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Full Length Research Paper

Effect of extract of *Urtica dioica* on insulin and C-peptide secretion from rats (RIN5F) pancreatic beta cells

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Plants are being used in the treatment of diabetes in traditional system of medicine. *Urtica dioica* (UD) has a variety of uses in traditional medicine. There are few reports about hypoglycemic mechanisms of *U. dioica*. The present study was designed to determine the possible mechanisms of hypoglycemic effects of UD on RIN5F rat pancreatic beta cells *in vitro* models. Beta cells were prepared in multiple flasks containing culture medium. Alcoholic extract of UD at concentrations of 50, 100 and 200 µg/ml was added to flasks. Insulin and C-peptide level were measured at 0, 60, 120 and 80 min. Insulin level in pancreatic cells media before and after addition of UD extract at different concentrations and in different times did not changed significantly ($p > 0.2$). Also, C-peptide (µg/ml) levels in these media with dose of 50, 100 and 200 µg/ml UD, did not change significantly. The results of the present study demonstrated that alcoholic extract of UD was unable to increase insulin and C-peptide secretion from RIN5F pancreatic beta cells. Hence, the hypoglycemic effects of UD are not based on enhancement of insulin secretion and needs more study.

Key words: *Urtica dioica*, insulin secretion, hypoglycemic activity.

INTRODUCTION

Diabetes is a chronic disorder in metabolism of carbohydrates, proteins, and fat, due to absolute or relative deficiency of insulin secretion or varying degree of insulin resistance (American Diabetes Association, 2011; Farmer and Fox, 2011). The number of adults with diabetes in the world is anticipated to rise from 285 million in 2010 to 439 million in the year 2030 (Shaw et al., 2010).

Patients with diabetes experience significant morbidity and mortality from microvascular (retinopathy, neuropathy and nephropathy) and macrovascular complications (heart attack, stroke and peripheral vascular disease).

Microvascular disease leads to retinopathy, neuropathy and nephropathy (nephropathy leads to uremia) (Halder et al., 2003; Merlin et al., 2005). Macrovascular disease leads to cardiovascular disease, mainly by accelerating atherosclerosis. These disorders include: coronary artery disease, leading to myocardial infarction (heart attack) or angina, Stroke (mainly ischemic type), peripheral vascular disease, which contributes to intermittent claudication (exertion-related foot pain) as well as diabetic foot (The Advance Collaborative Group, 2008).

The use of herbal remedies has been on the rise worldwide (Naito et al., 2005; Azaizeh et al., 2003; Guarrera, 1999). Plants are being used in the treatment of diabetes in traditional system of medicine (Luke, 2000). *Urtica dioica* (stinging nettle) and *Urtica urens* (dwarf nettle) are members of the Urticaceae family native to Eurasia, and are considered therapeutically

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interchangeable (Blumenthal et al., 1998). We hypothesized that the extracts *U. dioica* can increased insulin and C-peptide secretion from (RIN5F) pancreatic B cell.

METHODS AND MATERIALS

Preparation of extract

Dried UD was purchased from the market and identified by a pharmacognosist. Using an electric mill, plants were crushed into a fine powder. Obtained powder was extracted repeatedly by 70% methanol as solvent (for 5 days) by soak method (maceration). In second stage, this hydro-alcoholic extract were dried completely by rotary evaporator in temperature of 45°C and pressure below 100 mmHg. The dried extract was stored in a refrigerator at temperatures below zero degrees of centigrade for later stages.

Cell culture

RIN-5F (code NCBI: C526) cells type obtained from National Cell bank of Iran (NCBI) affiliated to Pasteur Institute of Iran. Cells were prepared in DMEM [Dulbecco/Vogt modified Eagle's (Harry Eagle) minimal essential medium] and RPMI (Roswell Park Memorial Institute) 1640 medium and were cultured in 5% CO₂ and 10% fetal calf albumin with penicillin G 80 mg and 50 mg streptomycin in sterile conditions. After reaching the required number of specific cells and confluence state, insulin and C-peptide were measured as base line values.

Cell viability

Trypan Blue color was used to assess the live cells proportion in the flask. This color only painted the living cells but could not enter dead cell. In this way, after painting, with NEUBAUER slides and a light microscope determination of percentage of viable and dead cells were become possible. We found that more than 85% of the cells were alive, which technically and according to references were acceptable (Jones and Senft, 1985).

Study protocol

Pancreatic beta cell in Cell Culture Laboratory of Drug Applied Research Center was prepared in DMEM medium in six flasks. Cells were prepared in the same size case and control flasks. The suspensions of 50, 100 and 200 micrograms of the UD extract in 1ml normal Saline were added to the case flasks. In control flask, beta cells were primed only with 1 ml of normal saline. Insulin and C-peptide levels were measured in before and 60, 120 and 180 min after priming in all case and control samples. Concentration of insulin is determined by Chemiluminescence (CLIA) method according to DiaSorin (LIAISON Insulin, 310360, with measuring range of 0.2 to 500 µIU/ml, with less than 10% coefficient of variation). C-Peptide measurement was performed based on Immunoenzymometric method and according to Monobind kite protocol (AccuBind ELISA Microwells, 2725-300, measuring range of 0.01 to 30 ng/ml, with less than 10% coefficient of variation).

Statistical analysis

Statistical analysis was done by means of the statistical package SPSS 16. Values are presented as mean and standard deviation, and 95% confidence interval. Comparison between groups in

different time was performed by Repeat Measure Model. A 0.05 level of significant was set.

RESULTS

Table 1 shows concentrations of insulin in medium containing pancreatic beta cells in the control, and case groups before and after adding of UD extract in doses 50, 100, 200 µg/ml and at times before 60, 120 and 180 min. There were no significant changes in insulin levels in all groups with and without UD in different times ($P > 0.05$).

In Table 2, C-peptide concentration in pancreatic beta cells containing media before and after treating of alcoholic extract of UD with concentrations of 50, 100 and 200 µg/ml at times before 60, 120 and 180 min were shown. Between C-peptide concentration at different time and different UD extract concentration in each group, no statistically significant difference was found ($P > 0.05$).

DISCUSSION

Despite all the marvelous advancements in modern medicine, traditional herbal medicine has always been practiced. Alternative therapies have been used by people in our region (as in other regions) who have the faith in spiritual healers. More than 800 plants are reported to have antidiabetic properties (Eddouks and Maghrani, 2004), for example today up to 600 traditional plant medicine has been reported in India for diabetes (Jarald et al., 2008). Ethnopharmacological surveys show that more than 1200 plants are used in traditional medicine for their alleged hypoglycemic activity (Kesari et al., 2007). Like all green vegetables, UD leaf densely contains several micronutrients (Wagner et al., 1994). Despite abundance of reports about antidiabetic properties of UD, there is little scientific explanation of these effects. The present study was designed to determine the possible mechanisms of hypoglycemic effects of UD on RIN5F rat pancreatic beta cells.

Insulin discovery in 1921 was the major breakthrough in the treatment of diabetes mellitus (Swanston-Flatt et al., 1991a). Insulin is known as an anabolic hormone that plays an important role in maintenance of body growth and regulation of overall body metabolism (Clark and Wallis, 2003). Before the introduction of insulin, the treatment of diabetes mellitus mainly relied on dietary measures, which included the use of traditional herbal therapies. Many traditional plants have been introduced for treatments of diabetes (Swanston-Flatt et al., 1991a; Gray and Flatt, 1997a). There is data that UD can reduce blood glucose levels, and studies have different results with together (Fawzi and Kamal, 2009). Oral administration of hydroalcoholic extract UD in doses of 100 mg/kg showed a strong glucose lowering effects on streptozocin (STZ) induced diabetes in rats. It has the protective effect on pancreatic cells in animal models

Table 1. Concentration of insulin ($\mu\text{IU/ml}$) in medium containing beta cells in the control (before) and case (after) groups after addition of UD extract with doses 50 and 100 and 200 $\mu\text{g/ml}$ at different times.

Time (min)	Concentration of insulin in the control group	Concentrations of insulin in media containing 50 $\mu\text{g/ml}$ UD	Concentrations of insulin in media containing 100 $\mu\text{g/ml}$ UD	Concentrations of insulin in media containing 200 $\mu\text{g/ml}$ UD
Before adding	0.16 ± 0.00	1 ± 0.02	0.18 ± 0.00	0.20 ± 0.00
60 min after adding	0.16 ± 0.00	0.19 ± 0.00	0.20 ± 0.00	0.20 ± 0.00
120 min after adding	0.16 ± 0.00	0.18 ± 0.00	0.20 ± 0.00	0.20 ± 0.00
180 min after adding	0.17 ± 0.00	0.19 ± 0.00	0.20 ± 0.00	0.20 ± 0.00

Table 2. Concentration of C-peptide (ng/ml) in medium containing beta cells in the control (before) and case (after) groups after addition of UD extract with doses 50 and 100 and 200 $\mu\text{g/ml}$ at different times.

Time (min)	Concentration of C-peptide in the control group	Concentration of C-peptide in media containing 50 $\mu\text{g/ml}$ UD	Concentration of C-peptide in media containing 100 $\mu\text{g/ml}$ UD	Concentration of C-peptide in media containing 200 $\mu\text{g/ml}$ UD	P value [¶]
Before adding	0.76 ± 0.03	0.31 ± 0.01	0.7 ± 0.02	0.32 ± 0.01	NS
60 min after adding	0.50 ± 0.01	0.33 ± 0.01	0.2 ± 0.02	0.33 ± 0.02	NS
120 min after adding	0.60 ± 0.01	0.86 ± 0.03	0.40 ± 0.01	0.93 ± 0.04	NS
180 min after adding	0.36 ± 0.01	0.80 ± 0.03	0.39 ± 0.01	0.77 ± 0.04	NS
P-value*	NS	NS	NS	NS	

[¶] Comparison of different concentration of UD; * Comparison fixed concentration UD in different time; NS: non SIGNIFICANT.

(Kavalal et al., 2003).

In an animal study, diabetic Rats treated with a Methanol extract derived from UD showed a significant decreased in blood glucose level (Fathi Azad et al., 2005). Golalipour and Khorri (2007) showed hydroalcoholic extract of UD has hypoglycemic effects in hyperglycemic Rats. According to this study, animals that received hydroalcoholic extract of UD 100 mg/kg for five days had been beneficially affected. On the other hand, in another study by Golalipour et al (2006), chronic administration of UD did not showed hypoglycemic effect or induction of regeneration of beta cells of pancreas in rats. Durdi et al. recently showed that alcoholic extract of *U. dioica* leaves can reduce glucose level and increase insulin secretion, acetyl coenzyme A carboxylase, and nucleoside diphosphate kinase activity in the alloxan diabetic animals (Durdi et al., 2011). Other researchers found more than glycemic effect for UD (Alisi et al., 2008). Bnouham et al. (2003) demonstrated that when UD administered 30 min before glucose loading, a strong glucose lowering effect appeared. However, the aqueous extract of UD (500 mg/kg) did not modify the blood glucose level. They showed that UD has a significant antihyperglycemic effect in oral glucose tolerance test (OGTT) model. They attributed this effect in part to the reduction of intestinal glucose absorption.

In vivo study by Bijan et al. (2003) about the blood glucose lowering effect of the extract of UD showed an

enhancement of insulin secretion by Langerhans islets. Results of our study are challenge that study, due to inability of UD extract in enhancing insulin and C-peptide secretion from RIN5F pancreatic beta cells in our study. Based on these results, it seems that hypoglycemic effect of UD, if any, is not the anticipated mechanisms mentioned in the objectives of this study. Probably similar to Bnouham et al.'s study hypoglycemic effects of hydroalcoholic extract of UD may be exerted by reduction of intestinal glucose absorption.

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Full Length Research Paper

A meta-analysis of the efficacy and safety of lacidipine in Chinese patients with mild to moderate essential hypertension

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The purpose of this study was to evaluate the efficacy and safety of lacidipine tablets to treating Chinese patients with mild to moderate essential hypertension. We systematically searched the Cochrane central register of controlled trials (Issue 2, 2011), Medline (1966 to June 2011), EMBase (1966 to June 2011), CNKI (1993 to June 2011), WANFANG (1981 to June 2011), VIP (1989 to June 2011) and CBM (1991 to June 2011) through the computer and manually retrieved the relevant literature with pre-specified criteria. Then, we evaluated the quality of selected articles, extracted data and used Revman 5.1 software to do a meta-analysis. A total of 819 articles were found and 13 articles finally included were all randomized clinical trials that examined the efficacy and safety of using lacidipine tablets to treat mild to moderate essential hypertension among Chinese people. For the heterogeneity test, the efficacy analysis (Q statistic = 12.02, I^2 = 0%, Z = 3.43, P = 0.0006) and safety analysis (Q statistic = 15.77, p = 0.20, I^2 = 24%, Z = 3.58, P = 0.0003) showed that lacidipine was more effective and safer than other currently available antihypertensive agents. Meta-analysis showed that there was a significant difference between the total efficiency and adverse effect of lacidipine and other antihypertensive drugs. The evidence currently available shows that lacidipine tablets have a better efficacy and safety compared with other active antihypertensive agents used to treat mild to moderate essential hypertension.

Key words: Lacidipine, essential hypertension, systematic review, meta-analysis.

INTRODUCTION

Hypertension is the most important risk factor of cardiovascular, cerebrovascular and kidney diseases occurrence and death (Zhao et al., 2012). It is the most common chronic non-infectious diseases worldwide. The prevalence rate of hypertension continues to increase in China. It is estimated that the total number of patients nationwide with hypertension had reached 200 million (Liu et al., 2010), which accounted for one-fifth of the world's population with hypertension. But the awareness rate, treatment rate, and control rate of the Chinese population is only 30.2, 24.8 and 6.1%, respectively (Law et al., 2009). For decades, despite that anti-hypertension,

drugs of different mechanisms all achieve positive effect however (Du et al., 2012), calcium antagonists have been the main antihypertensive agent, they act through dilating blood vessels to reduce peripheral vascular resistance. And the calcium antagonist was included to the list of first-line antihypertensive agents by the domestic and foreign numerous guidelines (Committee of guidebook on prevention and treatment of hypertension, 2011). Lacidipine is the third-generation dihydropyridine calcium antagonist, first produced by Italy GSK, and put into market in 1991. It works with voltage-dependent L-type calcium channel blocking effects to reduce the transmembrane Ca^{2+} , cause vasodilation thus leading blood pressure to decrease (Zhang, 2004). Lacidipine was used for many years in Europe and the United States because of its unique high lipophilicity, high vascular selectivity, good tolerability and longer half-life,

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so it achieved a desired antihypertensive effect. Domestic lacidipine was approved in China in 1995, gradually, to become one of the agents for treatment of mild to moderate essential hypertension (Wu, 2005). Although domestic lacidipine has made a positive efficacy and there are several studies about lacidipine tablets for the treatment of hypertension, the studies lack strong conclusions because the quality of research is without systematic evaluation. For this reason, the goal of the current study was to perform a meta-analysis on clinical random control trials (RCTs) that focused on using lacidipine tablets to treat mild to moderate essential hypertension in Chinese patients, in order to obtain evidence on the efficacy and safety.

METHODOLOGY

Search strategy

The search strategy was devised according to the working handbook 5.1 from the Cochrane collaboration. We systematically searched the Cochrane central register of controlled trials (Issue 2, 2011), Medline (1966 to June 2011), EMBASE (1966 to June 2011), CNKI (1993 to June 2011), Wangfang (1981 to June 2011), VIP (1989 to June 2011), and CBM (1991 to June 2011) for randomized clinical trials that examined the efficacy and safety of using lacidipine tablets to treat mild to moderate essential hypertension among Chinese people. In addition, we conducted a manual search of abstracts from selected references and we also searched by hand the bibliographies of all relevant trials. The following search criterion was used: hypertension, essential hypertension and lacidipine, and the language was limited to peer-reviewed articles written in English or Chinese.

Study selection

Two reviewers independently conducted the literature searches and extracted the relevant articles. The flow chart for article selection is shown in Figure 1. The title and abstract of potentially relevant studies were screened for appropriateness before retrieval of the full articles. The following selection criteria were used to identify published studies for inclusion in this meta-analysis: (a) the study design was a randomized clinical trial; (b) the population - was Chinese patients with mild to moderate essential hypertension (WHO-ISH Hypertension Guidelines Committee, 1999; Committee of guidebook on prevention and treatment of hypertension, 2000); (c) the intervention - was lacidipine tablets versus other active antihypertensive agents as monotherapy; (d) the outcome variables — was the overall response rate and adverse reaction rate; and (e) the efficacy criteria — was the Guiding Principles for Clinical Research of New Drugs developed by the Chinese Ministry of Health in 1993 (Liu et al., 1988). Subjects were excluded if they had severe heart, brain, lung, liver, kidney organ dysfunction and diabetes, combination therapy and those who cannot complete the follow-up.

Data extraction

From each study, the following information was extracted: author, year of publication, study design, characteristics of the population, sample size, treatment proposal, time of the therapy, overall response rate, and adverse reaction rate. The total effective rate

and adverse effect incidence rate of used drugs was considered the ultimate goal of observation.

Assessment of study quality

The Jadad score was used to assess the quality of the trials methodology, and this assessment was independently performed by each of the two reviewers (Sackett et al., 2002). Articles given 1 to 2 points were regarded as low quality and the ones given 3 to 5 points were regarded as high quality through Jadad scale method (Jadad et al., 1996).

Statistical methods

For dichotomous outcomes, we calculated a pooled odds ratio (OR) and 95% confidence interval (CI). The OR was defined as the odds of an outcome in those who received lacidipine compared with the odds in those who received other active hypertensive agents. The ORs of different randomized clinical trials were combined by using the random-effects model of Der Simonian and Laird, if between-study heterogeneity existed. The Mantel and Haenszel fixed-effects were used if there was no between-study heterogeneity. Intertribal statistical heterogeneity was explored using the Cochrane Q test with the calculated I^2 , indicating the percentage of the total variability in effect estimates among trials that is, due to heterogeneity rather than to chance. The I^2 values of 50% or more indicated a substantial level of heterogeneity. We evaluated the presence of publication bias by means of visual inspection of the funnel plot (whether it was symmetrical or not). To exclude the possibility that any one study was exerting excessive influence on the results, we conducted a sensitivity analysis by excluding those studies with low quality and then rerunning the analysis to assess the change in the odds ratios. All p-values were two-sided with statistical significance set at a level of 0.05. All the statistical analysis was carried out by the Cochrane collaboration's RevMan 5.1 software.

RESULTS

Characteristics of the included trials

There were 819 articles relevant to the search terms and a total of 13 articles matched inclusion criteria (Sun et al., 1995; Zhu, 1997; Zhang et al., 1999; Wu and Fu, 2001; Yi et al., 2001; Zhou et al., 2001; Xue 2001; Fang et al., 2001; Jiang et al., 2002; Duan et al., 2003; Xu et al., 2004; Li et al., 2005; Wu and Xiong, 2007). The 13 researches included 1348 Chinese patients with mild to moderate essential hypertension, 688 patients used Lacidipine tablets and 660 patients used Nitrendipine (229 patients), Captopril (108 patients), Nifedipine (85 patients), Lisinopril (51 patients), Amlodipine (85 patients), and Benidipine (102 patients) in controls. The 13 articles included in this meta-analysis were all randomized controlled trials. There were 11 high quality articles, in which 9 researches got 4 points and 2 researches got 3 points, the remaining 2 researches got 2 scores which were considered low quality through Jadad scale method. The characteristics of the included trials are shown in Table 1.

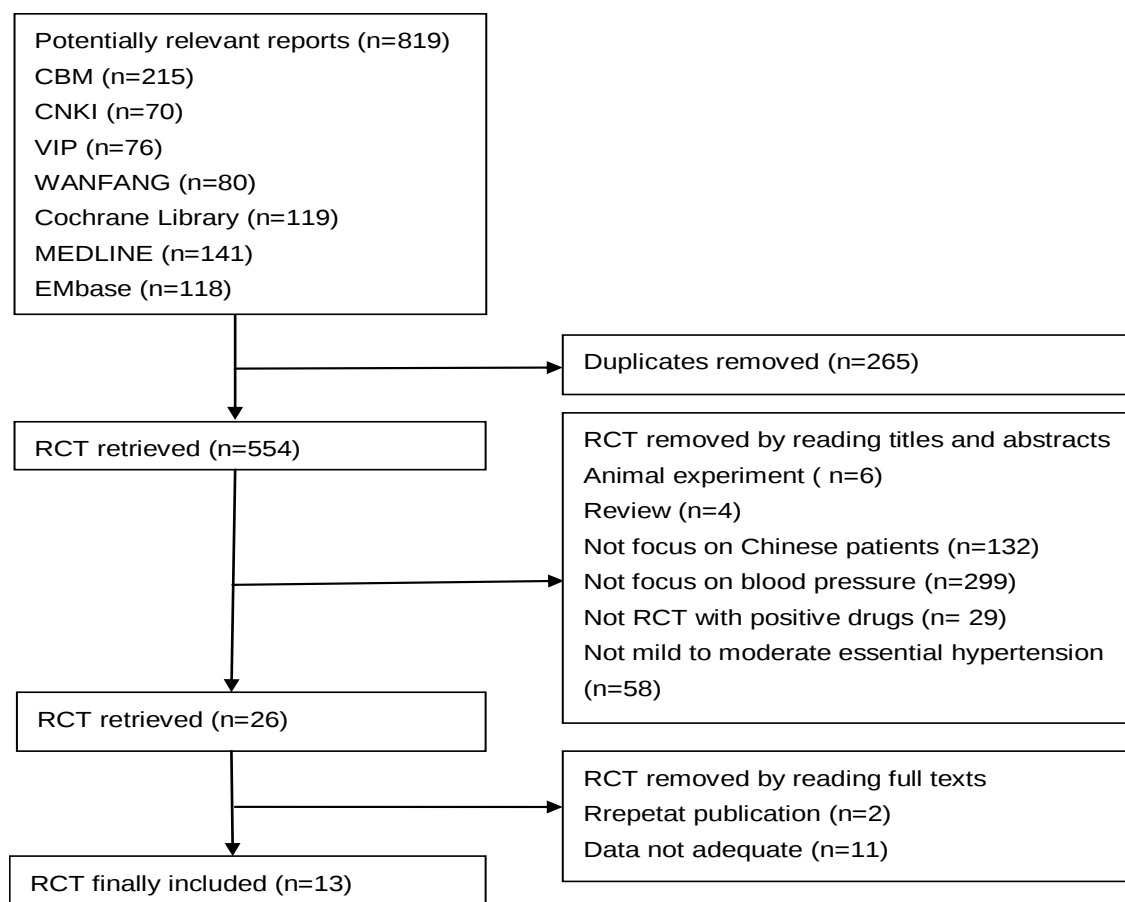


Figure 1. Flow chart of article selection.

Heterogeneity test

We chose the fixed-effect model to perform our meta-analysis, because there were no significant heterogeneities among the studies, in both efficacy analysis (Q statistic = 12.02, $p = 0.44$, $I^2 = 0\%$) and safety analysis (Q statistic = 15.77, $p = 0.20$, $I^2 = 24\%$).

Meta-analysis of efficacy

The overall response rates were 89.2% for lacidipine and 82.7% for the control group. From the meta-analysis, there were significant differences in efficacy between lacidipine group and control group in treating Chinese patients with mild to moderate essential hypertension (Figure 2).

Meta-analysis of safety

The major adverse reactions of lacidipine tablets were mild headache (1.3%), dizziness (0.9%), facial flushing

(3.9%), palpitations (0.5%), and mild edema (2.0%). The major adverse reactions of control group were cough (2.4%), headache (1.5%), dizziness (0.6%), facial flushing (4.8%), mild edema (3.4%), and gastrointestinal symptoms (1.1%). The results of meta-analysis showed that the incidence of the adverse reactions in lacidipine tablets were lower than the controlled groups, there were significant differences in treating Chinese patients with mild to moderate essential hypertension (Figure 3).

Publication bias

An analysis of publication bias was conducted. The funnel plots were symmetrical based on visual analysis, indicating that there was no evidence for publication bias (Figure 4).

