
Decision making and responsibility.

- ⦿ Compassionate & Ethical Doctors
- ⦿ Community Oriented Professionals
- ⦿ Confident Leaders in Healthcare
- ⦿ Career Ready Medical Graduates

## OUTCOMES:

# ASSESSMENT SYSTEM

## MBBS PROGRAM RLMC

RLMC follows the assessment system of UHS, Lahore in letter & spirit. The MBBS program is designed to ensure smooth academic progression, clarity for students & preparation for safe, ethical & competent clinical practice.

### THE ASSESSMENT SYSTEM AT RLMC IS:

Fully compliant with UHS regulations Student-centered, with clearly defined assessment pathways designed to promote continuous learning rather than one-time performance. Through this structured framework, RLMC ensures that its graduates are academically sound, clinically competent & professionally prepared.



### CURRICULUM STRUCTURE

MBBS Years 1, 2, 3 & 4 are taught and assessed through an Integrated Modular System, as prescribed by UHS. The Final Year MBBS follows the Traditional (discipline-based) system, in accordance with UHS regulations.





## ASSESSMENT COMPONENTS

Student performance is evaluated through a balanced combination of:

Written Examinations

Practical & Clinical Assessments

Continuous Internal Assessment

This ensures fairness, transparency & comprehensive evaluation of knowledge, skills & professional conduct.



## CONTINUOUS INTERNAL ASSESSMENT (CIA)

RLMC places strong emphasis on Continuous Internal Assessment in line with UHS requirements:

Contributes 20% weight age towards each professional examination conducted throughout the academic year.

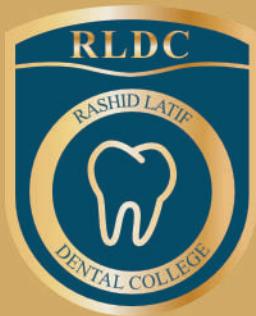
Includes block examinations, quizzes, practical assessments, attendance & professionalism.

Satisfactory performance in Internal Assessment is mandatory for eligibility to appear in the UHS Professional Examination.



## REGULATORY COMPLIANCE

All assessment policies are implemented, monitored & updated strictly in accordance with the regulations of UHS.



# BDS

4 years Degree Program

## Bachelor of Dentistry

The Faculty of Dentistry offers a unique programme which enables you to start practicing the Dental course a year ahead than any other Dental programme in Pakistan.

Not only will you develop clinical skills across the full range of dental disciplines, but you will also build the foundation of scientific knowledge on which clinical practice is based.

In addition, you will appreciate the ethical and legal basis for dental practice, and acquire appropriate skills for communicating with your patients and helping them deal with what many find an anxious experience. The dentist also works as part of the dental team and you will learn about the roles and responsibilities of all members of this team and work with them in the care of your patients.