Sensitivity analyses

In an analysis excluding the 2 low quality trials, our results were consistent with those found in our main

Table 1. Characteristics of important studies admitted.

Studies	Group	Treatment proposal (mg/d)	Times of therapy (weeks)	sample size	Overall response rate (%)	Adverse reaction rate (%)	SBP baseline (mmHg)	SBP after medicine end (mmHg)	DBP baseline (mmHg)	DBP after medicine end (mmHg)	Jadad score
Sun (1995) ¹¹	Lacidipine	2-6	6	61	98.4	5	164 ± 17	139 ± 12	100 ± 6	82 ± 6	4
	Nitrendipine	20-40	6	60	88.3	30	166 ± 16	140 ± 17	100 ± 5	83 ± 7	
Zhu (1997) ¹²	Lacidipine	5	8	40	92.5	16.5	151 ± 13	127 ± 13	99 ± 4	85 ± 9	4
	Amlodipine	5	8	40	95.0	18.2	148 ± 13	130 ± 13	99 ± 4	84 ± 8	
Zhang (1999) ¹³	Lacidipine	2-6	4	32	93.7	6.3	160 ± 12	133 ± 9	101 ± 7	84 ± 8	4
	Nitrendipine	10-20	4	28	85.7	17.9	159 ± 9	136 ± 6	102 ± 7	84 ± 8	
Wu (2001) ¹⁴	Lacidipine	4	4	30	96.7	0	162 ± 19	147 ± 10	101 ± 7	86 ± 6	4
	Captopril	50	4	26	95.0	19.2	163 ± 19	142 ± 13	100 ± 6	91 ± 6	
YI (2001) ¹⁵	Lacidipine	2-8	4	60	96.7	20.0	160 ± 10	1127 ± 9	98 ± 7	80 ± 8	2
	Nifedipine	30-60	4	60	95.0	21.7	162 ± 8	123 ± 4	96 ± 7	83 ± 7	
Zhou (2001) ¹⁶	Lacidipine	2-8	4	60	96.7	20.0	169 ± 13	134 ± 18	105 ± 7	82 ± 6	3
	Nitrendipine	30	4	50	84.0	24.0	168 ± 12	142 ± 15	102 ± 6	89 ± 6	
Fang (2001) ¹⁷	Lacidipine	5	4	30	73.3	13.3	169 ± 13	134 ± 18	105 ± 7	82 ± 6	4
	Nitrendipine	10	4	30	73.0	13.3	154 ± 11	140 ± 14	105 ± 8	87 ± 6	
Xue (2001) ¹⁸	Lacidipine	4-8	8	51	72.5	5.9	156 ± 14	139 ± 7	105 ± 7	89 ± 8	4
	Lisinopril	10-20	8	51	70.6	2.0	156 ± 12	142 ± 16	102 ± 5	90 ± 8	
Jiang (2002) ¹⁹	Lacidipine	4-8	8	68	93.0	1.5	160 ± 10	127 ± 9	98 ± 7	80 ± 8	4
	Nitrendipine	20	8	61	83.0	8.2	162 ± 8	123 ± 14	96 ± 7	83 ± 7	
Duan (2003) ²⁰	Lacidipine	4	6	45	92.0	13.3	160 ± 12	136 ± 6	102 ± 7	84 ± 8	2
	Amlodipine	5	6	45	93.0	11.1	159 ± 9	127 ± 10	97 ± 3	82 ± 6	
Xu (2004) ²¹	Lacidipine	4	4	25	88.0	8.0	155 ± 15	135 ± 19	104 ± 6	90 ± 12	4
	Nifedipine	30	4	25	76.0	16.0	154 ± 13	134 ± 14	98 ± 4	85 ± 8	
Li (2005) ²²	Lacidipine	4-8	8	104	78.4	11.5	152 ± 12	137 ± 16	98 ± 4	87 ± 10	4

Table 1. Contd.

	Benidipine	2	8	102	74.4	10.8	150 ± 11	134 ± 7	98 ± 2	84 ± 5	
Wu (2007) ²³	Lacidipine	4-6	8	82	91.6	4.9	175 ± 3	135 ± 5	105 ± 2	81 ± 2	3
	Captopril	50	8	82	80.7	9.8	162 ± 5	149 ± 6	111 ± 6	89 ± 6	

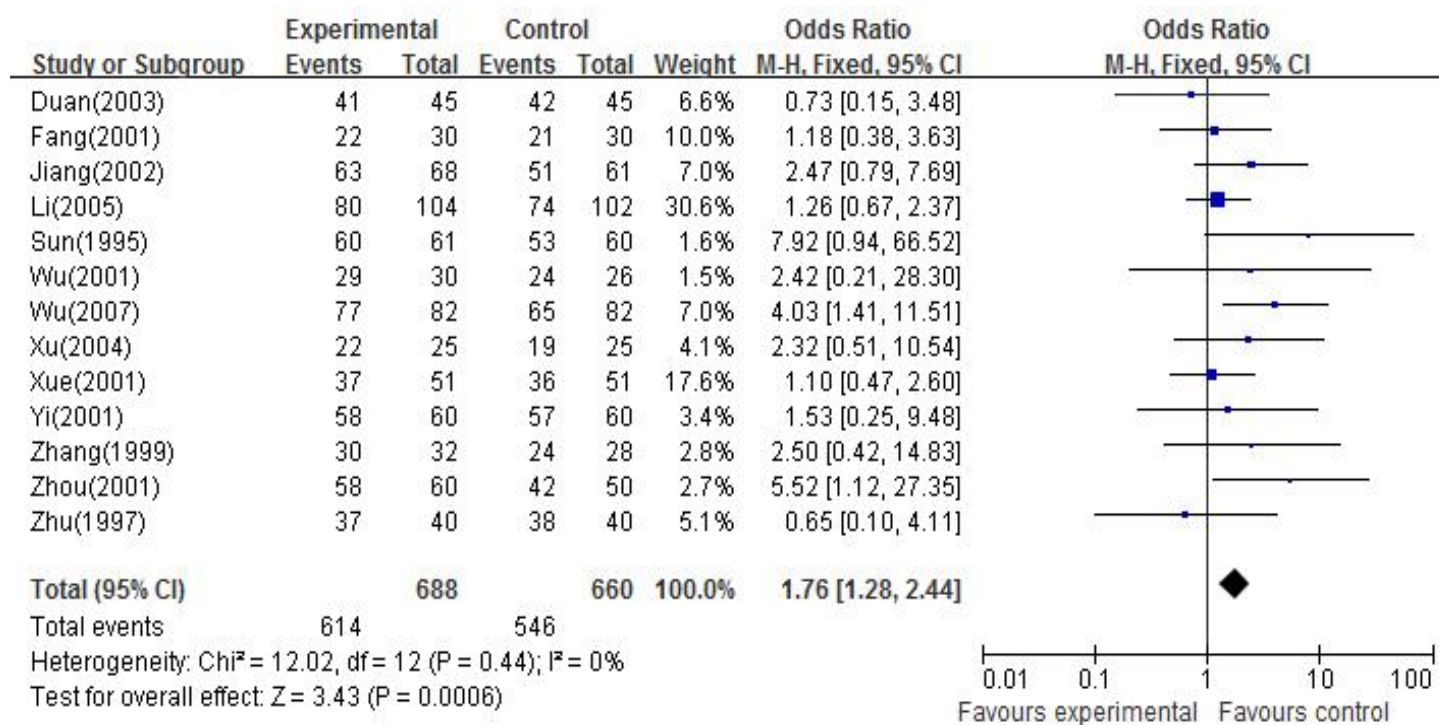


Figure 2. OR estimates with the corresponding 95% CI for the efficacy. The OR estimate of each study is marked with a ■. The size of the square represents the weight that the corresponding study exerts in the meta-analysis. The CIs of pooled estimates are displayed as a horizontal line through the diamond; this line might be contained within the diamond if the confidence interval is narrow.

analysis described earlier: in the efficacy analysis, there was a significant difference in overall

response rates between lacidipine group and control group [$Z = 3.43$ ($p = 0.0006$), $OR = 1.76$,

95% CI (1.28 to 2.44)], furthermore, a significant difference was found in adverse reaction rates

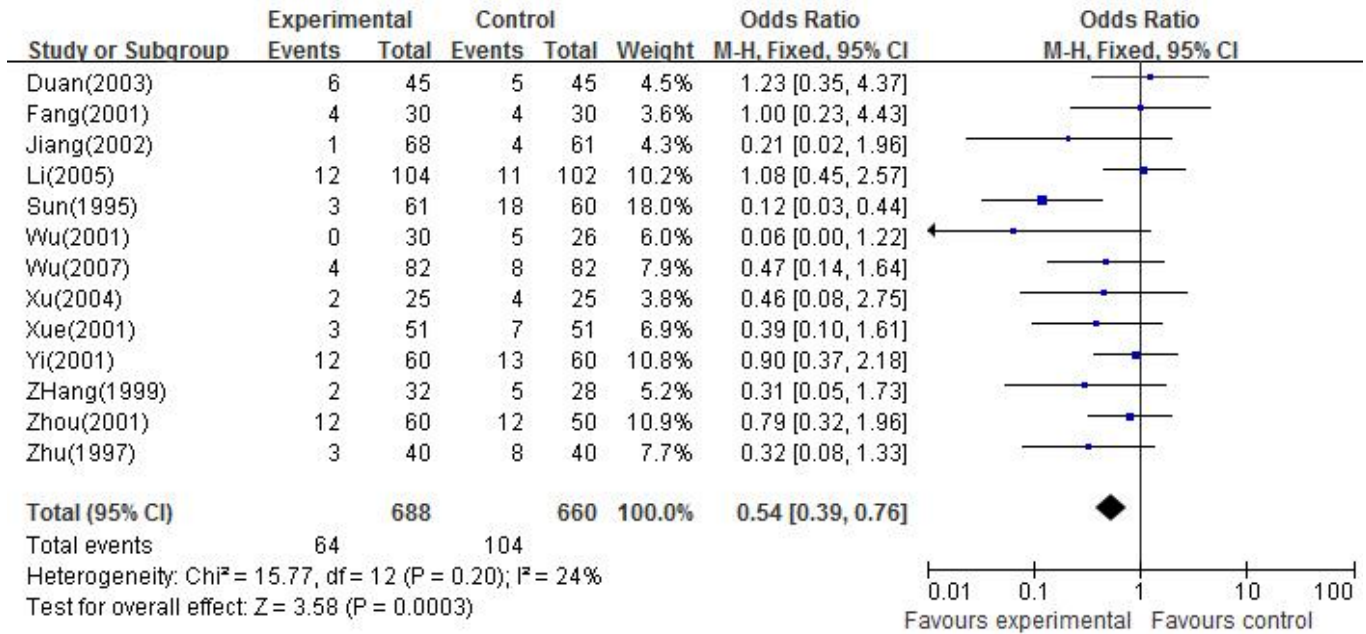


Figure 3. OR estimates with the corresponding 95% CI for the safety. The OR estimate of each study is marked with a ■. The size of the square represents the weight that the corresponding study exerts in the meta-analysis. The CIs of pooled estimates are displayed as a horizontal line through the diamond; this line might be contained within the diamond if the confidence interval is narrow.

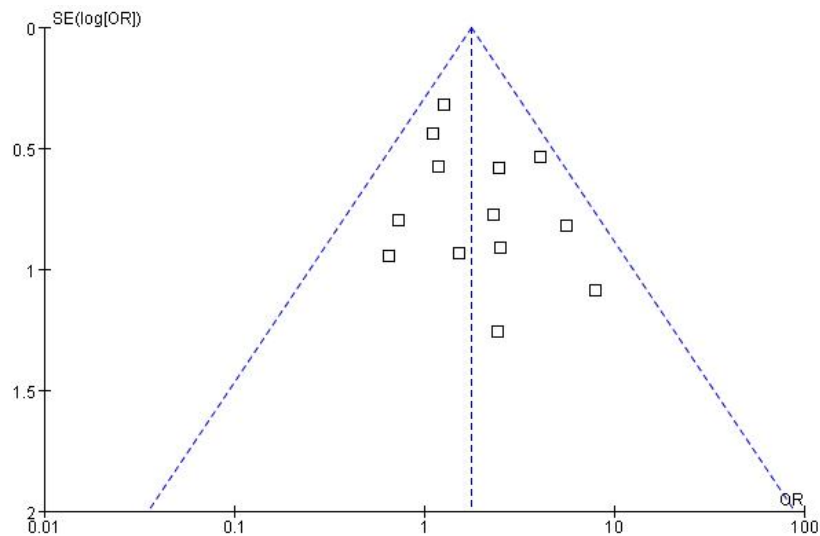


Figure 4. Funnel plot to examine publication bias.

between lacidipine group and control group in the safety analysis [$Z = 3.58$ ($p = 0.003$), $OR = 0.54$, 95% CI (0.39 to 0.76)].

DISCUSSION

Summary of the literature quality

A total of 13 articles were included in this systematic review. From these articles, we included a total sample

size of 1348 patients for the meta-analysis. The Jadad score was at least two points for each of the 13 articles.

Moreover, no evidence of publication bias was found and there were no significant heterogeneities between studies in both efficacy analysis and safety analysis. Combined, this suggests that the overall quality of the systematic review was high. However, there were still a few methodological insufficiencies. These included: (a) the randomization method for the individual trials may not be rigorous, because the specific randomization schemes

were inadequately described in all except one article; (b) a selection bias may exist, as the allocation concealment was not described in any of the articles; and (c) a measuring bias and implementation bias may exist, because 4 studies did not describe whether the trial was a double blind design.

Analysis of efficacy and safety

According to the drug core molecular structure and the role of L-type calcium channels in different sub-units, calcium channel blockers are divided into dihydropyridine and non-dihydropyridine. The long-acting and high vascular selective dihydropyridine calcium have been recognized at home and abroad, its antihypertensive effect acts by blocking extracellular calcium through voltage-dependent L-type calcium channels into vascular smooth muscle cells, then reduce excitation-contraction coupling, lowering the contractile response of resistance vessels. Its advantages include rapid effect, relative stronger antihypertensive effect and magnitude, and do not affect glucose and lipid metabolism.

As a long-lasting and high vascular selective calcium antagonist, the fat-soluble of lacidipine is significantly higher than other calcium antagonist; it can accumulate in the lipid bilayer of the cell membrane, continually released in the cleanup phase (Sidorenko et al., 2002). It has a complete oral absorption, drug concentrations peak-at 3 to 5 h, has a nearly 99% binding rate with plasma protein. The half-life is 14 h, but has a long-lasting anti-hypertension effect. Its metabolism is in the liver, especially for patients with renal insufficiency. As lacidipine has a high selectivity on vascular smooth muscle, thus rarely cause reflex tachycardia (McCormack and Wagstaff 2003).

This study included a meta-analysis of 13 articles, in which the trial designs are all clinical randomized controlled, the total sample is 1348 cases. 11 articles had Jadad scores of more than 2 points, and the overall quality is acceptable. The study showed that lacidipine had a significant efficacy on treatment of mild to moderate essential hypertension compared with the controlled group. The results demonstrate that the main adverse reactions of lacidipine are mild headache, face flushing, palpitations, mild edema, but it had a low incidence and a lesser extent, and all can be tolerated without stopping halfway. The incidence of adverse reactions was significantly compared with the controlled group, which suggests that it had a better security.

Conclusion

The study also showed that lacidipine had a significant hypertension compared with the controlled group, which efficacy on treatment of mild to moderate essential

indicated that lacidipine had a better antihypertensive effect compare with other first-line antihypertensive agents. In this study, there were so many types in the controlled group. Although the doses, the period of treatment were basically the same, some studies were not described in detail for the random method. These factors may affect the credibility of the results of meta-analysis. Therefore, more and more double-blind randomized controlled trials are needed to get better clinical evidence.

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Full Length Research Paper

Impact of gender, weight and CYP2B6 genotype on efavirenz exposure in patients on HIV/AIDS and TB treatment: Implications for individualising therapy

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Gender, weight and cytochrome P450 2B6 (CYP2B6) 516G>T genetic data of 61 patients on efavirenz containing highly active anti-retroviral therapy (HAART) was collated and analysed. Multivariate data analysis and correlations between variables were done to determine the relative contributions of gender, weight and CYP2B6 genetic polymorphism. Models were derived to guide dose adjustment in patients predicted to have unsafe drug exposure. The data showed that 44% of patients had concentrations above the minimum safe concentrations. Gender, weight and genetics explain 22% of the variation of therapeutic levels efavirenz drug exposure in the model. The model generated indicates that all patients homozygous for the 516G>T variant, irrespective of gender or weight required dose adjustment to 200 mg/day, whilst patients of the G/G genotype should be given the standard 600 mg/day. Patients of the G/T genotype showed mixed outcomes. Analysis of this group showed that females of weight less than 62 kg need dose adjustment to 400 mg/day whereas their male counterparts did not need dose adjustment.

Key words: Efavirenz, CYP2B6 516G>T, weight, gender, dose adjustment, partial least squares.

INTRODUCTION

Work on the exposure levels of efavirenz has received particular attention because this drug is used as a substitute of nevirapine in patients undergoing both HIV/AIDS and TB treatment. Efavirenz is metabolised more by cytochrome P450 2B6 (CYP2B6) than by cytochrome P450 3A4 (CYP3A4) (Ward et al., 2003). In the use of efavirenz, the CYP2B6 516G>T genotype has been associated with high plasma levels of the drug (Leger et al., 2009; Rotger et al., 2005) and also susceptibility to CNS adverse reactions (Gatanaga and Oka, 2009; Haas et al., 2004). Many studies have shown this and other variants of CYP2B6 result in increased exposure of efavirenz in many populations (Gatanaga et al., 2007; Jamshidi et al., 2010; Mukonzo et al., 2009).

Population studies have shown the frequency of

516G>T variant to be relatively high across populations with African populations, 28 to 49%, compared to Caucasian 22 to 29% and oriental populations 14 to 43% (Gatanaga et al., 2007; Nyakutira et al., 2008; Xu et al., 2007; Matimba et al., 2008).

Based on these recent observations, we re-evaluate our data (Nyakutira et al., 2008) for the relative contribution of gender, weight and genetic polymorphism of CYP2B6 on efavirenz exposure levels towards the derivation of a clinical dose adjustment algorithm in the use of the drug. A new analysis of the data using partial least squares (PLS) method was used in order to capture the multivariate nature of the effect of several variables on the efavirenz exposure levels.

MATERIALS AND METHODS

Patient data

Patient data was obtained from our previous work (Nyakutira et al., 2008) and only 61 patients were considered based on their

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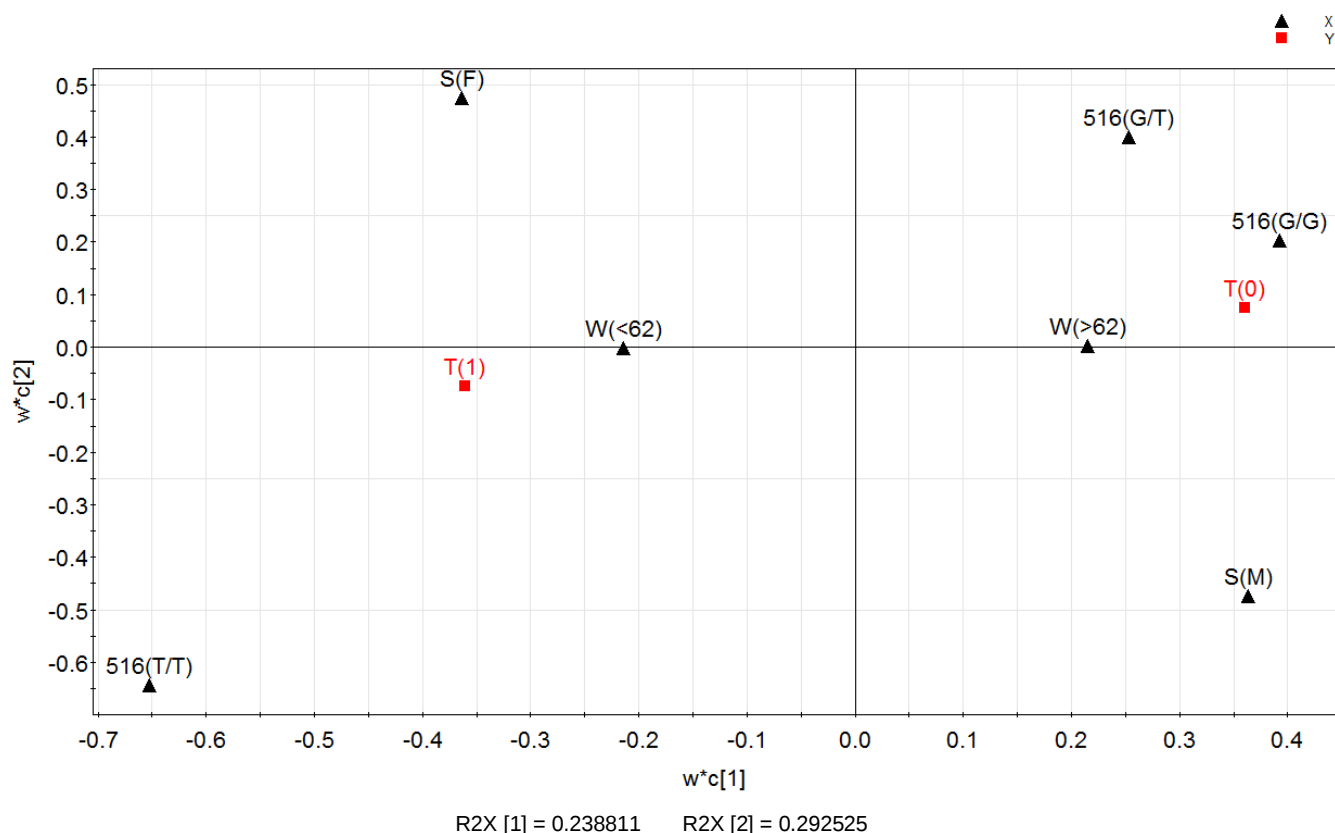


Figure 1. A PLS loading plot of gender weight and genotype and therapeutic margins indicating a positive correlation of 516G>T, T/T, female and weight of below 62 with efavirenz concentrations above 4 µg/ml, T (1), and positive correlation of male, 516G>T, G/G, G/T and weight greater or equal to 62 kg with efavirenz concentration within the 1 to 4 µg/ml range, T (0). The variance explained in this model for efavirenz plasma concentration is 22% (n = 61).

complete data with respect to efavirenz plasma concentration, 516G>T genotype, gender, age and weight. The patients were on TB treatment with regimen containing Rifampicin and Isoniazid, and also on Stavudine and Lamivudine as part of their highly active anti-retroviral therapy (HAART).

Statistical analysis of patient data

Multivariate analysis method of PLS on gender, weight and genotype data against therapeutic exposure levels was done using the Soft Independent Modelling of Class Analogy (SIMCA 12+) software. Principal components 1, 2, and 3 were considered for overall modelling, but only data from PC1 was further considered for PLS because it was the statistically significant component on all the models at 5% level of significance. Age was dropped because of its low contribution to variability in explaining efavirenz levels ($R^2 = 0.003$). The median age (year) and interquartile range was 39 (36 to 44).

In the analyses, gender, weight and genotype were coded as follows: Gender(S): Males represented by M, Females represented by F; Genotypes for CYP2B6 516G>T(516): G/G, G/T and T/T; Weight(W): less than 62 kg (<62), greater or equal to 62 kg (≥ 62); Therapeutic range(T): within the target therapeutics window (1 to 4 µg/ml (Katsounas et al., 2007) represented by 0; >4 µg/ml -1) and below the maximum effective concentration (MEC) (<1 µg/ml represented by -1). Since there was no patient with concentration

below the MEC in this study, only codes T (0) and T (1) were used in the analysis. The weight category cut-off of 62 kg was arrived at after plotting an estimated linear regression line of efavirenz concentration against weight, which gave the equation:

$$y = -0.403x + 63.183 \quad (y = \text{weight in kg, } x = \text{drug concentration in } \mu\text{g/ml}).$$

There is evidence of negative correlation between weight and plasma concentration ($r = -0.144$, $P = 0.269$). Taking the efavirenz cut-off of 4 µg/ml, to divide the patients into those within the therapeutic range (1 to 4 µg/ml), T (0) and those above 4 µg/ml (T (1)), the weight cut-off was derived as 62 kg.

Dosing algorithm generation

From the PLS global model (Figure 1), patients in various combinations of gender, weight and genotype were evaluated for closeness to either the T (0) or T (1) concentration range. This closeness was captured by values between 0 and 1 with values associated with T (0) being between 0 and 0.5 and those associated with T (1) being between 0.5 and 1. These values are weighted predictions for each group generated by PLS model. For each variable combination of gender, weight and genotype, patients falling in each group had the median of their plasma concentrations

Table 1. Gender, weight, and CYP2B6 516G>T genotype and efavirenz exposure level data of 61 patients on HIV and TB treatment.

Demographics and genetics		Number of patients	Median efavirenz (IQR) µg/ml	Patients with concentrations above 4 µg/ml (%)	VIP for 1st PC for global model
Gender	Male	25	3.44 (2.72,7.23)	8/25 (32)	0.96622
	Female	36	4.53 (2.80,9.06)	19/36 (53)	0.96622
Weight	≥62 kg	29	3.32 (2.23,9.03)	11/29 (38)	0.5676
	<62 kg	32	4.17 (3.09,7.12)	16/32 (50)	0.5676
Genotype (CYP2B6 516G>T)	G/G	13	3.32 (1.62,3.64)	3/13 (23)	1.0382
	G/T	32	3.49 (2.81,6.14)	12/32 (38)	0.6689
	T/T	16	8.70 (5.01,11.40)	12/16 (75)	1.7259

VIP: Very important variable.

calculated. The median drug concentration (y) of each category was plotted against the predicted weighted value (x), between 0.0 and 1.0, of the fitting of the variable clusters. The data was used to generate the standard curve ($y = 8.9517x + 1.1601$, $R^2 = 0.89761$) from which, efavirenz concentrations associated with various drug doses could be estimated (a direct linear proportional relationship was assumed).

RESULTS

From Figure 1, the plot on the relationship of gender, genotype, weight and 516G>T genotype to efavirenz concentration above 4 µg/ml, coded T(1) showed that, in the first component, PC1, the T/T genotype, female status and weight below 62 kg positively correlated with concentrations above 4 µg/ml. The plot also showed that the G/G and G/T genotype, the male status and weight above or equal to 62 kg correlated with concentration within the therapeutic window [code T(0)] (Figure 1). The variables gender, weight and CYP2B6 genotype were shown to explain 22% of the variation in efavirenz concentration. Following the correlations revealed by PLS (Figure 1), statistical measures of the association of gender, weight categories and 516G>T genotypes were calculated. The order of importance of the variables in determining how the model is formed is as shown in Table 1. The T/T genotype and G/G genotype were shown to be the most important followed by gender. Weight was shown to have the least separation capabilities into the therapeutic window and above 4 µg/ml efavirenz concentration. Furthermore, T/T and G/G genotypes were shown to contribute significantly in how they distinctly relate to plasma efavirenz levels and are very significant along the 1st principal component (Table 1). Separation of efavirenz plasma concentration is relatively significant according to gender and relatively weak according to G/T genotype.

Prediction of dose adjustments

Using the standard curve for 600 mg/day based on a plot of the level of fitting of variables to the T(1) and T(0), efavirenz concentrations were plotted against the median plasma concentration of efavirenz in patients of different variable clusters, after which predictions of plasma concentration of efavirenz when given at different doses were then made. Predictions of efavirenz concentrations for the various variable combination patients were predicted for 200, 400, 600 and 800 mg/day doses (Table 2). The choice of 800 mg/day is based on some recommendations to increase efavirenz concentration to this dose when co-administered with rifampicin (Stohr et al., 2008). The choice of 200 and 400 mg was based on previous modelling and clinical dose adjustment that have been associated with the use of efavirenz (Gatanaga and Oka, 2009; Nyakutira et al., 2008; Gatanaga et al., 2007). The data showed that if given 800 mg, 53/61 patients were predicted to have plasma concentrations above 4 µg/ml. If given 200 mg/day, 8/61 patients (all males of weight >62 kg and of the GG or GT genotype) were predicted to have concentration below the MEC. If given 400 mg/day, 16/61 patients (all of the T/T genotype and of mixed gender and weight categories) are predicted to have concentration above 4 µg/ml. The results we obtained on dose proposition are comparable to the ones from NONMEM (Cabrera et al., 2009; Nyakutira et al., 2008).

Model validation

Using $PE_i = ODV_i - PDV_i$ where PE_i is the prediction error of the i th individual, ODV_i is the observed dependent variable in the i th individual and PDV_i is the predicted dependent variable in the i th individual. The 95% confidence interval for the mean prediction error for the

Table 2. Predicted 12 h post plasma efavirenz concentration in relation to dose taken.

Weighted prediction for the clusters PLS ¹	n	Patient description	Median (µg/ml)	200 mg/day predicted plasma efavirenz conc. (µg/ml)	400 mg/day predicted plasma efavirenz conc. (µg/ml)	600 mg/day predicted plasma efavirenz conc. (µg/ml)	800 mg/day predicted plasma efavirenz conc. (µg/ml)
0.0583139	3	M,GG,W≥62	2.53	0.56	1.12	1.68	2.24
0.153393	5	M,GT,W≥62	3.27	0.84	1.69	2.53	3.38
0.232465	5	M,GG,W<62	3.52	1.08	2.16	3.24	4.32
0.236611	2	F,GG,W≥62	3.18	1.09	2.19	3.28	4.37
0.327544	5	M,GT,W<62	3.31	1.36	2.73	4.09	5.46
0.33169	9	F,GT,W≥62	3.20	1.38	2.75	4.13	5.51
0.410762	3	F,GG,W<62	3.64	1.61	3.22	4.84	6.45
0.505841	13	F,GT,W<62	4.90	1.90	3.79	5.69	7.58
0.583863	6	M,TT,W≥62	7.23	2.13	4.26	6.39	8.52
0.758015	1	M,TT,W<62	9.25	2.65	5.30	7.95	10.59
0.762161	4	F,TT,W≥62	8.17	2.66	5.32	7.98	10.64
0.936312	5	F,TT,W<62	9.14	3.18	6.36	9.54	12.72

¹A value close to zero for the values in the first column indicates a gravitation towards the therapeutic window, T(0). As the prediction move toward 1 it indicates weighting towards above 4 µg/ml [T(1)].

model (Figure 1) is given by (-0.1135802, 0.1135802). Since the confidence interval (CI) contain 0, the model has adequate predictability and without significant error (Ette and Williams, 2007). Cross-validation [where one data point is left out (leave one out approach)] showed statistically significant results with the cumulative fraction of the total variation of therapeutic concentrations ($Q^2_{cumulative}$) that could be predicted by components as 0.08 for the model. This was significant since it is greater than 0.05 ($n < 100$).

The percentage positive (correct) predictions for individuals in the model, 74%, for all individuals global are as shown in Figure 1.

DISCUSSION

In this study, we have shown that gender, weight, and 516G>T genotype are important determinants on whether a patient will have efavirenz concentrations within the therapeutic range, T (0), or above 4 µg/ml, T (1). Based on data from the PLS and dose predictions, a clinical dosing algorithm was proposed (Figure 2). This proposes that all patients of the T/T genotype have their dose adjusted to 200 mg/day. Those of the G/G genotype should be given the standard dose of 600 mg/day. Patients of the G/T genotype given mixed results, males generally tolerating the standard dose of 600 mg, whilst their female counterparts of weight <62 kg requires a dose adjustment to 400 mg/day.

Our results agree with observations by a number of research groups. Manosuthi et al. (2009) showed that higher weights were associated with lower efavirenz concentrations. Several works showed that gender

affected efavirenz plasma concentration (Burger et al., 2005; Mukonzo et al., 2009; Nyakutira et al., 2008). Without taking 516G>T variant into account, Burger et al. (2005) observed that women were at risk of higher efavirenz concentrations as compared to men and hinted weight difference as a possible cause. Females had mean body weight of 65.3 kg as compared to 75.1 kg of males.

Our findings however differ on conclusions reached by others, who discounted weight and gender as important determinants of plasma concentrations using multiple linear regressions (Cohen et al., 2009; Ramachandran et al., 2009). The use of multiple linear/logistic regressions in these studies, might have failed to identify covariances of these variables as we did by using PLS. The conclusion of Cohen et al. (2009) and Ramachandran et al. (2009) could also have been affected by the fact that their samples were predominantly male. This group is not significantly affected by weight.

We do not discount the importance of CYP2A6 and UGT2B7 as highlighted by Kwara et al. (2009). Other variants commonly found in African populations and associated with reduced enzyme activity include CYP2B6*16 and CYP2B6*18 (Jamshidi et al., 2010). The relative high frequency of 516G>T in African populations as compared to Caucasian and Oriental populations make it a promising biomarker for efavirenz exposure levels in Africa. Follow up studies are important, given the fact that the variables considered in this study account for only 22% of the variability in efavirenz concentration, implying that there are other environmental and/or genetic factors that can improve our proposed algorithm. With our sample size of 61 patients, the mean C_{min} ($\pm$ SD) was 5.8 ($\pm$ 4.2) µg/ml, with a coefficient of variance (CV)

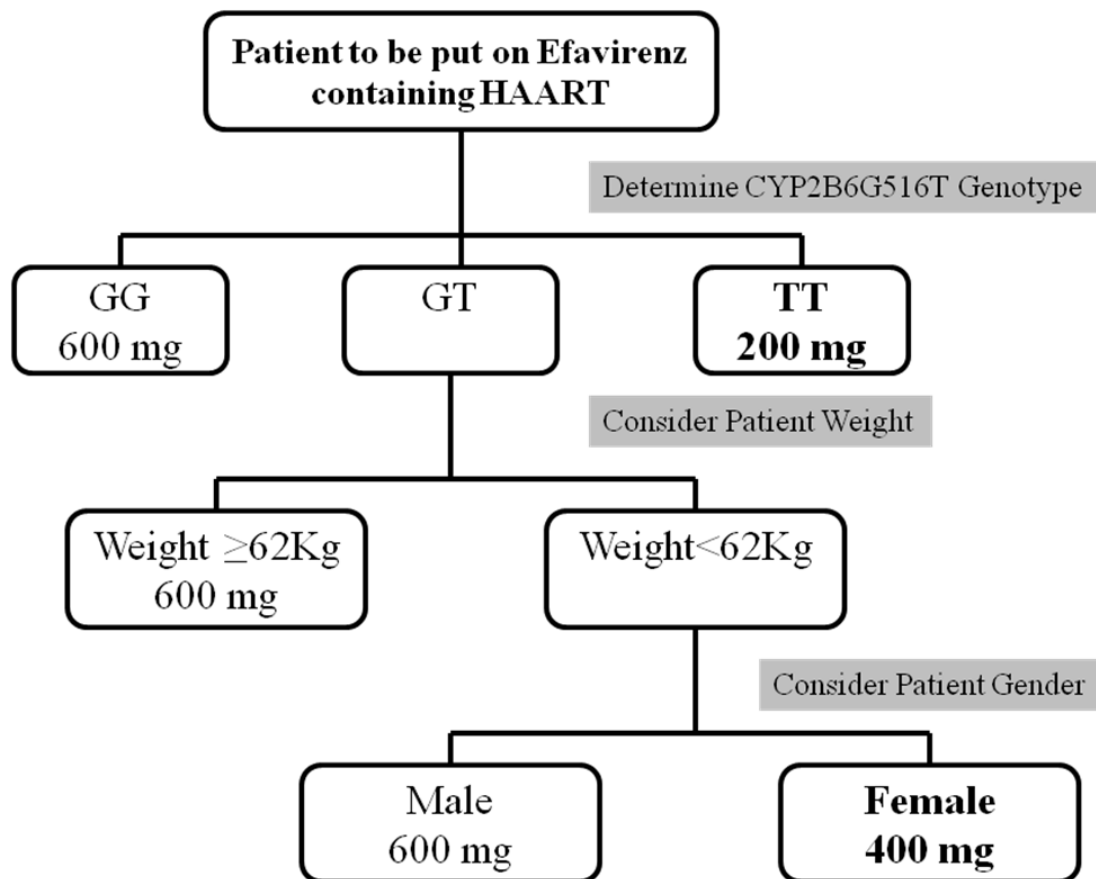


Figure 2. Proposed efavirenz dose adjustment algorithm. CYP2B6 516G>T genotype has the greatest effect on efavirenz concentration with all patients with the poor metaboliser status, T/T, requiring dose adjustment downwards to 200 mg. Female patients of the G/T genotype and of weight lower than 62 kg, also require dose adjustment to 400 mg/day.

of 73%. This level of variation is lower than the 121% observed in 94 patients (Kwara et al., 2009). To capture the large variation of efavirenz exposure levels, a larger patient's sample size would be desirable. A large sample size will also ensure that we have more patients in the various cluster groups we have identified in this study.

ACKNOWLEDGEMENTS

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Full Length Research Paper

Comparative therapeutic potentials of acarbose and a formulated herbal extract on type 2 diabetic rats

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Oxidative stress plays an important role in chronic complications of diabetes. Acarbose is an alpha-glucosidase inhibitor used for the treatment of diabetes. A commercial herbal formulated extract, which consists of 13 herbal extract (F13), is also described to have a potential antidiabetic action. The aim of this study was to determine the comparative effects of acarbose and F13 on type 2 diabetic rats. Three to five weeks after induction of diabetes by single dose systemic administration of streptozotocin and nicotinamide (STZ-NA), diabetic rats were treated with acarbose and F13 for two weeks. After the treatment period, the blood glucose, hemoglobin A1c (HbA_{1c}), triglyceride, cholesterol and nitric oxide synthases (NOS) levels, as well as liver and erythrocyte superoxide dismutase (SOD), malondialdehyde (MDA), catalase (CAT) and glutathione peroxidase (GPx) levels were determined. Renal filtration changes were determined by measuring urine creatinine, plasma creatinine and creatinine clearance. Histological analyses were also performed in liver and kidney. The rats in diabetic groups had significantly higher blood glucose levels than control groups. Induction of diabetes was confirmed by histological analyses of liver and kidney tissues. High blood glucose level in diabetic rats results in peroxidative reactions in lipids, thus MDA levels were increased in diabetic control while acarbose and F13 treatment reduced MDA production. Also, increased SOD levels were found in STZ-NA diabetic rat liver. Both acarbose and F13 treatment, however, showed similar improving effects on diabetic complication in diabetes. Our results, therefore, support the validity of this herbal extract on the management of diabetes as well as diabetes-induced liver and renal complications.

Key words: Acarbose, type 2 diabetes mellitus, free radicals, herbal preparation, histology, rats.

INTRODUCTION

Diabetes mellitus is a syndrome characterized by abnormal insulin secretion, derangement in carbohydrate and lipid metabolism, and is diagnosed by the presence of hyperglycemia. Diabetes is also a risk factor for chronic renal disease. It is a major worldwide health problem and once it occurs, chronic renal failure and end-stage renal disease increases the mortality in type 2

diabetic patients (Atkins, 2005; Atalay and Laaksonen, 2002; Ritz and Orth, 1999, Akyuz et al., 2012). According to previous studies, oxidative stress playing an important role in chronic complications of diabetes is postulate to be associated with increased lipid peroxidation. In addition, enhanced oxidative stress and lower antioxidant capacity might be related to etiology of diabetic complications (Pitkanen et al., 1992; Elangovan et al., 2000; Bukan et al., 2003).

Experimental diabetic models could be developed by using certain genetic, chemical and surgical methods. In the new rat model characterized with reduction of 40%

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beta islets in pancreas; 290 mg/kg of nicotinamide (NA) is injected intraperitoneally (i.p) 15 min before the administration of 60 mg/kg of streptozotocin (STZ) (i.p). The main basis of this model is to supply nicotinamide stores consumed by the body and to protect beta cells via nicotinamide.

As a result, this model imitates the characteristics of human type 2 diabetes both histologically and metabolically (stable mild hyperglycemia and glucose intolerance, etc.) (Novelli et al., 2001, 2004; Akyuz et al., 2012).

Acarbose is an alpha-glycosidase inhibitor and an antidiabetic drug used to treatment of diabetes. Acarbose shows its effect by inhibiting intestinal enzymes (alpha-glycosidases), thereby interfering the catabolism of disaccharides, oligosaccharides and polysaccharides in intestines.

Thus, digestion of carbohydrate is delayed dependent on dose, and more importantly, liberation of glucose and its presence in the blood slows down. Moreover, both fluctuations in daily blood sugar and average blood sugar level decrease as a result of this delayed glucose intake through intestines with acarbose. Acarbose also reduces abnormal high concentrations of glycosylated hemoglobin (Wright et al., 1998; Kawamura et al., 1998; Hwua et al., 2003).

Nowadays, drugs are expensive and have many side effects during the treatment of any disorders. Therefore, many herbs have been used for a long time for claimed health benefits, and the potential of the health promoting and disease preventing properties of plant-derived compounds has received increased attention from researchers in recent years (Nasri et al., 2012; Asgarpanah and Ramezanloo, 2012; Alam et al., 2012). Different plants have been used alone or in formulations for the treatment of diabetes and its complications. An example of such herbal formulation under trade name is F13 that is obtained from Karkim (F13[®], Karkim Co., Turkey) and traditionally used for the treatment of diabetes in Turkey.

This formulation has the potential to act as antidiabetic. The herbal extract F13 consists of 13 plant parts (*Thymbra spicata*, *Folium myrti*, *Folium eucalypti globuli*, *Folium olivarum*, *Folium sorbi domesticae*, *Folium juglandis*, *Lavandula stoechas*, *Semen foenugraeci*, *Herba fumariae*, *Alchemilla vulgaris*, *Herba millefolii*, *Folium salviae* and *Herba chamaedrys*) and it is prepared with steam distillation and extraction method by the manufacturer. Most of the herbs in this formulation are used in alternative medicine as antidiabetic, anti-cholesterolemic, antioxidant, diuretic, free radicals cleaner, antiseptic, antihypertensive, antimicrobial and antiviral both in Turkey and in other parts of the world (Buckle, 2001; Inanc et al., 2007; Gunes et al., 1999; Sabu and Kuttan, 2002; Modak et al., 2007; Seeff et al., 2001). The aim of this study was to evaluate the antihyperglycemic, antioxidant and histoprotective effects

of acarbose and herbal formulation (F13) on STZ-NA induced type 2 diabetic rats.

MATERIALS AND METHODS

Experimental animals

In this study, three-month-old Sprague-Dawley breed male rats weighing 200 to 250 g and grown in the Department of Medical Biology, Eskisehir Osmangazi University, Medical Faculty, were used. The animals were housed in individual cages at room temperature and left for 1 week for acclimatation before the start of experiment. This study was approved by the local ethical committee of Eskisehir Osmangazi University (affirmation number: 09/21/122).

Treatment

Glucose levels were measured from tail vein at the beginning of the experiment and also once a week during the experiment. The rats were divided into six groups as shown in Table 1. Diabetes was induced by a single intraperitoneal injection of 290 mg/kg body weight NA (Sigma Chemical, St. Louis, Mo., USA) dissolved in saline 15 min before a single intraperitoneal injection of 60 mg/kg STZ (Sigma Chemical, St. Louis, Mo., USA) dissolved in saline immediately before use. Subsequently, the animals were treated with the extract of the herbal formulation (F13[®], Karkim Co., Turkey) during two weeks to test possible antidiabetic and antioxidative effects. Moreover, to determine whether the inhibition of alpha-glycosidase has any effect on free radical formation in the type 2 diabetes, acarbose was administrated (Sigma Chemical, St. Louis, Mo., USA) 5 to 8 weeks after the induction of the diabetes, and the effects of administration of F13 were determined by comparing with acarbose. Doses of the given substrates are summarized in Table 1. Subsequently, the rats were sacrificed after the treatment period, and blood, urine, liver and kidney tissue samples were collected under ether anesthesia.

Biochemical analysis

Fasting and postprandial blood glucose was measured every week during the experiments with an Accu-Chek[®] Go Glucometer (Roche Diagnostics, Mannheim, Germany) in all animals. After determining the volume and pH (pH meter; inoLab[®] pH 720, WTW Laboratory, Germany) of urine samples collected, urine creatinine and plasma creatinine activity were measured spectrophotometrically by Jaffe's reaction. Creatinine clearance was also calculated from urine creatinine, plasma creatinine and the 24-h urinary excretion volume as described by Gunes et al. (1999). All spectrophotometric measurements were performed by Shimadzu UV-1601 digital spectrophotometer (Schimadzu Corp., Kyoto, Japan). Hemoglobin A1c (HbA_{1c}) levels of groups were measured by Boehringer-Mannheim 911 Hitachi Automatic Analyzer and triglyceride and cholesterol levels were determined by Roche Diagnostic Modular System.

Antioxidant and free radical assays

The method described by Sun et al. (1988) was used to prepare erythrocyte hemolysate. Superoxide dismutase (SOD) activity was determined by SOD determination kit (FLUKA, St. Louis, MO, Cat. No: 19160) based on water-soluble tetrazolium salt (WST) reaction. Malondialdehyde (MDA) reaction was applied based on color reaction of MDA, one of the final products from lipid peroxidation,

Table 1. The substrates given to control and experimental groups.

Groups	n	Administrated substrates
Control	I	7 (Control) Water + CSD
	II	7 Acarbose [5 mg/kg per day for 14 days, i.g.] + Water + CSD
	III	7 F13 [5 ml/kg per day for 14 days, i.g.] + Water + CSD
Diabetic	IV	7 (Diabetic Control) [60 mg/kg STZ + 290 mg/kg NA i.p.] + Water + CSD
	V	7 (60 mg/kg STZ + 290 mg/kg NA i.p.)+ Acarbose (5 mg/kg per day for 14 days, i.g.)+ Water + CSD
	VI	7 (60 mg/kg STZ + 290 mg/kg NA i.p.) + F13 (5 ml/kg per day for 14 days, i.g.) + Water + CSD

CSD, Commercial standard diet; i.g, intragastric.

with thiobarbituric acid (TBA) (Uchiyama and Mihara, 1978). Nitric oxide synthase (NOS) activity, catalase (CAT) activity and glutathione peroxidase (GPx) activity were determined by using nitric oxide synthase assay kit (Bioxytech®, Oxis International Inc, Portland, OR, USA, Cat No: 22113), ammonium molybdate-hydrogen peroxide reaction with manual assay (Goth, 1991) and glutathione peroxidase assay kit (Calbiochem®, EMD Biosciences, Inc., San Diego, CA, cat. No: 354104), respectively.

Histopathological examination

All tissues were collected from rats, immediately fixed in 10% neutral formalin solution, embedded in paraffin, and then stained with haematoxylin and eosin.

Statistical evaluation

The obtained data were expressed as mean $\pm$ standard deviation (S.D.) and analyzed using analysis of variance (ANOVA). Tukey's test was used to test for differences among means when ANOVA indicated a significant difference. Differences were considered statistically significant if $P < 0.05$.