## DEPARTMENT OF DENTISTRY



### **Dr. Hazik Bin Shahzad**

Assistant Professor  
BDS, M.Sc

### **Dr. Khalid Hussain**

Associate Professor  
BDS, MCPS

### **Dr. Sana Tahir**

Demonstrator  
BDS

### **Dr. Zainab Mehtab**

Demonstrator  
BDS

### **Dr. Khizer Ali Khan**

Demonstrator  
BDS

### **Dr. Hina Khalid**

Assistant Professor  
BDS, M.Phil

### **Dr. Saadia Omar**

Assistant Professor  
BDS

### **Dr. Nadia Irshad**

Assistant Professor  
BDS, M.Phil

### **Dr. Kaynat Dhillon**

Demonstrator  
BDS

### **Dr. Hina Ali**

Demonstrator  
BDS

### **Dr. Samman Hassan**

Demonstrator  
BDS

### **Dr. Sadaf Yousaf**

Associate Professor  
MBBS, FCPS

### **Dr. Zain Ul Abdeen**

Junior Registrar  
MBBS

### **Prof. Ahsan Khan**

Professor  
MBBS, FRCS

### **Dr. Kinza Khawar**

Junior Registrar  
MBBS

### **Prof. Hanna Abdul Majeed**

Professor  
BDS, FCPS

### **Dr. Mahrukh Anwar**

Assistant Professor  
BDS, FCPS

### **Dr. Kausar Mahmood**

Assistant Professor  
BDS, MCPS

### **Dr. Ans Farooq Bamber**

Demonstrator  
BDS

### **Dr. Hira Anjum**

Demonstrator  
BDS

### **Dr. Qurat ul Ain Manzoor**

Demonstrator  
BDS

### **Dr. Yusra Jamil**

Assistant Professor  
BDS, M.Phil

### **Dr. Sadia Hassan Khan**

Assistant Professor  
BDS, FCPS Operative Dentistry

### **Dr. Sakina Amjad Khurshid**

Demonstrator  
BDS

### **Dr. Anum Abid**

Demonstrator  
BDS

### **Dr. Shahreen Arif**

Demonstrator  
BDS

## FACULTY

### **Prof. Fatima Qaiser**

Professor  
MBBS, M.Phil

### **Dr. Hira Aamir**

Demonstrator  
BDS

### **Dr. Muhammad Naeem Naseer**

Demonstrator  
BDS

### **Dr. Sana Sarmad**

Associate Professor  
MBBS, M.Phil

### **Dr. Mehvesh Rehan**

Demonstrator  
BDS

### **Dr. Faraha Tariq**

Demonstrator  
BDS

### **Dr. Faiza Awais Qureshi**

Assistant Professor  
MBBS, M.Phil

**Dr. Muhammad Annas Aslam**

Assistant Professor  
BDS, Msc ( Oral Medicine )

**Dr. Zain Akram**

Assistant Professor  
BDS, Msc ( Oral Medicine )

**Dr. Taabir Ehsan**

Demonstrator  
BDS

**Dr. Mahnoor Ejaz**

Demonstrator  
BDS

**Dr. Khadeejah Saleem**

Demonstrator  
BDS

**Prof. Farhat Kazmi**

Professor  
BDS,M.Phil

**Dr. Asifa Iqbal**

Assistant Professor  
BDS, M.Phil

**Dr. Shahrayne Rashid**

Demonstrator  
BDS

**Dr. Muhammad Nabeel Akram**

Demonstrator  
BDS

**Dr. Alizay Bhatti**

Demonstrator  
BDS

**Dr. Sadia Manzar**

Assistant Professor  
BDS, FCPS

**Prof. Asad Abbas Malik**

Professor  
BDS,MCPS,FCPS

**Dr. Hafiz Shaker Mahmood**

Associate Professor  
"MCPS,BDS, Master of Dental Surgery

**Dr. Zeeshan Aslam Jan**

Assistant Professor  
( oral & maxillo-facial surgery )"

**Dr. Muhammad Minam Qureshi**

Demonstrator  
"BDS, FCPS

**Dr. Farwa Rubab**

Demonstrator  
( oral & maxillo-facial surgery )"

**Dr. Muhammad Shahroz Ali**

Demonstrator  
BDS

**Dr. Shabbir Hussain**

Assistant Professor  
BDS

**Dr. Isham Jawaid**

Senior Registrar  
BDS

**Dr. Muhammad Burhan Hayat**

Senior Registrar  
BDS, MDS

**Dr. Dalia Iftikhar**

Demonstrator  
BDS, Morth RCS

**Dr. Sadaf Shaheen**

Demonstrator  
BDS,FCPS

**Dr. Mamoona Sumair**

Demonstrator  
BDS

**Dr. Sahar Mudassar**

Associate Professor  
BDS

**Dr. Saad Shahid**

Demonstrator  
BDS,MCPS

**Dr. Sama Khaliq**

Demonstrator  
MBBS, M.Phil

**Dr. Anas Imran Arshad**

Assistant Professor  
BDS

**Dr. Manahil Maqbool**

Assistant Professor  
BDS

**Dr. Muaaz Amjad**

Demonstrator  
BDS, M.SC

**Dr. Muhammad Raahem Khan Barki**

Demonstrator  
BDS, Msc Dintistry

**Dr. Aqeela Rafique**

Demonstrator  
BDS

**Dr. Moeez Ansari**

Assistant Professor  
BDS

**Dr. Afsheen Tabassum**

Associate Professor  
BDS

**Dr. Amina Omer**

Demonstrator  
BDS, M.SC

**Dr. Tehreem Fayyaz**

Demonstrator  
BDS, Ph.D ( Medical Science )

**Dr. Zia ud din**

Demonstrator  
BDS

**Dr. Rao Salman Aziz**

Associate Professor  
BDS

**Dr. Kanza Latif**

Demonstrator  
BDS

**Dr. Shehr Bano Ali**

Demonstrator  
MBBS, M.Phil

**Dr. Faheem Mehmood**

Associate Professor  
BDS

**Dr. Maryam Raza**

Demonstrator  
BDS

**Dr. Ayesha Akram**

Demonstrator  
MBBS, M.Phil

**Prof. Asif Ali Shah (Principal)**

Professor  
BDS

**Dr. Wasif Ali Khan**

Associate Professor  
BDS

**Dr. Ayesha Bashir**

Senior Registrar  
BDS, M.Sc., MDS

**Dr. Sumaira Anwar Khan**

Assistant Professor  
BDS, M.Sc

**Dr. Ahsan Khalid**

Demonstrator  
BDS

**Dr. Sara Farzand Ali**

Demonstrator  
BDS, FCPS

**Dr. Asma Rehman Khan**

Demonstrator  
BDS

**Dr. Fatima Sakinder**

Demonstrator  
BDS

**Dr. Muhammad Saad Iftikhar**

Demonstrator  
BDS



## **ADMISSION PROCESS & POLICY**

In accordance with the Admission Policy announced by the Govt of the Punjab on 22-10-2025. The University of Health Sciences (UHS) Lahore, requests applications from qualified candidates through its online application portal for admission to MBBS programs in Private Sector Medical Colleges of Punjab for the Session 25-26.