RESULTS

Effects acarbose and F13 treatment on blood glucose levels

The blood glucose levels were determined every week during the experiment. The levels of fasting and postprandial blood glucose at the beginning of the experiment, and at 5th and 7th weeks are given in Tables 2 and 3, respectively. The diabetic animals exhibited gradually increased hyperglycemia. Acarbose and F13 treatment caused a decrease in the elevated blood glucose levels in STZ-NA diabetic rats. The fasting blood glucose levels were similar in controls and experiment groups before STZ+NA injection ($P > 0.05$). Meanwhile, the glucose levels increased gradually in STZ+NA treated groups (IV, V and VI). The blood glucose levels of groups IV and V were higher in the 5th week when compared to controls ($P < 0.05$, $P < 0.001$, respectively). Moreover, at the 7th week, fasting blood glucose levels of acarbose and F13 treated groups decreased significantly ($P < 0.001$)

when compared to diabetic control (Tables 2 and 3). The postprandial blood glucose levels were similar in controls and experimental groups before STZ+NA injection ($P > 0.05$). The glucose levels increased gradually in STZ+NA treated groups (IV, V and VI). At the 7th week, after the acarbose and F13 treatment, postprandial blood glucose levels of only acarbose treated group decreased significantly ($P < 0.05$) when compared to diabetic control (group IV) (Tables 2 and 3). Postprandial blood glucose levels of diabetic control (group IV) and F13 treated diabetic group (group VI) were significantly higher ($P < 0.01$, $P < 0.001$, respectively) when compared to control. At the 7th week, fasting blood glucose levels of acarbose treated group decreased significantly ($P < 0.05$) when compared to diabetic control.

Biochemical analysis

Triglyceride levels were significantly higher in the acarbose and F13 treated diabetic groups ($P < 0.05$, $P < 0.001$); meanwhile there was no significant difference in HbA_{1c} and cholesterol levels between controls and other experimental groups ($P > 0.05$) (Table 4).

Urine and plasma creatinine and creatinine clearance

We found significantly higher urine creatinine levels in control groups treated with acarbose and F13 when compared to the control ($P < 0.01$) (Table 5). However, no significant difference in plasma creatinine was found between the control and experimental groups ($P > 0.05$) (Table 5). In addition, creatinine clearance was different in the F13 treated control and diabetic control groups compared to the control group ($P < 0.01$ and $P < 0.05$, respectively) (Table 5). When groups II and III with group I were compared; creatinine clearance level of F13 treated control group (III) was significantly higher ($P < 0.05$). Further, when groups V and VI with group IV were compared, creatinine clearance levels of acarbose and F13 treated diabetic groups was reduced ($P < 0.05$, $P < 0.01$). No statistical differences were found when

Table 2. The fasting blood glucose levels of control and diabetic groups.

Groups		n	Before injection	5 th week (beginning of the treatment)	7 th week (final of the treatment)
Control	I	7	82.42 ± 2.4	75.42 ± 3.0	81.14 ± 2.3
	II	7	81.00 ± 1.3	83.42 ± 1.4	84.85 ± 1.9
	III	7	81.42 ± 1.7	84.28 ± 2.1	80.28 ± 1.8
Diabetic	IV	7	78.00 ± 1.5	89.28 ± 4.1*	103.57 ± 4.1***
	V	7	75.42 ± 1.3	93.42 ± 2.6**	78.42 ± 1.83 ⁺⁺⁺
	VI	7	78.85 ± 1.7	87.71 ± 4.1	77.85 ± 4.0 ⁺⁺⁺

* P<0.05 ** P<0.01 *** P<0.001 (Compared to the control) ⁺⁺⁺ P<0.001 (Significance between the diabetic groups when compared to group IV).

Table 3. The postprandial blood glucose levels of control and diabetic groups.

Groups		n	Before injection	5 th week (beginning of the treatment)	7 th week (final of the treatment)
Control	I	7	107.85 ± 2.7	102.00 ± 2.7	109.57 ± 3.8
	II	7	98.14 ± 3.5	110.00 ± 2.6	111.00 ± 4.5
	III	7	98.71 ± 3.9	111.57 ± 1.7	114.85 ± 5.9
Diabetic	IV	7	113.14 ± 3.2	154.00 ± 12.4	169.28 ± 6.0***
	V	7	102.14 ± 3.8	134.42 ± 7.5	137.28 ± 4.2 ⁺
	VI	7	100.85 ± 4.0	162.00 ± 29.8*	149.42 ± 14.3**

* P<0.05, ** P<0.01, *** P<0.001 (compared to the control); ⁺P<0.05 (significance between the diabetic groups when compared to group IV).

Table 4. The HbA_{1c}, triglyceride and cholesterol levels of controls and experimental groups (mg/dl).

Groups		n	HbA _{1c} (mg/dl)	Triglyceride (mg/dl)	Cholesterol (mg/dl)
Control	I	7	4.58 ± 0.30	24.14 ± 4.05	46.14 ± 3.23
	II	7	4.92 ± 0.77	29.14 ± 6.22	33.28 ± 4.64
	III	7	4.31 ± 0.13	27.14 ± 3.71	43.00 ± 5.85
Diabetic	IV	7	4.85 ± 0.58	28.85 ± 6.91	44.42 ± 11.19
	V	7	4.58 ± 0.51	46.14 ± 15.74**	44.57 ± 16.52
	VI	7	4.25 ± 0.12	60.71 ± 10.35***	42.71 ± 6.82

** P<0.01, *** P<0.001 (compared to the control).

Table 5. The Urine pH, urine volume, urine creatinine, plasma creatinine and creatinine clearance levels of controls and experimental groups.

Groups		n	Urine pH	Urine volume (ml)	Urine creatinine (mg/dl)	Plasma creatinine (mg/dl)	Creatinine clearance (ml/min)
Control	I	7	8.0 ± 0.3	3.4 ± 0.5	139 ± 6	1.90 ± 0.05	0.168 ± 0.02
	II	7	7.7 ± 0.2	3.9 ± 0.3	345 ± 35**	1.91 ± 0.02	0.475 ± 0.04
	III	7	7.6 ± 0.3	4.0 ± 0.3	344 ± 7**	1.84 ± 0.01	0.528 ± 0.04*
Diabetic	IV	7	8.3 ± 0.3	7.0 ± 0.4**	236 ± 53	1.86 ± 0.03	0.637 ± 0.15**
	V	7	8.8 ± 0.7	2.6 ± 1.0	191 ± 38	1.84 ± 0.02	0.149 ± 0.06 ⁺⁺
	VI	7	8.6 ± 0.7	3.7 ± 0.7	240 ± 7	2.03 ± 0.09	0.286 ± 0.05 ⁺

* P<0.05, ** P<0.01 (compared to the control); ⁺P<0.05, ⁺⁺P<0.01 (significance between the diabetic groups when compared to group IV).

groups V and VI were compared with groups II and III.

Effects on antioxidant and free radical levels

Erythrocyte MDA, SOD, CAT, GPx and serum NOS levels are presented in Table 6. There were no significant differences in the SOD, CAT and GPx activities between control and diabetic groups. Erythrocyte MDA levels significantly decreased in the F13 treated diabetic groups ($P < 0.001$). On the other hand, increased serum NOS levels in acarbose treated diabetic groups were obtained. MDA, SOD, CAT and GPx levels of liver homogenates were presented in Table 7. The results obtained indicated no significant differences in the CAT and GPx activities between control and diabetic groups. In addition, SOD and MDA levels of the untreated diabetic groups (diabetic control) were significantly increased ($P < 0.001$).

Histopathological findings

In this study, binuclear hepatocytes, sinusoidal dilatations, nuclear hypertrophy, necrotic cells with pyknotic nucleus and eosinophilic cytoplasm were observed in diabetic control groups (Figures 1 and 2). In the acarbose and F13 treated diabetic group, hepatocytes and sinusoidal structures showed nearly normal histology and binuclear hepatocytes were observed in some areas (Figures 3 and 4). In addition, normal liver histology was seen in control groups. Moreover, the kidney samples of control groups were histologically normal (Figure 5), whereas glomerular basement membrane thickening, the distal tubular epithelium, cytoplasmic clear cell change and medial thickening of small arteries were observed in diabetic control (Figure 6). The kidney samples of acarbose treated diabetic groups showed almost normal histological structure, although glomerular basement membrane thickening were observed in some areas (Figure 7). In F13 treated diabetic groups, glomerular basement membrane thickening was also observed in some areas (Figure 8).

DISCUSSION

In the present study, antihyperglycemic, antidiabetic and antioxidative potential effects of the formulated herbal extract were evaluated in a nicotinamide and streptozotocin -induced diabetic rat model. The herbal extract (F13) consisted of *T. spicata*, *F. myrti*, *F. eucalypti globuli*, *F. olivarium*, *F. sorbi domesticae*, *F. juglandis*, *L. stoechas*, *S. foenugraeci*, *H. fumariae*, *A. vulgaris*, *H. millefolii*, *F. salviae* and *Herba chamaedrys* extracts. The antidiabetic, anti-cholesterolemic, antioxidant, diuretic, free radicals cleaner, antiseptic, antihypertensive, anti-

microbial and antiviral effects of these plants have been reported (Buckle, 2001; Inanc et al., 2007; Gunes et al., 1999; Sabu et al., 2002; Modak et al., 2007; Seeff et al., 2001). Likewise, in our study, clear reduction in blood glucose levels was observed in STZ-NA induced diabetic rats treated with F13.

Hemoglobin A1c (HbA1c) is the most common measurement for the determination of glycemic control for patients with diabetes. There is a concern that the measurement of HbA1c may be affected by the severity of kidney dysfunction or the hematological complications of kidney disease (Cavanaugh, 2007). It has been reported that HbA1c values, triglyceride and cholesterol levels in diabetic subject were significantly higher (Kuppusamy et al., 2010). In our study, however, there were no significant differences in HbA1c and cholesterol levels between control and treated diabetic groups. STZ-NA induced type 2 diabetic model imitates the characteristics of human type 2 diabetes and it is characterized by stable mild hyperglycemia and glucose intolerance (Novelli et al., 2001; Novelli et al., 2004). The stable HbA1c values in our study may be due to stable mild hyperglycemia or short retention time of the experiment (lack of glucose toxicity). Ordinarily, insulin activates the lipoprotein lipase, which hydrolyses triglycerides. However in diabetic condition, lipoprotein lipase is not activated due to insulin deficiency, thus resulting in hypertriglyceridemia (Kuppusamy et al., 2010). Similarly, we found increased triglyceride levels in diabetic acarbose and diabetic F13 groups when compared to control.

The kidneys are important target organs of diabetes and kidney failure often leads to death in diabetes. Diabetes causes glomerular lesions, atherosclerosis of renal veins, pyelonephritis and nephropathy (Prakash et al., 2007; Chen et al., 2007). Increased urine volume and creatinine clearance can also be observed in diabetes (Gunes et al., 1999; Murali et al., 2003). Glomerular filtration rate is determined by measuring creatinine clearance, and decrease in creatinine clearance indicates glomerular degeneration (Murali et al., 2003). In contrast, we found increased creatinine clearance levels in diabetic control. Also, creatinine clearance levels of acarbose and F13 treated diabetic groups were decreased when compared to diabetic control. The assay for creatinine in plasma and urine were defined by Jaffé (1886). However, difficulties with the reaction with respect to its lack of specificity and sensitivity have been discussed. Thus, plasma creatinine based measurements remain the most widely used method to assess renal function in animals (Dunn et al., 2004). In this study, there were no statistical differences in plasma creatinine levels of groups when compared to control, and this may be because STZ-NA diabetes shows mild renal insufficiency depending on the duration of experiment.

Diabetes causes increased oxidative damage through generation of reactive oxygen species (ROS), and free

Table 6. Erythrocyte SOD, MDA, CAT, GPx, and serum NOS levels.

Groups	n	SOD (% inhibition)	MDA (U/gHb)	CAT (kU/L)	Gpx (nmol/min/ml)	NOS (nmol/ml/s)
Control	I	7	53.53 ± 10.2	13.10 ± 2.0	213.13 ± 25.58	4.00 ± 2.00
	II	7	46.65 ± 5.30	25.50 ± 4.5	208.57 ± 21.29	5.09 ± 2.07
	III	7	52.97 ± 4.26	19.11 ± 4.6	207.30 ± 30.33	3.63 ± 1.36
Diabetic	IV	7	48.58 ± 1.87	35.27 ± 12.6***	209.48 ± 26.05	5.45 ± 3.09
	V	7	58.01 ± 14.52	23.27 ± 12.2	215.56 ± 45.17	3.42 ± 1.20
	VI	7	44.79 ± 3.76	15.47 ± 1.9***	218.50 ± 20.64	3.74 ± 1.23

*P<0.05, ** P<0.01, *** P<0.001 (compared to the control); *P<0.05, *** P<0.001 (significance between the diabetic groups when compared to group IV).

Table 7. Liver SOD, MDA, CAT and GPx levels.

Groups	n	SOD (%inhibition)	MDA (U/wet tissue)	CAT (kU/ml protein)	Gpx (nmol/min/ml)
Control	I	7	50.14 ± 3.80	2.57 ± 0.12	3.25 ± 0.20
	II	7	50.57 ± 3.50	2.57 ± 0.18	3.21 ± 0.40
	III	7	48.85 ± 7.81	2.49 ± 0.05	3.28 ± 0.14
Diabetic	IV	7	63.28 ± 3.90***	3.27 ± 0.38***	3.43 ± 0.14
	V	7	56.71 ± 4.68	2.79 ± 0.10**	3.42 ± 0.14
	VI	7	51.28 ± 3.59	2.69 ± 0.19***	3.19 ± 0.12

*** P<0.001 (compared to the control); **P<0.01, ***P<0.001 (significance between the diabetic groups when compared to group IV).

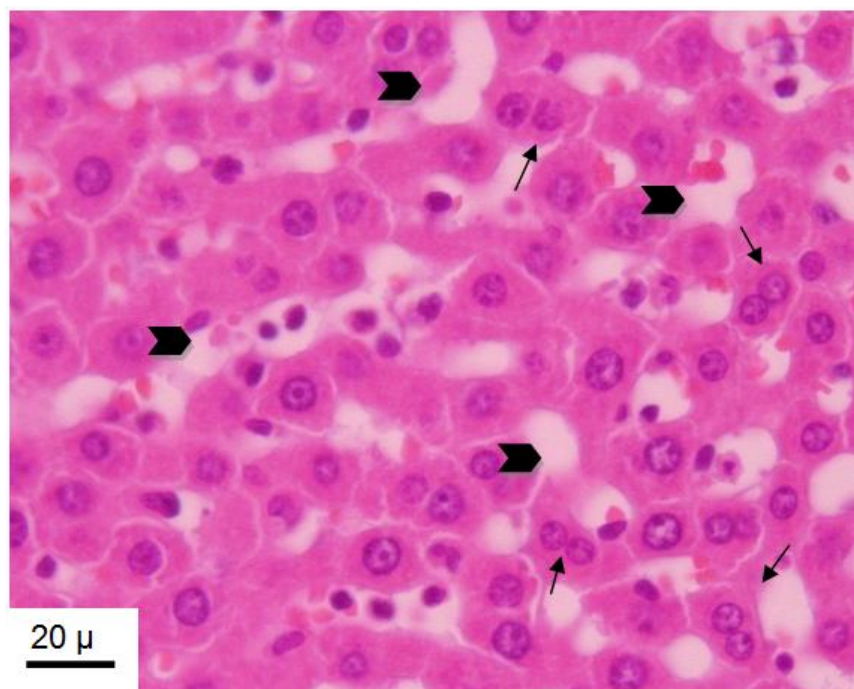


Figure 1. Diabetic groups: binuclear hepatocytes (→) and sinusoidal dilatations (➤), H and E × 100.

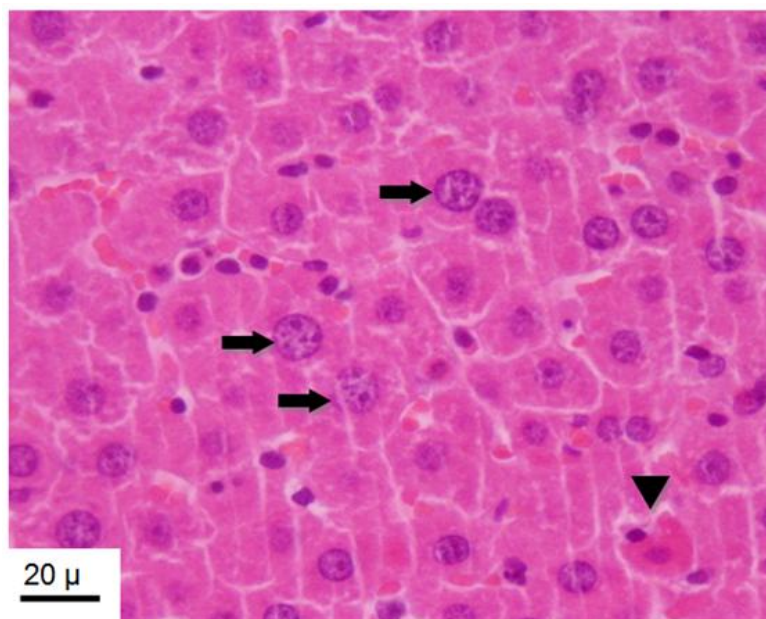


Figure 2. Diabetic group showing nuclear hypertrophy (→) and the necrotic cells with pyknotic nucleus and eosinophilic cytoplasm (▼), H and E × 100.

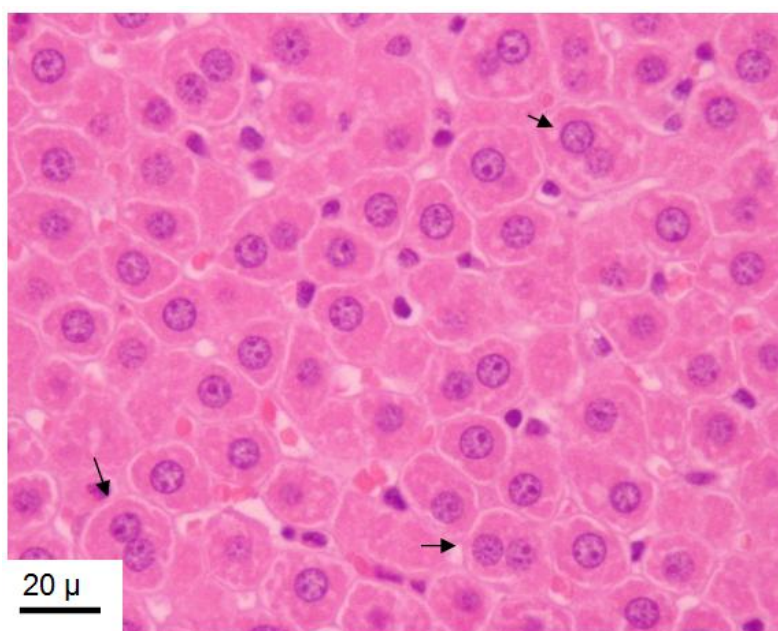


Figure 3. Acarbose treated diabetic group: Hepatocytes and sinusoidal structures in diabetic-acarbose group showed nearly normal histology, while binuclear hepatocytes were observed in some areas (→). H and E × 100.

radical-mediated oxidative stress has an important role in the pathogenesis of various diabetic complications. Antioxidant defense system allows a balance between the generation of oxidants and antioxidants. The range of

antioxidant defenses should be adequate to protect against oxidative damage (Pitkanen et al., 1992; Elangovan et al., 2000; Kuppusamy et al., 2010). Overproduction of superoxide takes place when cellular

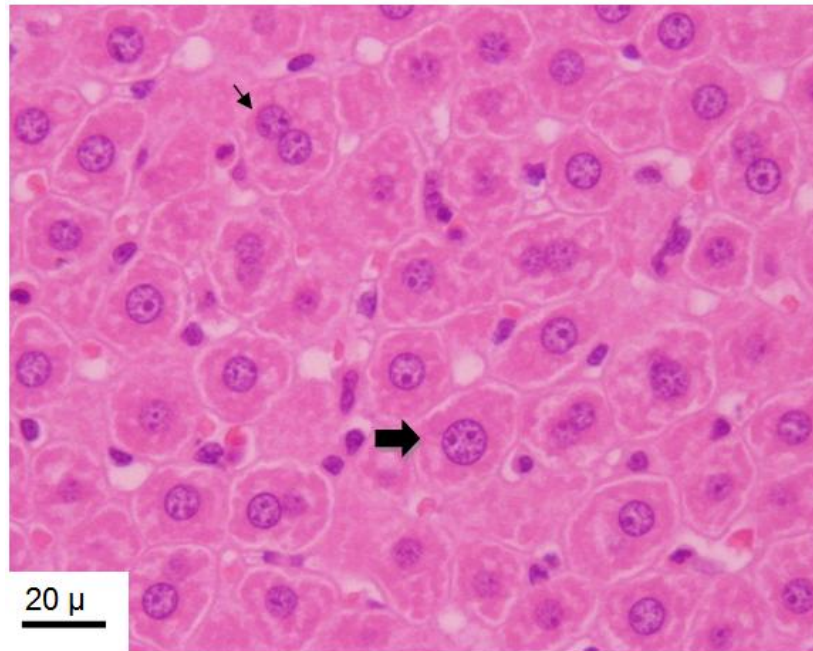


Figure 4. F13 treated diabetic group: Hepatocytes and sinusoidal structures in diabetic-F13 group showed nearly normal histology, binuclear hepatocytes (→), while nuclear hypertrophy (→) were observed in some areas, H and E $\times$ 100.

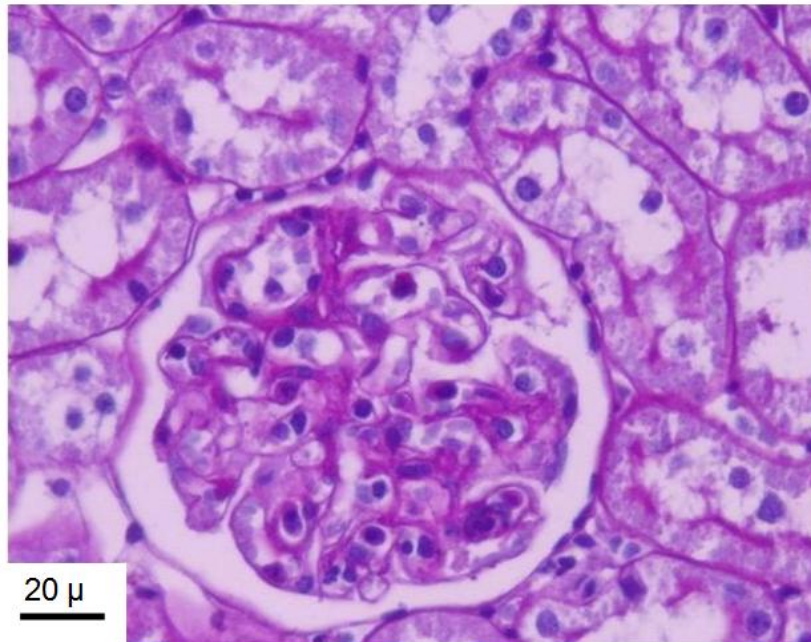


Figure 5. Control group showing histologically normal kidney samples. H and E $\times$ 100.

metabolism is destroyed by overproduced glucose, and these results in diabetes complications. Superoxide dismutase is an important antioxidant enzyme and it

reduces the increased superoxide by converting it into peroxide and oxygen (Ceriello, 2010; Kuppusamy et al., 2010). Hyperglycemia as demonstrated in this study

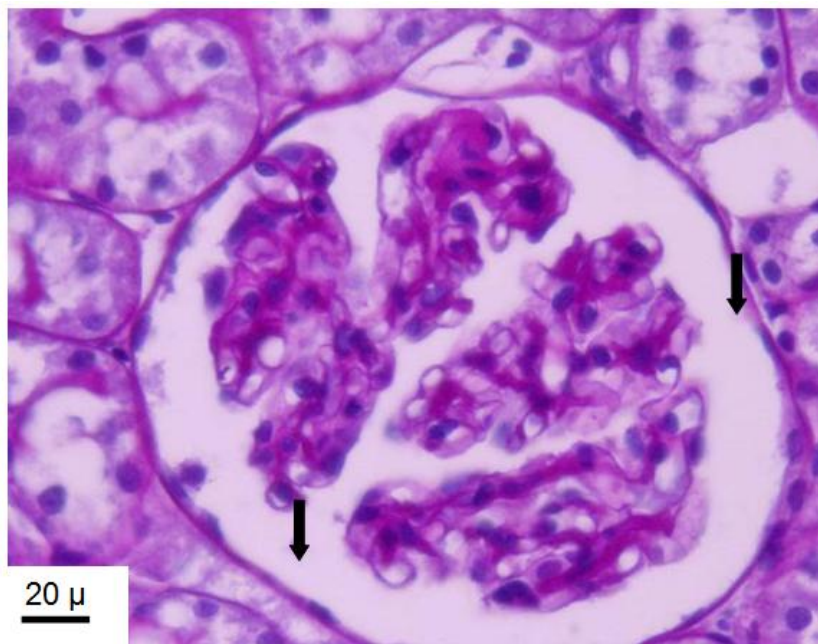


Figure 6. Diabetic control group showing glomerular basement membrane thickening (→). H and E $\times$ 100.

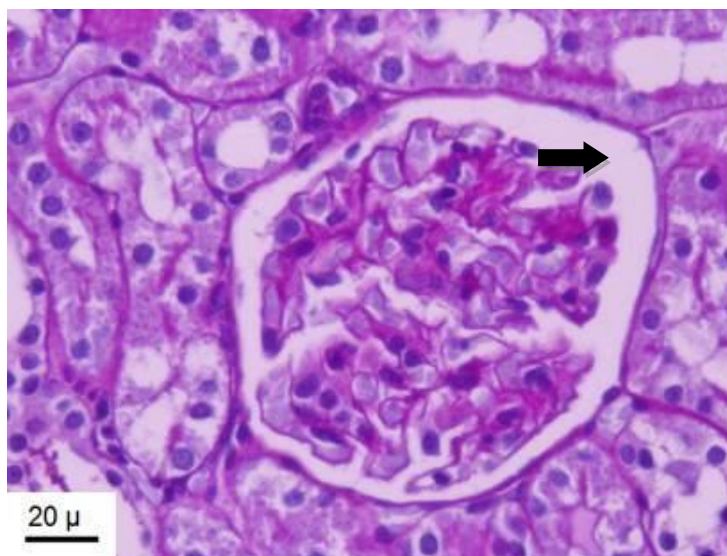


Figure 7. Diabetic acarbose group: nearly normal histological structure, glomerular basement membrane thickening (→) was observed in some areas. H and E $\times$ 100.

might be associated with the oxidative stress. In several studies, contradictory SOD activities were reported as decreased, unchanged or increased in type 2 diabetes (Tas et al., 2007). In our study, no difference was found in erythrocyte SOD activities, whereas liver SOD activities significantly increased in diabetic control group.

Decreased superoxide dismutase in liver tissue indicated an increased oxidative stress in diabetic control.

Furthermore, high blood glucose level in diabetic patients leads to formation of reactive oxidants causing oxidative damage (Atalay, 2002). In diabetes mellitus, hyperglycaemia induces the peroxidative reactions in lipids,

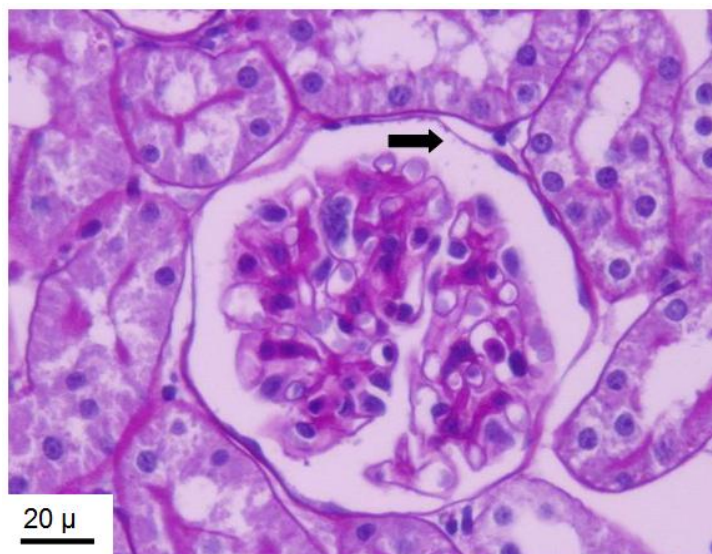


Figure 8. Diabetic F13 group showing glomerular basement membrane thickening (→) as observed. H and E $\times 100$.

thus the product of lipid peroxidation (MDA) increases in diabetes. It was also reported that diabetes causes increased oxidative stress in many organs, especially in liver (Yilmaz et al., 2004). Similarly, we found increased erythrocyte and liver MDA levels in diabetic control group, whereas erythrocyte MDA levels reduced in diabetic group treated with F13. Also, liver MDA levels of acarbose and F13 treated diabetic groups were significantly decreased when compared to diabetic control. However, acarbose and F13 treatment resulted in normalization of MDA levels which may contribute to the beneficial effect on liver lipid peroxidation.

Considering the NOS activities of the groups, no statistically significant differences were found between the control and the other groups. In addition, significantly lower NOS levels were observed in diabetic group treated with acarbose compared to diabetic control group. In diabetic patients, oxidative stress produced in tissues as a result of hyperglycemia leads to overproduction of NO. This overproduction results in various complications in a number of organs such as eye, kidney and cardiovascular system in type 1 and type 2 diabetes (Kawamura et al., 1998; Hwua et al., 2003). In our study, we found that acarbose, an antidiabetic agent, affects diabetes in a positive way by reducing NOS levels and decreasing NO production. Meanwhile, no significant differences were found between control and experimental groups regarding GPx and catalase activities. It has been reported that the levels of antioxidant enzymes such as erythrocyte GPx and catalase of type 1 and type 2 diabetic patients were decreased (Atalay, 2002).

In various studies, it has been reported that diabetes developed by STZ causes histological changes in liver (Gunes et al., 1999). In our study, nuclear hypertrophy

and binuclear hepatocytes were observed in liver tissues of diabetic control groups, whereas normal formations were seen in liver histology of control groups and treated diabetic group. As a result, we observed that the herbal formulation (F13) obtained from Karkim shows antidiabetic and antioxidative properties in diabetes complications, and acarbose cured partially the defects of antioxidant enzymes and histological structure caused by diabetes by reducing blood sugar. Hence, there is need for conducting clinical research in herbal drugs and formulation, developing simple bioassays for biological standardization, pharmacological and toxicological evaluation, and developing various animal models for toxicity and safety evaluation. It is also important to establish the active components from these plant extracts.

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Full Length Research Paper

Ferriprotoporphyrin IX-*Combretum imberbe* crude extracts interactions: Implication for malaria treatment

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Leaves from *Combretum imberbe* traditionally used to treat symptoms of malaria in most parts of Southern Africa were studied for interaction of its crude methanolic, ethyl acetate and hexane extracts with hemin a product of hemoglobin degradation in 40% water-dimethylsulphoxide at pH 9, 7.4 and 5 using a spectrophotometric method. It has been established that hemin is the target of antimalaria quinolines thus, interaction of extracts with hemin may represent a crucial initial screening test to define efficacy. Observations were compared to results of interaction of hemin with quinine and artemisia as standards. The present results indicate that hemin complexed more strongly with methanolic extracts than with ethyl acetate and hexane extracts. The binding constants were pH-dependent. The present results are interesting because the crude extracts share a similar mode of action with quinine and artemisia with an isosbetic point at 352 nm. Methanolic extract showed better affinity for hemin than artemisia with complexation constants (K) of 1.011×10^4 and 0.612×10^4 M, respectively. However, quinine showed better affinity than methanolic extract with K of 1.101×10^4 M.

Key words: Ferriprotoporphyrin IX, *Combretum imberbe*, crude extracts, hemin.

INTRODUCTION

Malaria is becoming very difficult to treat everyday due to drug resistance of plasmodium (WHO, 2005; Egan, 2004), therefore calling for studies in alternative medication. Medicinal plants from folk remedies offer attractive options. It has been established that hemin is primarily involved in the anti-malarial activity of drugs (Tekwan and Walker, 2005; Dechy et al., 2002, 2003; Gong et al., 2001; Egan, 2002, 2004; Cointeaux et al., 2003). Thus, the interaction of herbal extracts with hemin may represent an initial crucial screening test to define efficacy. In the blood, *Plasmodium falciparum* use host's hemoglobin as a food source. This takes place in an acidic environment within the parasite called a food vacuole that has a pH in the range 5.0 to 5.6 (Spiller et

al., 2002). Its proteolytic enzymes degrade hemoglobin and it use the amino acids derived from digestion for its biosynthetic needs. Hemoglobin degradation is an ordered process, which involves a number of proteases (Eggleson et al, 1999; Rosenthal et al., 2002). Denatured globin formed by plasmepsins is further degraded into small peptides by other proteases. A cysteine protease, falcipain, has been characterized from *P. falciparum* (Wu et al., 2003). It degrades denatured globin (Mpiana et al., 2007). Large quantities of free nonpoisonous heme groups are released from hemoglobin degradation (Tekwan and Walker, 2005; Macreadie et al., 2000). The formed heme is autoxidized into ferric form (hemin; aquaferriprotoporphyrin IX), which is highly toxic. It inhibits vacuolar proteases and damage parasite membranes (Berman and Adams, 1997). Detoxification of heme is therefore important for the survival and growth of malaria parasite (Meshnick, 2002). In the host, detoxification of heme is achieved by an enzyme heme

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oxygenase. It breaks heme to form biliverdin.

A second enzyme biliverdin reductase, converts biliverdin into bilirubin, which is further converted into a water-soluble conjugate and excreted through urine. Malaria parasite does not use this pathway for heme metabolism. In the food vacuole, heme is changed into hemozoin, a malaria pigment, which is a dimer of heme units linked through an iron-carboxylate bond (Pagola et al., 2000). Digestion of hemoglobin releases heme into the food vacuole, where it is oxidized to hematin. Heme is becoming another possible drug target and has been implicated in the mode of action of endoperoxide antimalarials, such as artemisinin and its derivatives (Tekwan and Walker, 2005; Robert et al., 2002). Hematin is said to be the target of chloroquine and other quinoline antimalarials. It has been shown that histidine-rich protein 2, (a histidine- and alanine-rich protein produced by *Plasmodium falciparum*) has been implicated as an enzyme or, more likely an initiator in the process of formation of hemozoin. Drugs like chloroquine and quinine mode of action has been shown to inhibit hemozoin formation through direct interaction with hematin (Kaschula et al., 2002), by displacing hematin from histidine-rich protein 2 (Pandey et al., 2006), or by preventing its binding to this protein. In this study a rapid screening method for investigating the ability of *Combretum imberbe* extracts to prevent hemozoin formation is followed.

C. imberbe Warwa, family Combretaceae grows widely in Southern African forests. In Zimbabwe, Zambia, Namibia and Mozambique it is used in folk medicine for treating various diseases such as malaria, diarrhea and bilharzia (Dan et al., 2010). Chewing *Combretum imberbe* leaves is regarded as a remedy for coughing or a bad cold (Ribeiro et al., 2010). Its ashes are used as toothpaste (Ribeiro et al., 2010). Angeh et al. (2007) reported antibacterial and anti-inflammatory activity of a triterpenoid extracted from *Combretum imberbe*. The interactions of hemin with selected herbal extracts obtained from *Combretum imberbe* leaves were investigated in water-dimethylsulphoxide mixture at pH 5, 7.4 and 9 using spectrophotometric method.

MATERIALS AND METHODS

All of the solvents used were of analytical grade purchased from Merck Co. (Germany). Hemin chlorides, Artemisinin, Tris (hydroxymethyl)-methylamine (Tris), and hydrochloric acid were purchased from Sigma Chemical Co. (St Louis, Germany). Quinine sulfate dihydrate was purchased from Fluka.

Plant collection

Plant leaves were collected from Chindunduma Mountains, Mashonaland Central, Zimbabwe, in December 2011. Selection was based on interviews with local communities. The plant

specimens were identified by a taxonomist at Harare Botanical Garden and voucher specimen 2011/6 was deposited in the Chemistry Department of Bindura University (natural product section). Leaves were air-dried in the shade for two weeks and then ground into a fine powder using a wooden mortar and pestle.

Extraction

Ground Leaves of about 100 g were subjected to sequential cold extractions for 5 h using hexane, ethyl acetate and methanol. The extracts were decanted and filtered through Whatman No. 1 filter paper and the resulting filtrates were dried under reduced pressure at 40°C on a Buchi rotary evaporator. The percentage yield for each sample was determined and the crude extracts were stored in a freezer.

Preparation of buffer solutions

Tris-HCl buffer solutions were prepared by mixing different amounts of 0.2 mol.dm⁻³ Tris and 0.2 mol.dm⁻³ HCl to give the required pH. For 100 ml of Tris-HCl buffer, 25 ml of Tris was mixed with 20.7 ml of HCl and diluted with distilled water to achieve a pH of 7.4. For pH 9, 25 ml of Tris was mixed with 2.5 ml of HCl and diluting it with distilled water to 100 ml. 25 ml of Tris was mixed with 30.6 ml of HCl and diluted with distilled water to achieve a pH of 5.

Water- Dimethylsulphoxide (DMSO) mixture

Water-dimethylsulphoxide (DMSO) mixture was adopted as a solvent of choice because it does not present some limitations with regard to the solubility of the reacting parties and dimerization process of hemin can be well controlled (Mpiana et al., 2007). Forty percent aqueous DMSO solutions (v/v) were prepared by mixing 40 ml of DMSO with 60 ml of corresponding buffer so that the final pH of the mixture was 5, 7.4 or 9.

Hemin solutions

Stock solutions, 306 µmol L⁻¹ in concentration were prepared by first dissolving 10 mg of hemin in 20 ml of DMSO, followed by addition of 30 ml of buffer solutions. Stock solutions of hemin were refrigerated at 4°C and stored in the dark.

Quinine

Stock solutions (0.002 mol.L⁻¹) were prepared by dissolving 16.2 mg with 25 ml of acidic distilled water and then 10 ml of DMSO, followed by 15 ml of buffer.

Artemisinin solutions

Artemisinin stock solutions, (0.002 mol L⁻¹) were prepared by dissolving 14.1 mg with 10 ml of DMSO, followed by 15 ml of buffer.

Extract solutions

Extract stock solutions were prepared by dissolving 14.1 mg with 10 ml of DMSO, followed by 15 ml of buffer.

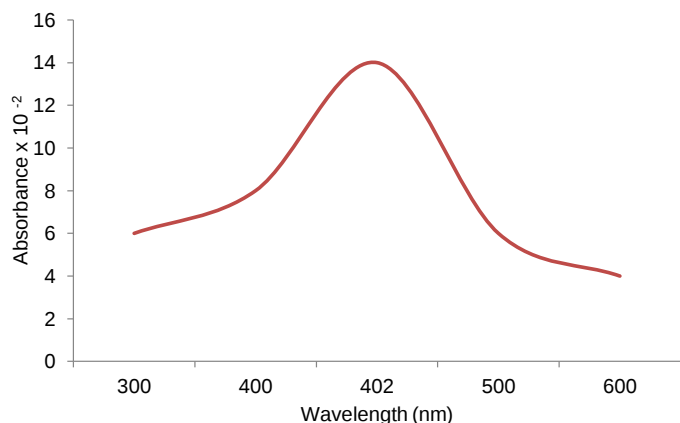


Figure 1. Spectra of hemin solutions in 40 % dimethylsulphoxide pH 5, temperature 36°C.

Hemin- drugs spectrophotometric titrations.

This was investigated in water-DMSO mixture at pH 5, 7.4 and 9 using spectrophotometric method. Titrations were carried out at the hemin characteristic Soret band at 402 nm by mixing a constant volume (0.3 ml) of hemin solution with various concentrations of quinine/ artemisinin / extract solutions. Before each measurement of absorbance, working solutions were incubated at 36°C for 10 h.

RESULTS AND DISCUSSION

Hemin was dissolved in 40% dimethylsulphoxide and it showed maximum wavelength at 402 nm (Figure 1). This was adopted as the working wave length.

The absorption wavelength at 333 nm is for derivatives of quinine, artemisia and extracts except for hexane extract. It can be seen that addition of quinine, artemisia and extracts modifies the hemin spectrum; however the peak maximums of hemin are still at about 402 nm. This reveals that the complexation does not involve significant changes in the structure of the porphyrin ring of the ferriprotoporphyrin IX. The results also show that quinine, artemisia and extracts produces an isosbetic point at 352 nm Figure 2. Titration of hemin by increasing amount of quinine, artemisia and extracts in mixed water-dimethylsulphoxide solution produced spectral changes shown in Figure 3 to 5. It can be seen that the hemin peak decreases with increasing total quinine, artemisia and extracts concentration except that for hexane extract. The results are similar to those observed on deuterohemin-quinine and hemin-chloroquine interactions in other mediums (Mpiana et al 2007; Tekwan and Walker, 2005; Gushimana et al., 1993).

Binding constant of hemin-drug complexes

The interaction between hemin (H) and antimalarial drug

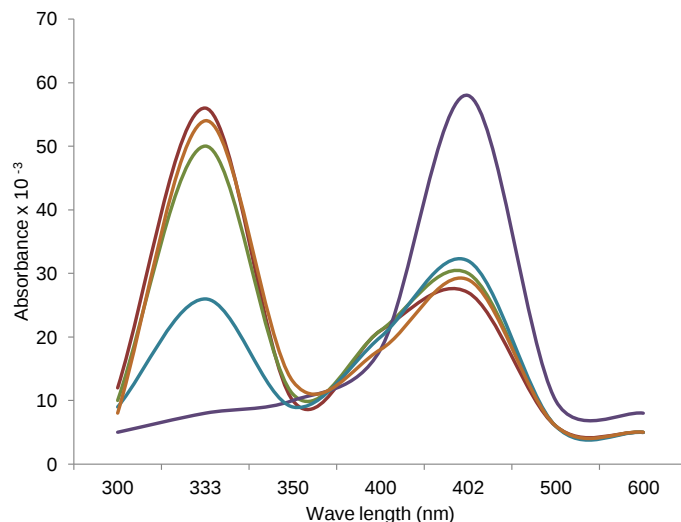


Figure 2. Hemin-drugs absorption spectrum after 10 h incubation pH 5, temperature 36°.

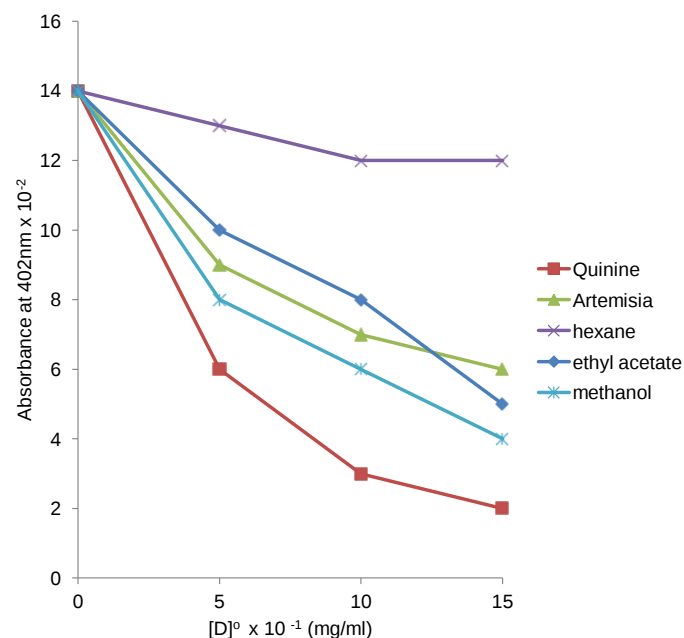


Figure 3. Absorbance of hemin at 402 nm at different concentrations of quinine, artemisia and extracts after 10 h incubation pH 5, temperature 36°C.

(D) can be described according to the equilibrium;



If solutions are dilute, the association constant K of complex HD can be written as:

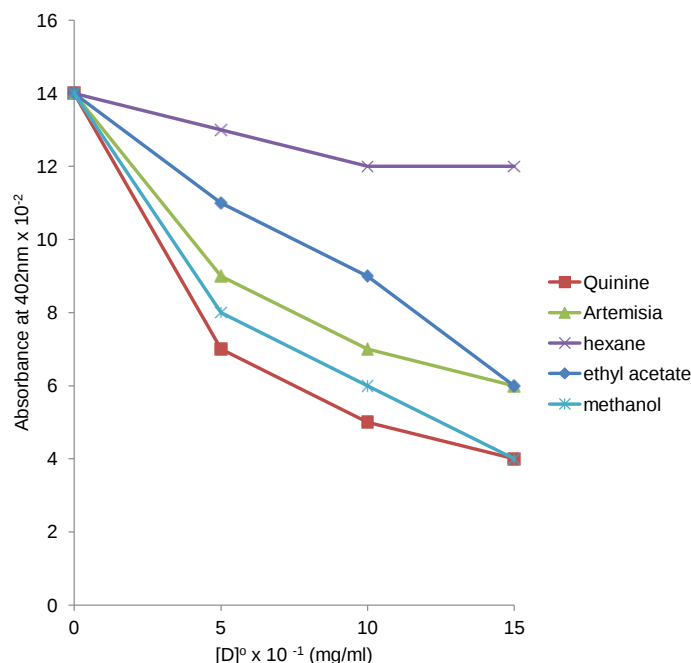


Figure 4. Absorbance of hemin at 402 nm at different concentrations of quinine, Artemisia and extracts after 10 h incubation pH 7.4, temperature 36°C.

$$K = \frac{[HD]}{[H]_i [D]_i} \quad (2)$$

where $[HD]$ is the concentration of complex and $[H]_i$ and $[D]_i$ are initial concentration of hemin and drug respectively.

It can also be seen that;

$$[H]_i = [H]_t + [HD] \quad (3)$$

where $[H]_t$ is the concentration of free hemin after time t . Similarly for the drug the expression becomes

$$[D]_i = [D]_t + [HD] \quad (4)$$

where $[D]_t$ is the concentration of free drug after time t . Combining equations 1 to 4 affords a quadratic equation:

$$[HD]^2 - ([H]_i + [D]_i + \frac{1}{K}) [HD] + [H]_i [D]_i = 0 \quad (5)$$

One root of Equation 5 is given by;

$$[HD] = \frac{1}{2} [H]_i + [D]_i + \frac{1}{K} - \sqrt{([H]_i + [D]_i + \frac{1}{K})^2 - 4[H]_i [D]_i} \quad (6)$$

The optical density of the hemin-quinine, artemisia or

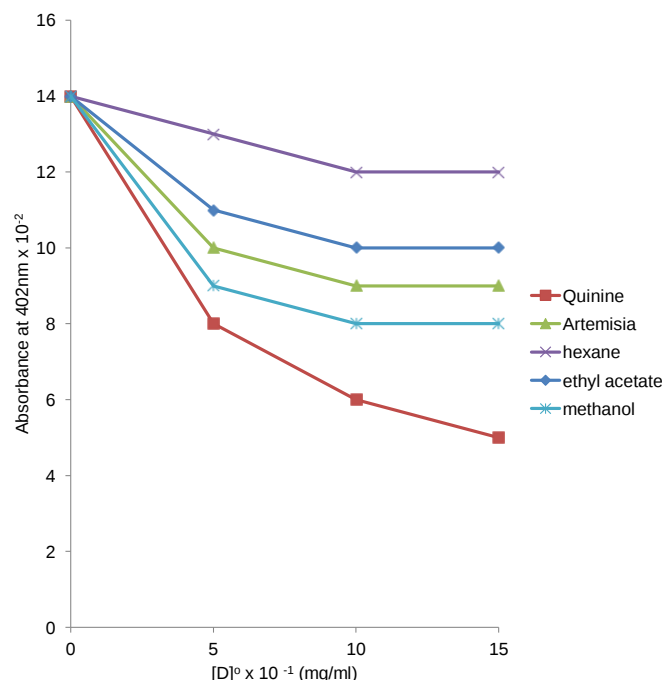


Figure 5. Absorbance of hemin at 402 nm at different concentrations of quinine, Artemisia and extracts after 10 hour incubation pH 9, temperature 36°C.

extracts can be expressed as;

$$\frac{A}{d} = [H] \epsilon_H + [HD] \epsilon_{HD} \quad (7)$$

where A and d are the optical density and the light path, respectively, and ϵ_H and ϵ_{HD} are the molar extinction coefficients of hemin and its quinine, artemisia or extracts complex.