### **ELIGIBILITY CRITERIA FOR MERIT SEATS**

1. MDCAT: The candidate must have passed MDCAT 2023 or 2024 or 2025 with at least 55% marks for MBBS and 50% for BDS.
2. Foreign nationals and Overseas Pakistanis may submit MDCAT, or alternatively SAT-II scores (minimum 550 in Biology, Chemistry, and Physics/Mathematics) or MCAT (International)/UCAT scores with at least 50% in above-mentioned subjects.
3. If any Foreign Self-Finance seat remains vacant, it shall be transferred to the Open Merit Quota, and the admitted candidate shall pay the open merit fee. Ineligible candidates shall not be admitted against such seats.
4. Qualification: Applicants must have passed HSSC (Pre-Medical) or an equivalent 12th-grade qualification recognized by IBCC with at least 60% marks, including Biology, Chemistry, and Physics/Mathematics.

## **AS PER PMDC ADMISSION REGULATIONS 2025 CLAUSE 9 (3) REFER:**

A student shall have the right to pay the tuition fee on a quarterly, six monthly or annual basis to the College.

A student paying the college on a six-monthly basis in advance shall be granted a two percent (2%) discount in the tuition fee, and a student paying the college on an annual basis in advance shall be granted a four percent (4%) discount in the tuition fee.

## **FEE REFUND POLICY PMDC ADMISSION REGULATIONS 2025 CLAUSE 9 (7) REFER:**

If a student after having obtained admission seeks to leave the program, the college shall have the right to adjust the tuition fee already paid pro rata to the period spent by the student in the program along with a penalty not exceeding ten percent of the total annual fee.

Provided that no penalty shall be imposed upon a student who seeks to leave the program before the closing date of admission in the private medical/dental colleges as notified by the Council.



# STUDENT SOCIETIES

RLMC

Rashid Latif Medical College encourages holistic student development through a wide range of academic, cultural, social & sports societies that nurture leadership, creativity, teamwork, community engagement & professional growth.

## ACADEMIC, RESEARCH & CAREER DEVELOPMENT

- Research & Innovation Society
- Quiz Society
- Career Counseling Cell
- Student Empowerment Program
- Electives Program
- Mentoring & Monitoring Program
- Inspire & MedExcel Program
- Entrepreneurship & Innovation Society

## SOCIAL RESPONSIBILITY & COMMUNITY ENGAGEMENT

- Community Service & Social Welfare Society
- Blood Donation Society
- Green / Environmental Society
- Patient Welfare Society
- Youth Club & Character Building Society

## ARTS, CULTURE & MEDIA

- RLMC Photography & Media Society
- Literary & Debating Society
- Dramatic Society
- Arts & Design Society
- Music Society

## SPORTS, WELLNESS & STUDENT SUPPORT

- Sports Society
- Counselling & Wellness Club

## ALUMNI & INSTITUTIONAL ENGAGEMENT

- Alumni Cell

## PURPOSE OF STUDENT SOCIETIES

These societies provide students with opportunities to:

- Develop leadership & Organizational Skills
- Participate in Community Service & Social Responsibility Initiatives
- Enhance Creativity, Communication Teamwork
- Promote Physical, Mental & Emotional Well-Being
- Prepare for Professional & Ethical Medical Practice



# Student Life At RMLC

## Music Society

In the society we strive to promote dramatics as a vehicle to develop new skills and endeavor to provide supportive and open atmosphere upon which we can help our members evolve and grow. We have great fun and make unforgettable memories during learning and performing.

### Muhammad Subhani

President Dramatics Society



Rlmc blood society is the most active society in Rlmc. It was officially incepted in Feb 2015. since then, Rlmc blood society has contributed in saving lives of patients, by arranging blood donors in both emergency and non emergency cases. we are also working with the Sundus foundation & various other blood banks with in the city.

Dr Zain khan  
President Blood society



I have been part of RLMC sports society from the 1st year and now I'm sports president. Represented RLMC in different institutions like LUMS and AIMC. As they say a healthy body has a healthy mind and being part of RLMC sports society helped me a lot to improve my skills onfield as well as off the field.