Combining Equations 3, 6 and 7 yield the following equation;

$$A = A_i + \frac{1}{2} d \Delta \epsilon [H]_i + [D]_i + \frac{1}{K} - \sqrt{([H]_i + [D]_i + \frac{1}{K})^2 - 4[H]_i [D]_i} \quad (8)$$

where A_i is the molar extinction of hemin solution at $[D]_i = 0$, and $(\Delta \epsilon = \epsilon_{HD} - \epsilon_H)$ is the difference of the molar extinction coefficients between hemin complex and free hemin. The basic data are initial concentrations of hemin $[H]_i$ and quinine, artemisia or extracts $[D]_i$ and the corresponding optical absorption of hemin (A). Given this data (parameters) more importantly the equilibrium constant K , can be obtained according to Equation (8). Microsoft Origin 6.1 package computed K values for quinine, artemisia or extracts at different pH as shown in Table 1.

The complexation of ferriprotoporphyrin IX with the drugs plays the role of bringing back the hemin into solution such that it is prevented from polymerization.

Table 1. Binding constant of hemin- quinine, artemisia or extracts complexes at various pH.

pH	$K (10^4 \text{ M})$				
	Hemin-quinine	Hemin- artemisia	Hemin- methanol extract	Hemin- ethyl acetate extract	Hemin- hexane extract
5	1.101	0.612	1.011	0.410	0.010
7.4	1.103	0.611	1.010	0.401	0.010
9	0.501	0.610	0.408	0.311	0.010

Accumulation of hemin in the food vacuole will result in the death of the parasite (Mpiana et al., 2007; Meshnick, 2002). The capability of extracts to complex with hemin will inhibit the formation of hemozoin (hemozoin). The extract that has a greater affinity with hemin maintains more hemin in solution and is thus more effective. This means that methanolic extracts ($K = 1,011 \times 10^4 \text{ M}$ at pH 5) show the highest efficiency, followed by ethyl acetate extract ($K = 0.410 \times 10^4 \text{ M}$ at pH 5). Hexane extract revealed no affinity for hemin hence less effective. It can also be seen that values of K are pH-dependent. The dependence may be due to acidic-basic equilibrium influence on electrostatic interactions between hemin and the drugs (Steele et al., 2002; Bienvenu, 2007).

The decrease in absorbance of the hemin band can be as a result of two possible processes, either addition of micro molar concentrations of drug inducing aggregation of hemin or the changes may show drug association with hemin (Bienvenu, 2007). A large decrease in the absorbance of the band may indicate aggregation; equally large decreases may be caused by formation of p-p (donor-acceptor) complexes (Egan et al., 2000, Egan and Marques 1997). Generally, spectral changes of iron porphyrins in the visible region vary depending on the conditions of solvents and pH and the nature of interacting species. The decrease of hemin absorbance is dependent on the drug concentration. For this study dilution experiments showed that Beer's law is strictly adhered to in the concentration range studied thus providing no evidence of hemin aggregation within this concentration range (Mpiana et al., 2007).

The most plausible explanation for these spectral changes therefore, is the presence of drug-hemin association. Another feature on the titration curves Figure 2 is an appearance of an isosbetic point around 352 nm. Such behaviour indicates an equilibrium establishment between two species (Bilia et al., 2002). These spectral changes reveals progressive disruption of delocalized -electron system of the hemin tetrapyrrole ring. Similar results have been observed with *Momordica foetida* extracts (Froelich et al., 2007) and medicinal plant extracts (Steele et al., 2002).

Conclusion

In the light of the present results it has been shown that

hemin, a product of hemoglobin degradation complex with crude extract of *Combretum imberbe*. It was observed that hemin complex more strongly with methanolic extract than with ethyl acetate and hexane extract, and binding constants were pH-dependent. The present results show that *Combretum imberbe* has a potential of becoming a future medication for malaria treatment. It shares a similar mode of action as the highly successful quinolines drugs such as quinine. Future studies may focus on isolation identification and toxicity studies of the bioactive compounds.

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Full Length Research Paper

Effect of vitamin E and α -lipoic acid on nano zinc oxide induced renal cytotoxicity in Rats

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The objective of this study is to detect toxic effects of two different doses of nano zinc oxide (ZnO-NP) particles. Moreover, a comparative study was conducted to modulate this toxic effect by the use of two natural antioxidants vitamin E (Vit E) and α -lipoic acid (α -Lip). The results of the current study revealed that ZnO-NP treatment produced hazard effects which were confirmed by the elevation of vascular endothelium growth factor (VEGF) as well as nitric oxide levels in rat serum. Inflammatory markers, including tumor necrosis factor alpha (TNF- α), Interleukin-6 (IL-6), C-reactive protein (CRP) and IgG were also elevated in rat serum compared to control normal group. Additionally, blood glucose level, as well as serum urea, and creatinine levels were significantly increased in rats intoxicated with ZnO-NP compared to normal control group. On the other hand, reduced glutathione (GSH) level was decreased in renal tissue. These biochemical findings were supported by the histopathological examination of renal tissue and the hazardous effects were dose dependant. Treatment of rats with Vit E or α -Lip along with ZnO-NP administration significantly alleviates most of the elevated previous biochemical parameters. Histopathological examination revealed that animals that received α -Lip or Vit E along with ZnO-NP showed moderate histopathological changes in the form of shrinkage and fragmentation of moderate number of glomeruli with exfoliation of tubular epithelial cells and tubular casts in moderate number of renal tubules. It was concluded that treatment with either α -Lip or Vit E has a beneficial effect against ZnO-NP oxidative stress and related vascular complications.

Key words: C-reactive protein (CRP), interleukin-6 (IL-6), nano zinc oxide, tumor necrosis factor alpha (TNF- α), vascular endothelium growth factor (VEGF).

INTRODUCTION

Nanoparticles are potential hazardous compound that can stick to cell membrane and penetrate into specific cells in the body. The surface of the nanoparticles could be modified and adapted to the environmental change so as to avoid the recognition and elimination by the human body (Salata, 2004). Nanoparticles could translocate from

the lumen of the intestinal tract via aggregations of intestinal lymphatic tissue (Peyer's patches [PP]) containing M-cells (specialized phagocytic enterocytes) (Delie, 1998). Accidental or involuntary contact during production or use is most likely to happen via the lungs from where a rapid translocation through the blood stream is possible to other vital organs (Brook et al., 2004). Due to their small size, nanoparticles can translocate from these entry portals into the circulatory and lymphatic systems, and ultimately to body tissues and organs. Some nanoparticles, depending on their

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composition and size, can produce irreversible damage to cells by oxidative stress or/and organelle injury (Nam et al., 2003).

The distribution of these NP to other organs, such as liver, spleen, brain, heart and kidney may lead to dysfunction of these organs as well. Exposure to some nanoparticles is associated to the occurrence of autoimmune diseases such as systemic lupus erythematosus, scleroderma a, and rheumatoid arthritis (Buzea et al., 2007). It has also been proposed that the size of NP surface area greatly increases their ability to produce reactive oxygen species (ROS) (Moller et al., 2010). Published data indicated that numerous metallic elements are selective nephrotoxins that preferentially accumulate and produce cellular injury in the kidney which permits unrestricted use, distribution and reproduction in any medium (Igor Pujalté et al., 2011).

Alteration in total reduced glutathione (GSH) (tGSH) level content in cells can be considered as an indication of adaptive response of the cell to oxidative damage. Nanoparticles of ZnO at high concentrations significantly decreased the tGSH level compared with control values, indicating functional damage to kidney tissues (Moron, 1979). GSH is essential for maintaining cellular integrity. Thus, it protects cells from oxidative damage. GSH also has a major role in restoring other free radical scavengers and antioxidants such as Vit E and L-ascorbic acid (Ankush Gupta et al., 2011). GSH is able to conjugate with endogenous or exogenous substances and prepare them to eventual excretion; this occurs enzymatically by series of enzymes called glutathione transferase. This detoxification of compounds by conjugation with GSH occurs mainly in kidney and liver (Lomaestro and Malone, 1995). Tumor necrosis factor alpha (TNF- α) is an important upstream regulator of various cytokines induced in response to diverse stimuli as well as ROS. Recently, *in vivo* cell experiments showed that exposure to ZnO-NP resulted in oxidative damage and inflammation response in vascular endothelial cells (Gojova et al., 2007). Considering the hazards of treatment failure, drug resistance and heavy costs associated with current drug therapy, natural products and medicinal plants have attracted interest of many researchers in this field (Innsan et al., 2011; Gavanji et al., 2011; Lin et al., 2011).

α -Lipoic acid is a natural cofactor for pyruvate dehydrogenase complex that occurs in the mitochondria of different tissues as liver, kidney and heart tissues (Biewenga et al., 1997). α -Lipoic (α -Lip) acid is a potent antioxidant. Three distinct antioxidant actions of α -Lip and its reduced form, dihydrolipoic acid, have been observed to possess reactive oxygen species scavenging activity; capacity to regenerate endogenous antioxidants such as glutathione and vitamins C and E and metal-chelating activity (Biewenga et al., 1997; Packer et al., 1995). α -Lipoic acid administration to obese Zucker rats improves insulin-stimulated glucose uptake in muscle

(Jacob et al., 1996; Streeper et al., 1997). α -Lipoic acid was reported to cause acute hypoglycemia by decreasing hepatic glucose output (Randle et al., 1988), lowered systolic blood pressure, glucose level and tissue aldehyde conjugates and attenuated adverse renal vascular changes (Vasdev et al., 2000).

Vitamin E is also essential for maintaining the integrity, function and flexibility of cell membranes, Vit E is also an important fat soluble antioxidant. Tocopherol serves to detoxify and remove reactive nitrogen species (RNS) from the body. Tocotrienols work best as a team to quench the lipid and nitrogen free radicals known to cause injury to cells and tissues. Aside from its antioxidant properties, Vit E may support normal cell division and immune health, influence blood coagulation speed and provide protection to neural tissues (Skrzydowska et al., 2001; Coulter et al., 2006). The objective of this study was to assess renal cell responses to ZnO-NPs so as to show their potential toxic biological responses and investigate the renoprotective effect of α -Lip and Vit E.

MATERIALS AND METHODS

Chemicals

The 50-nm ZnO powders were purchased from Sigma Co. (USA). All chemicals used were of high analytical grade, product of Sigma and Merck companies.

Animals and treatments

Fifty Wistar albino rats weighing 180 to 200 g were used. The rats were obtained from the Experimental Animal Care Center, College of Pharmacy, King Saud University. Animals have been kept in special cages and maintained on a constant 12-h light/12-h dark cycle with air conditioning and temperature ranging 20 to 22°C and humidity (60%). Rats were fed with standard rat pellet chow with free access to tap water *ad libitum* for one week before the experiment for acclimatization. Animal experimental protocols were performed in accordance with the guidelines provided by the Experimental Animal Laboratory and approved by the Ethic Committee in Research of the King Saud University, College of Pharmacy.

After one week acclimation, the rats were kept fasting over night before treatment and randomly divided into two classes according to the dose of ZnO-NP administered to rats. Class I consisted of four groups (ten rats per group): G1: normal healthy animals; G2 - G4: animals orally administered 600 mg/kg body weight/day ZnO-NP for 5 days (Wang et al. 2008a) and divided as follows: G2: ZnO-intoxicated animals with a low oral dose (600 mg/kg/day) daily for 5 days; G3: ZnO-intoxicated animals co-administered α -Lip (200 mg/kg) daily (Sharma and Gupta, 2003); G4: ZnO-intoxicated animals co-administered Vit E (100 mg/kg) daily (Ishtat et al., 2009). On the other hand, Class II consisted of three groups (G5-G7; ten rats per group) orally administered 1 g/kg body weight/day for 5 days ZnO-NP (Wang et al. 2008a), and divided as follows: G5: ZnO-intoxicated animals with a high dose (1 g/kg/day) daily for 5 days; G6: ZnO-intoxicated animals co-administered α -Lip (200 mg/kg) daily; G7: ZnO-intoxicated animals co-administered Vit E (100 mg/kg) daily.

α -Lipoic acid and Vit E were orally administered daily for three

constitutive weeks from the beginning of the experiment. The body weights of rats were recorded before and after the administration period. Three weeks later and after 24 h of the last dose administration, rats were fasted overnight then sacrificed and the blood was collected. Serum was separated and kept at -80°C for different biochemical estimations. Both the kidneys were harvested through a midline incision, rinsed in cold isotonic saline, homogenized, and frozen at -80°C for estimations of GSH content. Another three kidneys from each group were kept in 4% formalin for histopathological examination.

Serum biochemical analysis

Determination of TNF- α level

TNF- α in serum was determined using commercially available enzyme-linked immunosorbent assays (ELISA) following the instructions supplied by the manufacturer (Duo Set kits, R and D Systems; Minneapolis, MN, USA). The results are shown as pg of cytokine per ml.

Determination of C-reactive protein (CRP) level

CRP was measured with latex-enhanced immunonephelometry on a Behring BN II nephelometer (Dade Behring). In this assay, polystyrene beads coated with rat monoclonal antibodies bind CRP present in the serum sample and form aggregates. The intensity of scattered light is proportional to the size of the aggregates and thus concentration of CRP present in the sample. The intra-assay and inter-assay coefficients of variation for CRP were 3.3 and 3.2%, respectively. The lower detection limit of the assay was 0.15 mg/L (Kim et al., 2010).

Determination of vascular endothelium growth factor (VEGF) level

The level of VEGF in serum was determined at 492 nm by quantitative colorimetric sandwich ELISA (R and D systems, UK) in accordance with the manufacturer's instructions (Yao et al., 2005). Concentrations were calculated using a standard curve generated with specific standards provided by the manufacturer.

Determination of IgG level

The IgG level was measured in serum using a sandwich ELISA. The capture antibody was goat anti-rat IgG (Kirkegaard and Perry Laboratories, Inc., Gaithersburg, MD). Standards were prepared from rat IgG (Sigma Chemical Co., St. Louis, MO). Goat anti-rat IgG peroxidase conjugates were diluted at 1:250 in phosphate buffered saline/bovine serum albumin (PBS/BSA) (from Kirkegaard and Perry Laboratories, Inc.) and used as detecting antibodies. The chromogenic substrate used was 2,2'-azino-di[3-ethylbenzthiazoline sulfonate] (ABTS; Kirkegaard and Perry Laboratories, Inc.). Color development was detected via optical density at 405 nm using an automated ELISA plate reader (Bio-tek Instruments, Inc., Winooski, VT) and immunoglobulin concentrations were determined by comparing sample color development to standard curves (Kineticalc, Bio-tek Instruments Inc.).

Determination of interleukin-6 (IL-6) level

IL-6 was measured by ultra-sensitive ELISA (Quantikine HS Human IL-6 Immunoassay; R and D Systems, Minneapolis, MN) with an

analytical CV of 6.3% and a detection level of 0.04 pg/ml (Kaden, 2007).

Determination of nitrite level

Nitrite level concentration (an indirect measurement of NO synthesis) was assayed using Griess reagent (sulfanilamide and N-1-naphthylethylenediamine dihydrochloride) in acidic medium (Moshage et al, 1995).

Determination of glucose level, serum urea, creatinine and uric acid level

Glucose level was estimated using the method of Trinder (1969). Moreover, serum was assayed for urea, creatinine, and uric acid by using standard diagnostic kits.

Determination of GSH level in renal tissue

Renal content of GSH was estimated according to the method of Moron et al. (1979).

Histopathological technique

Samples of kidney tissues were collected to be fixed in 4% formaldehyde for 24 h, and then they were dehydrated in ascending grades of ethyl alcohol, then cleared in xylene and embedded in paraffin. Paraffin blocks were cut by microtome at 4 μm , and then fixed on glass slides to be ready for staining. Subsequently, sections were stained with hematoxylin and eosin (H and E), hydrated in descending grades of alcohol, stained with hematoxylin to stain the nuclei, and then stained with eosin to stain the cytoplasm. Another set of unstained slides were stained with Masson's trichrome stain to visualize deposition of collagen fibers which usually takes the green coloration (Smith and Bruton 1978).

Statistical analysis

Data are presented as the mean $\pm$ S.D. Statistical analysis was performed using Instat-3 computer program (Graph pad software Inc, San Diego, CA, USA). One way analysis of variance (ANOVA) followed by Bonferroni multiple tests was used to determine the differences between means of different groups. The level of significance was set at $p \leq 0.05$.

RESULTS

The current investigation revealed that ZnO-NP treatments either in low or high dose did not affect neither body weight nor kidney weight compared to control group. Also, administration of the two antioxidants had no effect on body or kidney weights (Tables 1 and 2). Oral administration of the two doses of ZnO-NP significantly elevated NO, glucose and IgG serum levels, whereas the elevation in VEGF level was dose-dependent compared to normal control values (Figures 1 and 3). Administration of either α -Lip or Vit E markedly down regulated the previous elevated biomarkers. Moreover TNF- α , IL6 and CRP serum levels were significantly elevated in both low

Table 1. Effect of α -Lip or Vit E treatments on body weight, kidney weight, and kidney/body weight % in intoxicated rats with small dose of ZnO-NP particles.

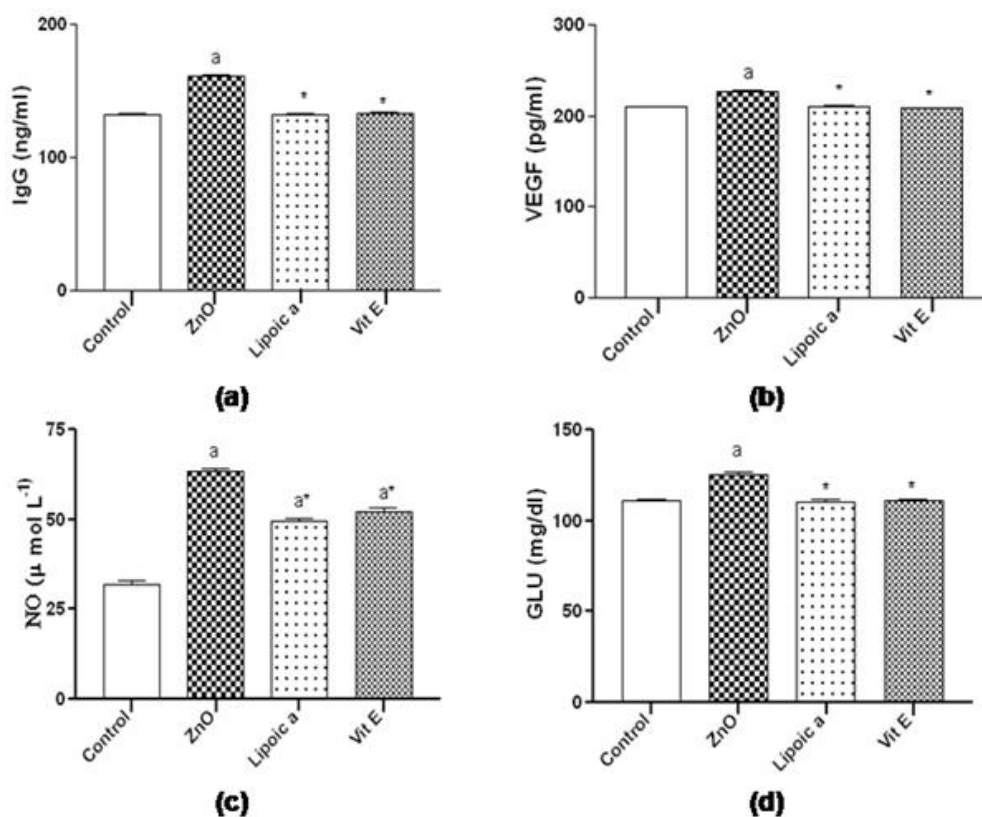
Groups	Body Weight (g)		Kidney Weight (g)	Kidney /Body Weight %
	Initial	Final		
Control	240.6 $\pm$ 8.39	266 $\pm$ 24.73	1.23 $\pm$ 0.154	0.443 $\pm$ 0.190
ZnO-NP	254.4 $\pm$ 15.15	279.6 $\pm$ 9.50	1.32 $\pm$ 0.214	0.415 $\pm$ 0.044
α -Lip	249.4 $\pm$ 14.84	277 $\pm$ 20.30	1.31 $\pm$ 0.262	0.493 $\pm$ 0.088
Vit E	248.2 $\pm$ 12.27	271.8 $\pm$ 19.66	1.22 $\pm$ 0.092	0.499 $\pm$ 0.064

Data are presented as mean $\pm$ SD of 10 rats.

Table 2. Effect of α -Lip or Vit E treatment on body weight, kidney weight and Kidney/body weight % in intoxicated rats with high dose of ZnO-NP particles.

Groups	Body Weight (g)		Kidney Weight (g)	Kidney/Body Weight %
	Initial	Final		
Control	256.9 $\pm$ 8.38	281.8 $\pm$ 20.82	1.23 $\pm$ 0.130	0.485 $\pm$ 0.088
ZnO-NP	235.5 $\pm$ 18.66	266.6 $\pm$ 25.83	0.93 $\pm$ 0.26	0.366 $\pm$ 0.151
α -Lip	250.4 $\pm$ 20.30	282.8 $\pm$ 38.85	1.33 $\pm$ 0.236	0.477 $\pm$ 0.088
Vit E	245 $\pm$ 20.58	270.6 $\pm$ 18.57	1.17 $\pm$ 0.333	0.428 $\pm$ 0.044

Data are presented as mean $\pm$ SD of 10 rats.

**Figure 1.** Effect of α -Lip or Vit E treatments on serum IgG (a), VEGF (b), total nitrate/nitrite (c) and glucose (d) levels in intoxicated rats with small dose of ZnO-NP particles. Values are expressed as mean $\pm$ S.E. ^aP < 0.001 compared to normal control group, *P < 0.001 compared to ZnO-NP intoxicated group respectively, using ANOVA followed by Bonferroni as a post-ANOVA test.

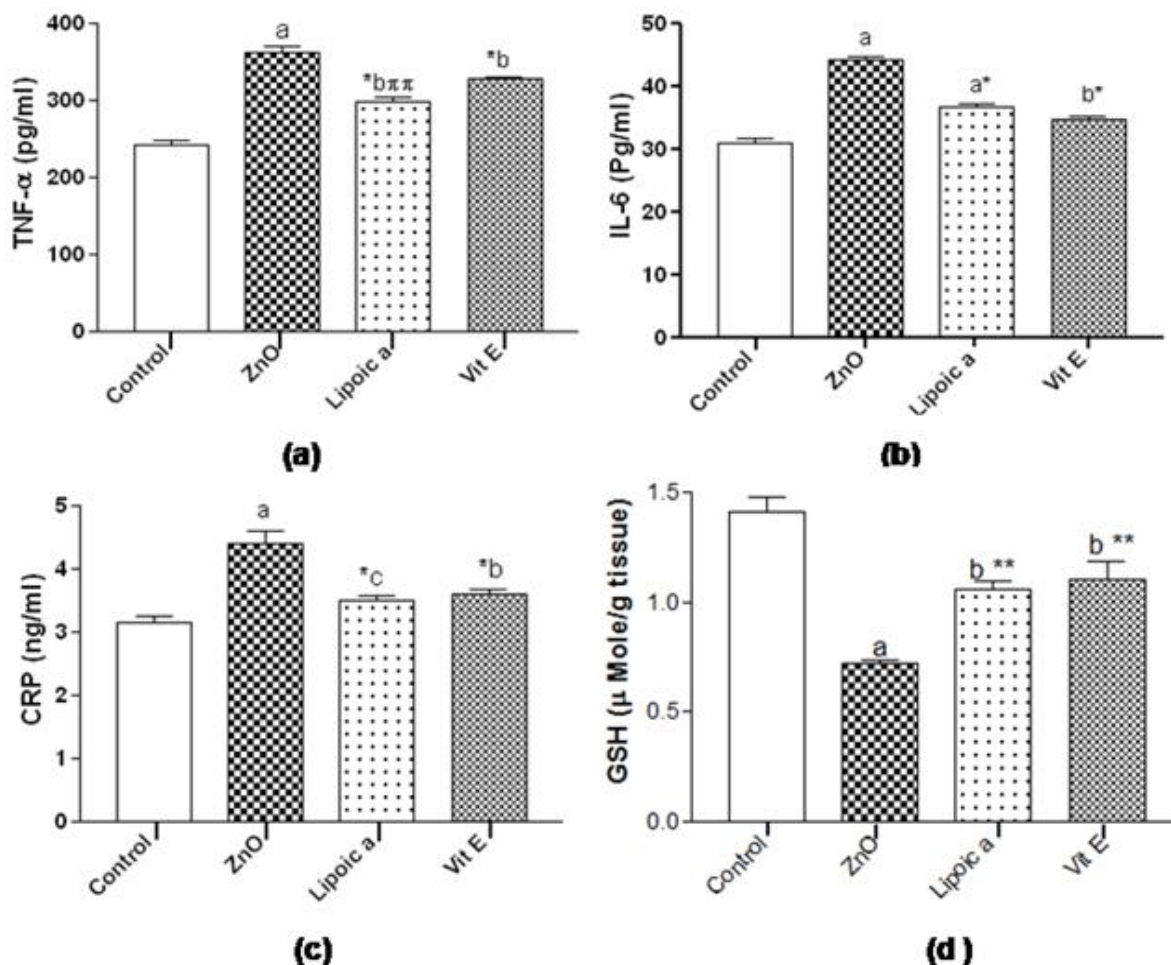


Figure 2. Effect of α -Lip or Vit E treatment on serum TNF- α (a), IL-6 (b), CRP (c), and GSH (d) levels in intoxicated rats with small dose of ZnO-NP. Values are expressed as mean $\pm$ S.E. ^aP < 0.001, ^bP < 0.01, ^cP < 0.05 compared to normal control group, *P < 0.001, **P < 0.01 compared to ZnO-NP intoxicated group, ^{πππ}P < 0.001 compared with vitamin E group, respectively, using ANOVA followed by Bonferroni as a post-ANOVA test.

and high doses ZnO-NP treatments compared to untreated group. α -Lipoic acid or Vit E treatments reduced these elevated parameters (Figures 2 and 4). On the other hand, renal GSH level decreased upon ZnO-NP treatments. Administration of either α -Lip or Vit E ameliorated the reduced GSH level (Figures 2 and 4). There was also a significant increase in urea and creatinine levels in serum of ZnO-NP intoxicated rats compared to normal control group ($p < 0.05$) (Tables 3 and 4). Vitamin E significantly decreased serum creatinine level compared to rats intoxicated with high dose of ZnO-NP ($p < 0.05$).

In general, it is obvious that α -Lip and Vit E have nearly the same antioxidant effect. The previous biochemical parameters were supported by the histopathological examination which revealed that kidney sections stained with H and E treated with high dose of ZnO-NP showed massive atrophy and fragmentation of numerous glomeruli. In addition the renal tubules showed

epithelial exfoliation, degeneration and necrosis. Some of renal tubules showed casts in their lumina. Severe congestion was observed in renal interstitium (Figure 5B). Treatment with α -Lip showed moderate histopathological changes in the form of shrinkage and fragmentation of few glomeruli with exfoliation of tubular epithelial cells and tubular casts in few renal tubules (Figure 5C). Animals that received ZnO-NP and Vit E showed histopathological changes in the form of marked hyperplasia of glomerular mesangial cells in many glomeruli, obliteration of many capsular spaces and necrosis and exfoliation of tubular epithelial cell lining of few renal tubules (Figure 5D).

On the other hand, Kidney sections stained with Masson's trichrome, of control group showed minimum amount of collagen fibers in the form of thin rim in between the renal tubules in the interstitial tissue (Figure 6A). While animals receiving high dose of ZnO-NP showed marked increase of deposition of collagen fibers

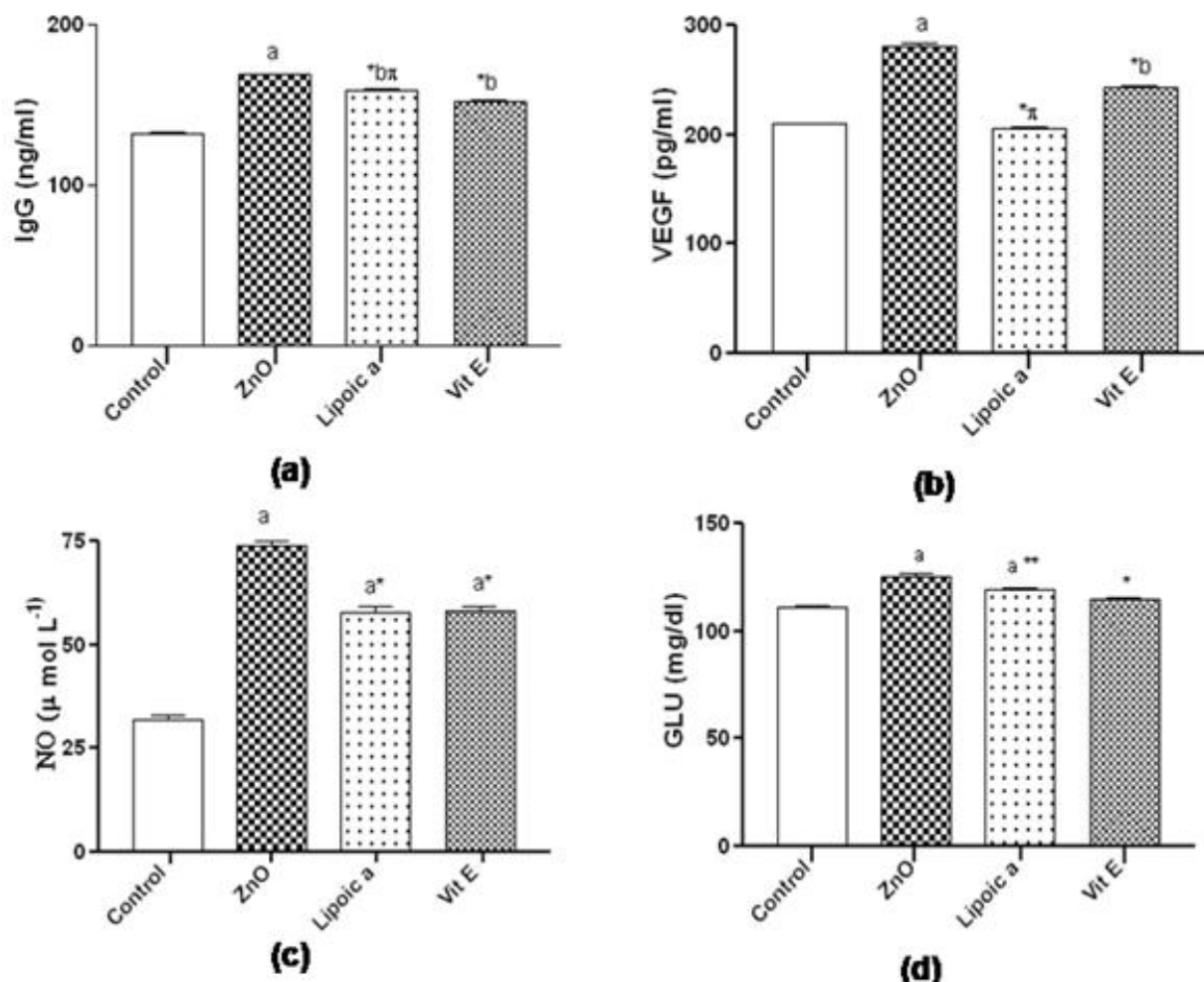


Figure 3. Effect of α -Lip or Vit E treatment on serum IgG (a), VEGF (b), total nitrate/nitrite (c), and glucose (d) levels in intoxicated rats with large dose of ZnO-NP particles. Values are expressed as mean $\pm$ S.E. ^aP < 0.001, ^bP < 0.01 compared to normal control group, *P < 0.001, **P < 0.01 compared to ZnO-NP intoxicated group, ^πP $\leq$ 0.05 compared with vitamin E group, respectively, using ANOVA followed by Bonferroni as a post-ANOVA test.

in the interstitial tissue (Figure 6B), administration of α -Lip along with ZnO-NP showed mild increase of collagen deposition (Figure 6C). Vitamin E with ZnO-NP showed moderate increase of collagen deposition (Figure 6D). Animals that received low dose of ZnO-NP showed either atrophy and fragmentation or mesangial hyperplasia of few glomeruli. However, many renal tubules showed epithelial exfoliation, degeneration and necrosis. In addition, few renal tubules showed casts in their lumina. Severe congestion was observed in renal interstitium (Figure 7B). Co-administration of ZnO-NP and α -Lip produced a shrinkage and fragmentation of few glomeruli with necrosis and exfoliation of tubular epithelial cells and tubular casts in few renal tubules (Figure 7C). In addition, animals that received ZnO-NP and Vit E showed moderate mesangial hyperplasia in many glomeruli with necrosis and exfoliation of tubular epithelial cells and tubular casts in few renal tubules (Figure 7D). Animals that received low dose of ZnO-NP showed marked

increase of collagen fibers in the interstitial tissue (Figure 8B). ZnO-NP and α -Lip and or Vit E administration showed mild increase of collagen deposition (Figure 8C and 8D), respectively. Pathological changes of low-dose group are less than those of high dose group; also collagen deposition in low-dose group is much less than high dose group.

DISCUSSION

Nanoparticles are known to disseminate to several organs such as liver, spleen, kidneys, brain or heart (Oberdorster et al., 2005; Jain et al., 2008). Kidneys play an important role in eliminating xenobiotics from the body, and thus NPs absorbed in the systemic circulation can be excreted by renal clearance (Schipper et al., 2009). Until now, little attention has been paid to renal cells as a target for NP toxicity. This study aimed to

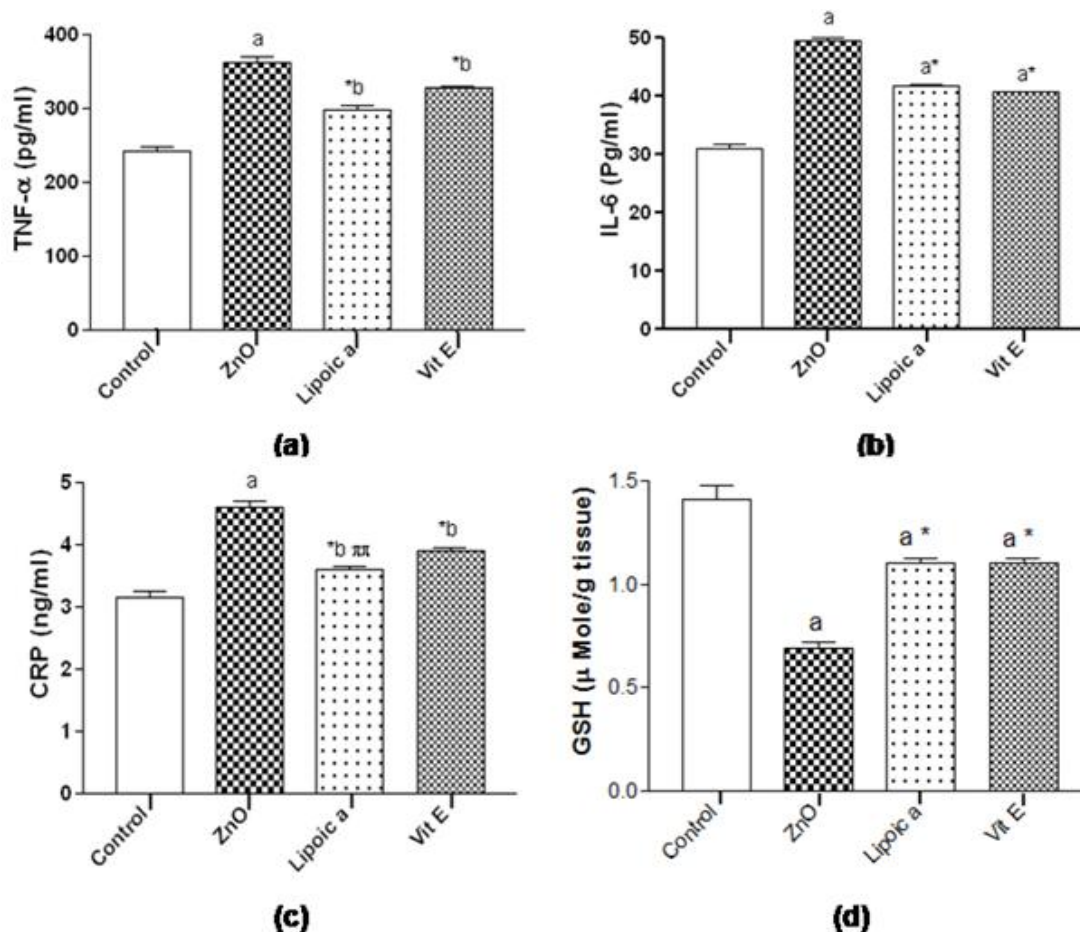


Figure 4. Effect of α -Lip or Vit E treatments on serum TNF- α (a), IL-6 (b), CRP (c), and GSH (d) levels in intoxicated rats with large dose of ZnO-NP particles. Values are expressed as mean $\pm$ S.E. ^a $P < 0.001$, ^b $P < 0.01$ compared to normal control group, ^{*} $P < 0.001$ compared to ZnO-NP intoxicated group, ^{***} $P < 0.001$ compared with Vit E group, respectively, using ANOVA followed by Bonferroni as a post-ANOVA test.

Table 3. Effect of α -Lip or Vit E treatment on serum creatinine, urea and uric acid levels in intoxicated rats with low dose of ZnO-NP.

Parameters	Control	ZnO-NP	α -Lip	Vit E
Creatinine(mg/dl)	0.5 $\pm$ 0.077	0.61 $\pm$ 0.087	0.57 $\pm$ 0.079	0.53 $\pm$ 0.026
Urea(mg/dl)	22.4 $\pm$ 5.01	33.3 $\pm$ 7.03 ^a	29.6 $\pm$ 5.77	28.8 $\pm$ 2.82
Uric acid(mg/dl)	2.2 $\pm$ 0.35	2.72 $\pm$ 0.60	2.54 $\pm$ 0.66	2.34 $\pm$ 0.51

Data are presented as mean $\pm$ S.D. of 10 rats, ^a $P \leq 0.05$ compared with normal group using ANOVA followed by Bonferroni as a post-ANOVA test.

Table 4. Effect of α -Lip or Vit E treatment on serum creatinine, urea and uric acid level in intoxicated rats with high dose of ZnO-NP particles.

Parameters	Control	ZnO-NP	α -Lip	Vit E
Creatinine (mg/dl)	0.5 $\pm$ 0.073	0.73 $\pm$ 0.037 ^a	0.61 $\pm$ 0.077	0.60 $\pm$ 0.044 [*]
Urea (mg/dl)	20.4 $\pm$ 5.01	34.3 $\pm$ 5.77 ^b	28.9 $\pm$ 4.66	27.97 $\pm$ 2.05
Uric acid (mg/dl)	2.2 $\pm$ 0.56	3.12 $\pm$ 0.56	2.94 $\pm$ 0.88	2.99 $\pm$ 0.60

Data are presented as mean $\pm$ S.D. of 10 rats, ^a $P \leq 0.001$, ^b $P \leq 0.01$, ^c $P \leq 0.05$ compared with normal group, ^{*} $P \leq 0.05$ compared with ZnO-NP intoxicated group, respectively, using ANOVA followed by Bonferroni as a post-ANOVA test

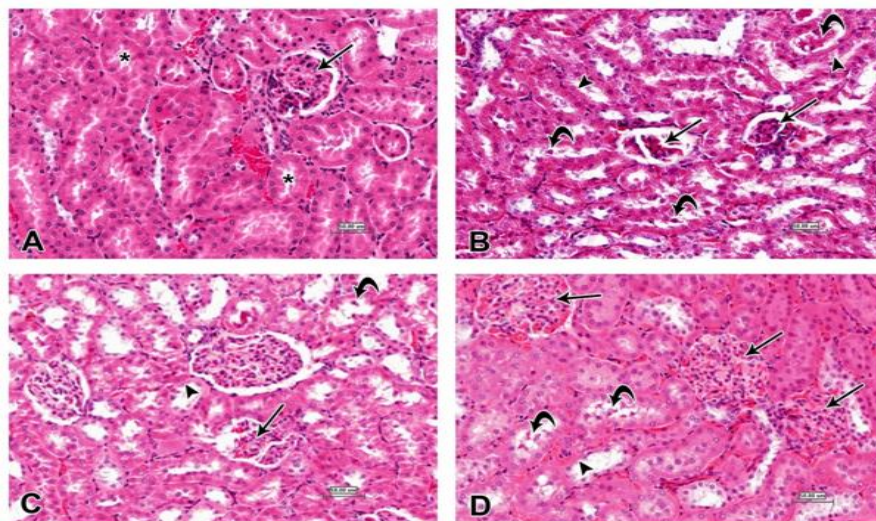


Figure 5. Photomicrographs of kidney sections stained with H and E from animals received high dose of nZnO. Scale bar= 50 μ M. (A) Kidney from control animal showing normal renal corpuscle (arrow) and renal tubules (asterisk). (B) Kidney from animal that received high dose of ZnO-NP showing marked shrinkage and fragmentation of glomeruli (arrow) and necrosis (arrow head) and exfoliation (curved arrow) of epithelial cell lining of many renal tubules. (C) Kidney from animal that received high dose of ZnO-NP and α -Lip acid showing shrinkage and fragmentation of few glomeruli (arrow) and necrosis (arrow head) and exfoliation (curved arrow) of epithelial cell lining of few renal tubules. (D) Kidney from animal that received high dose of ZnO-NP and Vit E showing marked hyperplasia of glomerular mesangial cells in many glomeruli (arrow) with obliteration of capsular spaces. Few renal tubules show necrosis (arrow head) and exfoliation (curved arrow) of their epithelial cell lining.

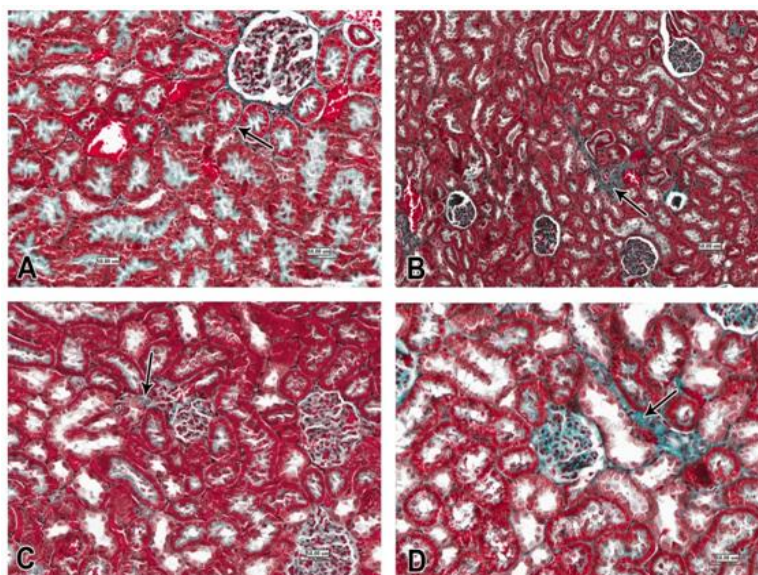


Figure 6. Photomicrographs of kidney sections stained with Masson's trichrome from animals received high dose of nZnO. Scale bar=50 μ M. (A) Kidney from control animal showing thin rim of collagen fibers (arrow) in between renal tubules. (B) Kidney from animal that received high dose of ZnO-NP showing marked increase of collagen fibers deposition (arrow). (C) Kidney from animal that received high dose of ZnO-NP and α -Lip showing mild increase of collagen fibers deposition (arrow). (D) Kidney from animal that received high dose of ZnO-NP and Vit E showing moderate increase of collagen fibers deposition (arrow).

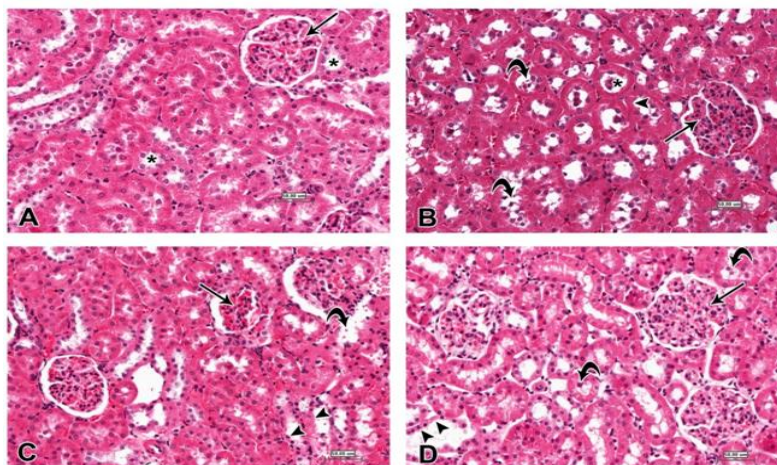


Figure 7. Photomicrographs of kidney sections stained with H and E from animals received low dose of nZnO. Scale bar = 50 μ M. (A) Kidney from control animal showing normal renal corpuscle (arrow) and renal tubules (asterisk). (B) Kidney from animal that received low dose of ZnO-NP, showing mesangial hyperplasia in few glomeruli (arrow) and necrosis (arrow head) and exfoliation (curved arrow) of epithelial cell lining of many renal tubules. Few tubules show casts (asterisks). (C) Kidney from animal that received low dose of ZnO-NP and α -Lip showing shrinkage and fragmentation of few glomeruli (arrow) and necrosis (arrow head) of epithelial cell lining of few renal tubules. (D) Kidney from animal that received low dose of ZnO-NP and Vit E showing moderate hyperplasia of glomerular mesangial cells in many glomeruli (arrow). Few renal tubules show necrosis (arrow head) and exfoliation (curved arrow) of their epithelial cell lining.

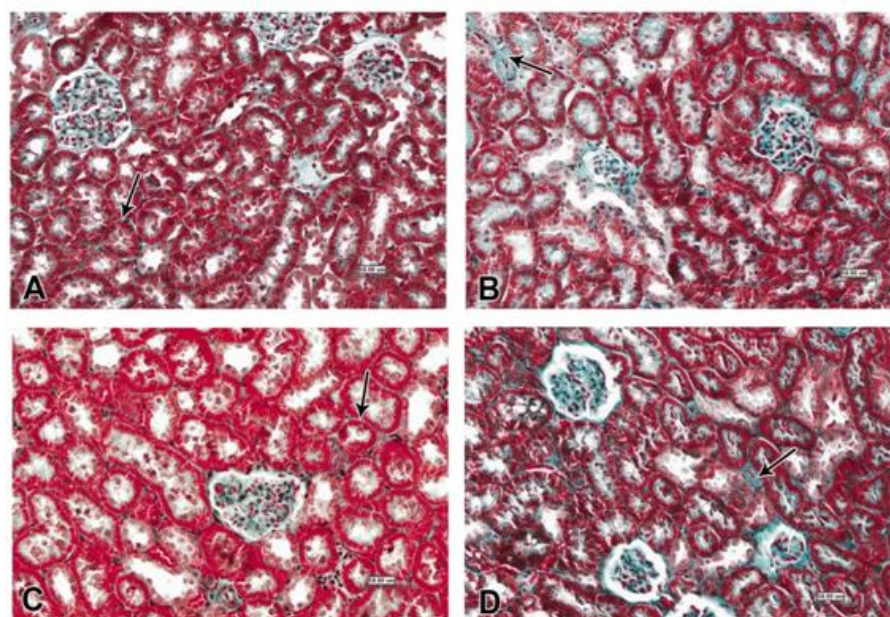


Figure 8. Photomicrographs of kidney sections stained with Masson's trichrome from animals received low dose of nZnO. Scale bar=50 μ M. (A) Kidney from control animal showing thin rim of collagen fibers (arrow) in between renal tubules. (B) Kidney from animal that received low dose of ZnO-NP showing marked increase of collagen fibers deposition (arrow). (C) Kidney from animal that received low dose of ZnO-NP and α -Lip showing mild increase of collagen fibers deposition (arrow). (D) Kidney from animal that received low dose of ZnO-NP and Vit E showing mild increase of collagen fibers deposition (arrow).

investigate human renal cell responses to manufactured NPs in order to highlight their potential toxicity and/or biological responses, and investigate the effect of Vit E or α -Lip treatment on ZnO-NPS induced renal cytotoxicity.