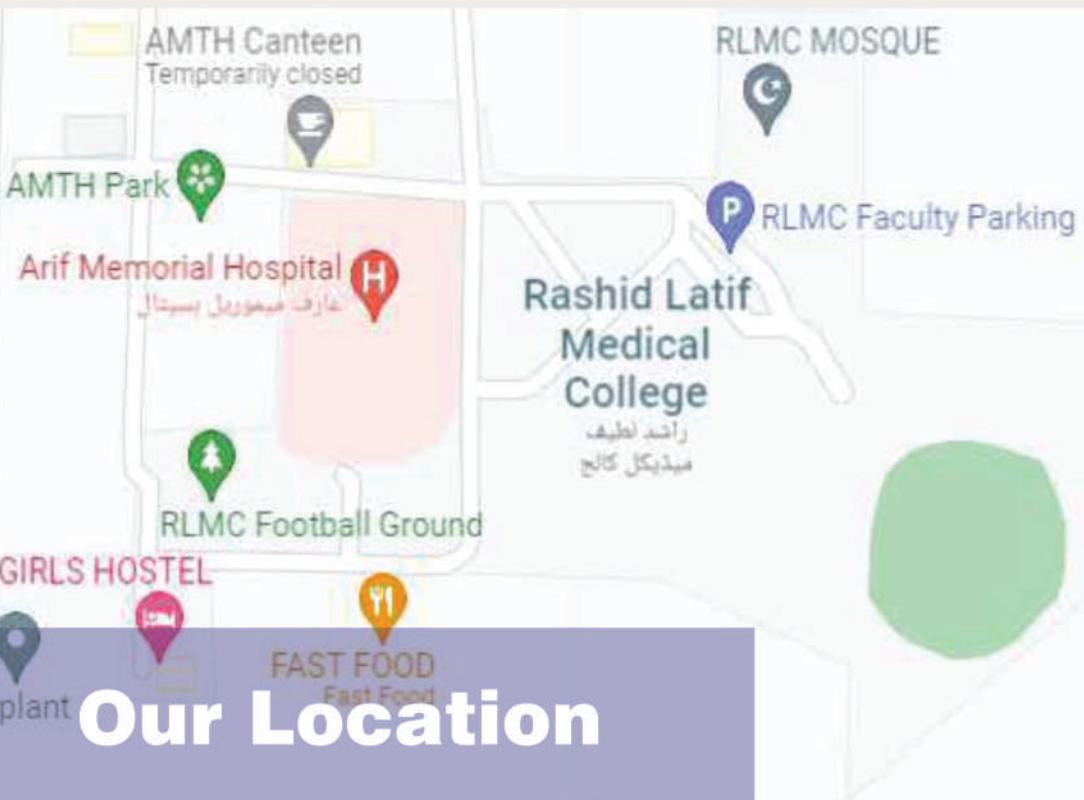
# Student Life





# Student Life



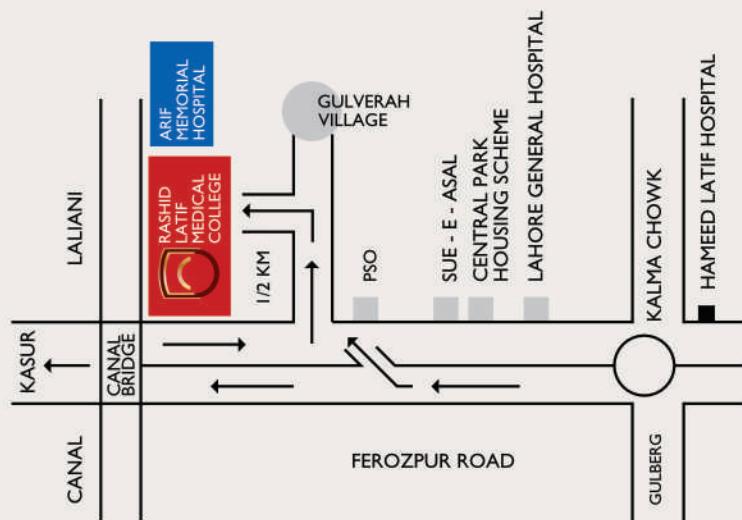


- Lahore  
40 Minutes  
from Ketchery  
by Metro

- Lahore  
30 Minutes  
from Hameed Latif  
Hospital

- Lahore  
40 Minutes  
from DHA

Our 28 acres purpose built campus lies in the suburbs of Lahore, away from the city pollution and rush hour traffic of the main city. It is set amongst lush green fields but within an easy drive of 30 to 40 mins to Gulberg and Defence areas. The green architecture is aesthetically pleasing and immensely eye catching in its simplicity and expanse. Various facilities within the campus aim to cater to academic as well as personal and social needs of the students. Campus life is busy and fun. Student transport services to various points in Lahore strives to make commuting easy and hassle free for day scholars.





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