In the present work, ZnO-NP significantly elevated the levels of TNF- α , IL-6 and VEGF compared to normal control group. This is in agreement with the study of Tsuo et al. (2010) who clarified the inflammatory effects of ZnO-NP particles on vascular endothelial cells, revealing that ZnO-NP particles induced a dose-dependent increase in the expression of intercellular adhesion molecule-1 (ICAM-1), an indicator of vascular endothelium inflammation, protein expression and marked increases in NF- κ B reporter activity. Additionally, TNF- α , a typical inflammatory cytokine, induced ICAM-1 expression in an NF- κ B-dependent manner, and ZnO-NP synergistically enhanced TNF- α -induced ICAM-1 expression of vascular disease. In the present study, the level of TNF- α was reduced post α -Lip treatment as compared to ZnO-NP treated group. These results were in accordance with a previous study in which α -Lip strongly inhibited TNF- α and induced mRNA expression of monocyte chemo attractant protein-1 (Packer et al., 1995). Furthermore, α -Lip dose-dependently inhibited TNF- α -induced I kappa B kinase activation, subsequent degradation of I kappa B.

Nitric oxide (NO) is a chemical mediator involved in the maintenance of physiological homeostasis due to its regulatory and protective functions. Besides its known antioxidant property, NO which is produced by inducible nitric oxide synthase (iNOS) can be cytotoxic, especially at higher local concentrations. Also, it can react with reactive oxygen species (ROS) or oxygen yielding reactive nitrogen species (RNS), which causes damage on biological molecules such as enzymes, lipids and DNA by nitrosation, oxidation and nitration. Mesangial and invading immune cells are capable of expressing iNOS upon stimulation with TNF- α , IL-1b and bacterial lipopolysaccharide (LPS), and thus are likely to be responsible for the release of large amounts of NO during TNF α , IL-1b and LPS-triggered inflammatory conditions in the glomerulus cells (Aiello et al., 1998). In the present study, ZnO-NP produced an elevation of IL-6 and nitric oxide levels, and such elevation may be due to increased expression of neuronal NOS (nNOS) mRNA and NOS activity. This was confirmed with a previous study which revealed that exposure to low concentrations of ZnO-NP elevated circulating levels of IL-6, and that could account for the symptoms of the metal fume fever syndrome (Fine et al., 1997). Administration of either Vit E, or α -Lip along with ZnO-NP produces a significant decrease in IL-6 as well as NO levels. In accordance with our results, Kielstein et al (2002) reported a reduction in NO level post Vit E treatment in chronic kidney disease patients.

Vascular endothelial growth factor (VEGF), which is a potent mitogen for endothelial cells, has been reported to be expressed in several tissues, including kidney.

Besides its mitogenic properties, VEGF is able to promote angiogenesis-induce proteases (Drexler, 1994) and increase vascular leakage. In the present study the level of VEGF was elevated post ZnO-NP treatment compared to normal group. The reduction in VEGF level in ZnO-NP along with α -Lip treatment compared to ZnO-NP treated group was confirmed with the study of Moore et al. (2009), who observed that α -lip effectively prevented Ang II-induced glomerular and vascular damage in the kidneys and completely prevented the development of albuminuria through its anti-inflammatory/antioxidative mechanisms. The effects are associated with decreased nuclear factor (kappa) B (NF- κ B) and activator protein-1 (AP-1) activation, as well as improved thiol homeostasis. Ang II-induced leukocyte infiltration and cell proliferation in the kidney were attenuated. The redox-sensitive transcription factors NF- κ B and AP-1 in the kidneys were increased, and were effectively reduced post α -Lip administration.

Renal oxidized GSH levels were much higher, while the opposite was true for cysteine levels. These results suggested increased renal glutathione oxidation, leading to cysteine shortage. α -Lipoic acid partly prevented renal cysteine depletion and increased hepatic cysteine and glutathione concentrations. This effect was accompanied by increased hepatic gamma-glutamyl cysteine synthetase mRNA expression, with decreased NF- κ B and AP-1 activation. α -Lipoic acid can regenerate vitamin C from its oxidized form, dehydroascorbic acid and regenerate other antioxidants, as well as chelates transition metal ions (e.g. iron and copper). It can enhance the synthesis of glutathione, the main antioxidant within our cells (Randle et al., 1988; Vasdev et al., 2000). Glutathione effectively mops up all types of toxins and free radicals. It can even pitch in and help when the body is lacking Vit E. Previous results have explained the modulatory effect in GSH level in animals treated with either α -Lip or Vit E post ZnO-NP administration. Vitamin E allows free radicals to abstract a hydrogen atom from the antioxidant molecule rather than from polyunsaturated fatty acids, thus breaking the chain of free radical reactions, the resulting antioxidant radicals being a relatively unreactive species (Ramos et al., 2011). In many studies Vit E neutralizes lipid peroxidation and unsaturated membrane lipids because of its oxygen scavenging effect (Kalender et al., 2004; Suna et al., 2004). It is concluded that Vit E is an essential component of the kidney for the protection of this tissue against peroxidative damage (Al-Attar, 2011).

In the present study, it was found that the level of pro-inflammatory biomarkers including CRP was elevated markedly in rat sera intoxicated with either two doses of ZnO-NP in relation to normal group implying immune disorder. Elevation of CRP post ZnO-NP exposure compared to normal control group was confirmed with the study of Kim et al. (2010) that clarify the increased CRP level with inflammation. In the present study, CRP level

was reduced post Vit E treatment compared to ZnO-NP exposed groups which was coincide with previous studies which revealed that Vit E plays a major role in reducing inflammation as well as cleansing the body of free radicals. As vitamin E supplements lowered CRP and IL6 concentrations dramatically in diabetic people (Singh et al, 2005; Upritchard et al., 2000). Oxidative stress and acute phase inflammation are now recognized to be highly prevalent in both the chronic kidney disease (CKD; pre-dialysis) and end stage renal disease (ESRD); on hemodialysis populations and several lines of evidence point to their contribution in the development of atherosclerosis. Biomarkers of the inflammatory state such as CRP and IL-6 are robust predictors of cardiovascular events and death in these two populations. The uremic state is characterized by retention of oxidized solutes including reactive aldehyde groups and oxidized thiol groups. It has recently been demonstrated that administration of antioxidant therapy such as Vit E and or α -Lip will decrease biomarkers of acute phase inflammation and oxidative stress in these patients (Suna et al., 2004).

The marked increase in circulating IgG in rat sera intoxicated with both doses of ZnO-NP is another response to immune disorder induced by this NPs toxicity in the current work. It was suggested that the increase in the circulating antibody production is the result of production of different inflammatory cytokines including TNF- α with potential impact on immunoglobulin production during inflammation. These results may indicate that ZnO-NP induced inflammatory kidney injury through production of the inflammatory mediators (Davis et al., 1998). IgG level was reduced by either Vit E or α -Lip treatments and this may explain the role of these agents to suppress the release of inflammatory mediators. There was also a significant increase in urea and creatinine levels in serum of ZnO-NP intoxicated rats confirmed by its nephrotoxic effect, compared to normal control group ($p < 0.05$) (Tables 3 and 4). Vitamin E significantly decreased serum creatinine level compared to rats intoxicated with high dose of ZnO-NP ($p < 0.05$). Serum glucose level was downregulated by the administration of either Vit E or α -Lip along with ZnO-NP compared to ZnO-NP treated group, and this coincide with Wang et al. (2008a) who observed that nano particles affects the pancreas. Randle et al. (1988) also reported that α -Lip causes acute hypoglycemia by decreasing hepatic glucose output.

In the present study, renal histopathological examination revealed that there was alteration of proteinaceous casts in the tubules and renal tubular dilatation in the ZnO-NP treated rats. High dose of ZnO-NP showed massive atrophy and fragmentation of numerous glomeruli, the renal tubules showed epithelial exfoliation, degeneration and necrosis. Some of renal tubules showed casts in their lumina. Severe congestion was observed in renal interstitium (Figure 5B). Treatment

with α -Lip showed moderate histopathological changes in the form of shrinkage and fragmentation of few glomeruli with exfoliation of tubular epithelial cells and tubular casts in few renal tubules (Figure 5C). Animals that received ZnO-NP and Vit E showed histopathological changes in the form of marked hyperplasia of glomerular mesangial cells in many glomeruli, obliteration of many capsular spaces and necrosis and exfoliation of tubular epithelial cell lining of few renal tubules (Figure 5D). Animals that received high dose of ZnO-NP showed marked increase of deposition of collagen fibers in the interstitial tissue (Figure 6B). This histopathological change coincided with the results of Wang et al. (2006) study. Administration of α -Lip along with ZnO-NP showed mild increase of collagen deposition (Figure 6C). Moreover, vitamin E with ZnO-NP showed moderate increase of collagen deposition (Figure 6D). This can be attributed the role of Vit E or α -Lip to suppress the release of inflammatory mediators.

Conclusion

This study highlights the nephrotoxic effect of low and high doses of ZnO-NP. This was confirmed by the significant increase in urea and creatinine levels in serum of ZnO-NP intoxicated rats. Moreover, TNF- α , IL-6 and CRP levels were significantly increased, and that contributed to the nephrotoxic potential of ZnO-NP. Treatment with either Vit E or α -Lip successively alleviated the alterations in TNF- α , IL-6 and VEGF, as well as effectively ameliorated the histopathological changes of ZnO-NP intoxicated rats. Moreover, these antioxidants markedly reduced inflammatory cytokines levels. This may be related to their ability to attenuate the extent of NO synthesis. Our data demonstrated that α -Lip and Vit E are potent antioxidants that protect renal cells from injury caused by ROS oxidative stress and related vascular complications induced by ZnO-NP. Further studies are needed to evaluate the synergistic combination of Vitamin E and α -Lip, which is known to have an additional potential concern in ameliorating ZnO-NP nephrotoxic effect.

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Full Length Research Paper

Protective effect of tyrosol on apoptosis in PC12 cell induced by paraquat

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The protective effect of tyrosol on apoptosis in PC12 cell induced by paraquat (PQ) was studied. The PC12 cell was cultured in RPMI-1640 medium supplemented with 10% newborn calf serum at 37°C in a 5% CO₂ incubator. 800 µm of PQ solution was added to establish an oxidative-stress injury model *in vitro*. The protective effect of tyrosol was evaluated by using this model. We compared the lactate dehydrogenase (LDH) release rate and malondialdehyde (MDA) content of PC12 cells in different treatment group. The cell apoptosis was detected by using flow cytometry (FCM) and the cell proliferation by using 5-diphenyltetrazolium (MTT) assay. The results showed that pretreatment with tyrosol could improve cell growth and proliferation in a concentration dependent manner, reduce the release of LDH and MDA content, suppress the PQ-induced apoptosis of PC12 cells. Therefore, these results suggested that tyrosol possessed protective activity of PC12 cell's injury by PQ *in vitro*.

Key words: Tyrosol, PC12 cell, paraquat, protective effect.

INTRODUCTION

Paraquat (PQ) is a widely used herbicide that possesses a similar structure to MPP⁺ and is toxic to mesencephalic dopaminergic neurons. PQ has been demonstrated to induce oxidative stress, cause toxicity to human and animals, and produce Parkinson disease (PD) symptoms (Houze et al., 1990; Liou et al., 1996, 1997; Morano et al., 1994). It has been reported that PQ selectively kills nigrostriatal dopaminergic neurons in the experimental animals and causes dopaminergic neurons damage *in vitro* midbrain culture (Corasaniti et al., 1992, 1998; Keiko et al., 2003; McCormack et al., 2002; Thiruchelvam et al., 2003). Apoptosis is thought to play an important role in the neuronal loss in PQ-induced neurological disorders. However, the mechanism of PQ neurotoxicity is still unclear. Growing studies suggest that PQ-induced apoptosis is mediated by the oxidative stress (Cappelletti et al., 1998; Fabisiak et al., 1998; McCarthy et al., 2004; Mollace et al., 2003). Therefore, developing the novel

agents for anti-oxidative damage to improve the processes of these diseases, and then exploring their protection of cellular mechanisms have become an important research topic in the medicinal fields.

Rhodiola crenulata (Crassulaceae, Hongjingtian in Chinese) has been known as a medicinal plant for a long time. This precious perennial herbaceous plant is distributed at high altitudes in the Polar Arctic and Alpine regions throughout Europe and Asia (Qu et al., 2009). It was reported that *R. crenulata* has multiple pharmacological activities such as, antioxidant, antihypoxia, antifatigue, antiapoptosis, anticancer and enhancement in learning and memory (Jung et al., 2002; Kwon et al., 2008; Ming, 1986; Panossian et al., 2010; Petkov et al., 1986; Shevtsov et al., 2003). Tyrosol (its structure is as shown in Figure 1) is one of the major active constituents in *R. crenulata*. It has been reported that tyrosol has some interesting biological properties including anticancer, anti-depressant, stress-protective, cardioprotection, anti-osteoporosis, and antioxidative effects (Ahn et al., 2008; Chernyshov et al., 2007; Dinnella et al., 2007; Panossian et al., 2008, 2009).

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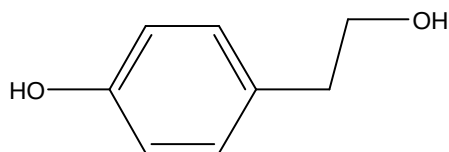


Figure 1. The chemical structure of tyrosol.

Meanwhile, several Chinese scholars also found that tyrosol could protect PC cells from apoptosis induced by different ways, such as NaCN, PQ, glucose deprivation and MPP⁺ (Chen et al., 2007; Wang et al., 2007). However, the effects of tyrosol on PC12 cells apoptosis induced by PQ are still unclear.

In this present study, we investigate the effect of tyrosol on apoptosis induced by PQ in PC12 cell lines. The lactate dehydrogenase (LDH) release rate, malondialdehyde (MDA) content, cell apoptosis and proliferation of PC12 cells in different treatment group were evaluated by using LDH release assay, thiobarbituric acid assay, flow cytometry (FCM) and 5-diphenyltetrazolium (MTT) assay, respectively.

MATERIALS AND METHODS

Reagents

Tyrosol was obtained from China pharmaceutical and biological products inspection (Lot: 111676-200602). PQ, MTT, Tris and Australia phenol blue were purchased from Sigma (USA). RPMI-1640 medium and Dulbecco's minimum essential medium (DMEM) were obtained from Gibco (USA). Newborn calf serum was purchased from Hangzhou Sijiqing Biological Engineering Materials Company (Hangzhou, China). Trypsin, Tween20, and dimethyl sulfoxide (DMSO) were obtained from Amresco (USA). LDH and MDA kits were purchased from Nanjing Jiancheng Bioengineering Research Institute (China).

Cell culture and treatment

PC12 cells (rat adrenal pheochromocytoma cells) originated from Experimental Animal Center of Fudan University (Shanghai, China). Cells were cultured in RPMI-1640 medium supplemented with 10% newborn calf serum at 37°C in a 5% CO₂ incubator. When cells were near 80% confluence, new media with newborn calf serum were added before the compounds treatment. We used 800 µm of PQ to establish an oxidative-stress injury model *in vitro*, and evaluate the effect of tyrosol by using this model. When needed, cells were incubated for 30 min with different concentrations of tyrosol and then exposed to 800 µm of PQ for 24 h.

Detection of LDH release of PC12 cells

When PC12 cells were near 80% confluence, new media with newborn calf serum was added before the compounds treatment. Cells were treated with tyrosol for 30 min followed by the addition of PQ to a final concentration of 800 µm, and incubated for 24 h. The medium was collected to a 1 ml Eppendorf (EP) tube. At the end of treatments, PC12 cells were treated with 10% Triton X-100, and the

media which contained detached cells were collected and centrifuged at 800 g at 4°C for 2 min. The supernatant was used for the assay of LDH release. The enzyme was determined by using an assay kit according to the manufacturer's protocol. The absorbance of the samples were read at 440 nm. The LDH release was in proportional to the number of damaged PC12 cells. Reagent blanks were subtracted.

Detection of MDA content of PC12 cells

The PC12 cells were cultured in six-well plates and pretreated with varying concentrations of tyrosol for 1 h prior to exposure to PQ. After 24 h, cells were collected in 1.5 ml of tubes in 0.5 ml phosphate-buffered solution (PBS). Cell lysis was performed by means of three cycles of freezing and thawing. MDA content was measured using a thiobarbituric acid assay according to the manufacturer's instructions.

FCM with propidium iodide (PI) staining

The PC12 cells were treated in the same way as described earlier. Cells were collected, digested with 0.25% trypsin and made into a single cell suspension by RPMI-1640 medium supplemented with 10% newborn calf serum. The single cell suspension was centrifuged at 1000 rpm for 5 min at 4°C. Then, the supernatant was removed, washed with cold PBS, centrifuged at 1000 rpm for 5 min at 4°C. The cell pellets were resuspended in 1 ml binding buffer (10 mm of Hepes/NaOH, pH 7.4; 140 mm of NaCl; 2.5 mm of CaCl₂) and were incubated for 15 min in the dark with Annexin V-FITC (20 µg/ml) and PI (50 µg/ml) at 4°C. Fluorescence was analyzed with an FCM.

MTT assay

Logarithmic growth phase cells were seeded in 96-well plates at a density of $5 \times 10^3 \text{ ml}^{-1}$. Cells were cultured for 24 h at 37°C with 5% CO₂, treated in the same way as described earlier. Each group was set up in three parallel holes. Cells were cultured for 24 h, followed by incubation with 0.5 mg/ml MTT, 200 µl serum-free medium for 4 h. Finally, 100 µl of DMSO was added and absorbance at 570 nm wavelength (A_{570}) was measured by means of enzyme-linked immunosorbent instrument. Relative cell proliferation inhibition rate (IR) = $(1 - \text{average } A_{570} \text{ of the experimental group} / \text{average } A_{570} \text{ of the control group}) \times 100\%$.

Statistical analysis

The database was set up with the Statistical Package for Social Sciences (SPSS) 16.0 software package for analysis. Data were represented as mean ± standard deviation (SD). The means of multiple groups were compared with one-way analysis of variance (ANOVA), after the equal check of variance, and the two-two comparisons among the means were performed by Student's *t*-test. *P* < 0.05 was considered as statistically significant.

RESULTS

Effects of tyrosol on LDH release from PQ-induced PC12 cells

After PC12 cells were treated with 800 µm of PQ for 24 h, the release of LDH was significantly increased from 29.32

Table 1. The LDH release in different groups from PQ-induced PC I2 cells.

Group	LDH release (U/ml)
Medium	29.32 ± 1.45**
PQ	98.23 ± 4.68
0.1 µm tyrosol	78.22 ± 4.23*
1 µm tyrosol	68.45 ± 3.68*
2 µm tyrosol	63.42 ± 3.35**
5 µm tyrosol	59.57 ± 3.21**
10 µm tyrosol	52.18 ± 2.68**
20 µm tyrosol	38.53 ± 2.16**

PC12 cells were seeded and treated as described in the materials and methods. The culture medium from each treatment was collected and the LDH release was analyzed. Data shown here represent the average of three experiments. **P < 0.001 versus PQ injury group, *P < 0.01 versus PQ injury group.

Table 2. The MDA content in different groups from PQ-induced PC I2 cells.

Group	MDA content (nmol/mg)
Medium	3.32 ± 0.25**
PQ	9.26 ± 0.98
0.1 µm tyrosol	7.32 ± 0.42*
1 µm tyrosol	6.95 ± 0.48*
2 µm tyrosol	6.44 ± 0.39**
5 µm tyrosol	5.77 ± 0.21**
10 µm tyrosol	5.28 ± 0.38**
20 µm tyrosol	4.58 ± 0.26**

PC12 cells were seeded and treated as described in the materials and methods. The culture medium from each treatment was collected and the MDA content was analyzed. Data shown here represent the average of three experiments. **P < 0.001 versus PQ injury group, *P < 0.01 versus PQ injury group.

Table 3. The apoptosis rate in different groups from PQ-induced PC I2 cells.

Group	Apoptosis rate (%)
Medium	1.38 ± 0.23**
PQ	24.36 ± 3.28
0.1 µm tyrosol	19.44 ± 2.69*
1 µm tyrosol	17.35 ± 1.96*
2 µm tyrosol	15.48 ± 1.78**
5 µm tyrosol	13.47 ± 1.42**
10 µm tyrosol	9.65 ± 1.14**
20 µm tyrosol	7.49 ± 0.97**

FCM showed that all genistein derivatives can decrease apoptosis rate of PQ-induced PC12 cells. Data shown here represent the average of three experiments. **P < 0.001 versus PQ injury group, *P < 0.01 versus PQ injury group.

± 1.45 to 98.23 ± 4.68 U/ml. When 0.1, 1.0, 2, 5, 10, and 20 µm of tyrosol were added to the assay, the release of LDH were reduced to 78.22 ± 4.23, 68.45 ± 3.68, 63.42 ± 3.35, 59.57 ± 3.21, 52.18 ± 2.68, and 38.53 ± 2.16 U/ml in a concentration dependent manner. The results showed that tyrosol could effectively reduce the LDH release of PQ-induced PC12 cells in a concentration dependent manner (Table 1).

Effects of tyrosol on MDA content from PQ-induced PC I2 cells

After PC12 cells were treated with 800 µm of PQ for 24 h, the MDA content was significantly increased from 3.32 ± 0.25 to 9.26 ± 0.98 nmol/mg. When 0.1, 1.0, 2, 5, 10, and 20 µm of tyrosol were added to the assay, the MDA content was reduced to 7.32 ± 0.42, 6.95 ± 0.48, 6.44 ± 0.39, 5.77 ± 0.21, 5.28 ± 0.38, and 4.58 ± 0.26 nmol/mg in a concentration dependent manner. The results showed that tyrosol could effectively reduce the MDA content of PQ-induced PC12 cells in a concentration dependent manner (Table 2).

Effects of tyrosol on apoptosis rate of PQ-induced PC I2 cells

FCM results showed that the apoptosis rate of PC12 cell line treated with 40 µm PQ for 24 h was 24.36 ± 3.28%, which was significantly higher than that of medium group (1.38 ± 0.23%). When 0.1, 1.0, 2, 5, 10, and 20 µm of tyrosol was added to the assay, cell apoptosis rate was reduced to 19.44 ± 2.69, 17.35 ± 1.96, 15.48 ± 1.78, 13.47 ± 1.42, 9.65 ± 1.14, and 7.49 ± 0.97% in a concentration dependent manner. This indicated that tyrosol could effectively reduce the PQ-induced apoptosis of PC12 cells (Table 3).

Effects of tyrosol on proliferation inhibition rate of PQ-induced PC I2 cells

The MTT assay demonstrated that the inhibitory rate of cells was significantly increased to 88.34 ± 2.67% after PC12 cells were treated with PQ. When PC12 cells were treated with 0.1, 1.0, 2, 5, 10, and 20 µm of tyrosol, the apoptosis rate of cells were reduced to 57.36 ± 3.26, 71.25 ± 3.56, 73.48 ± 4.21, 78.82 ± 4.02, 81.21 ± 3.48, and 84.33 ± 4.26%. These results indicated that tyrosol could significantly decrease PQ-induced inhibition of PC12 cells in a concentration dependent manner (Table 4).

DISCUSSION

PC12 cells, a rat adrenal pheochromocytoma cell line,

Table 4. The cell viability in different groups from PQ-induced PC12 cells.

Group	Cell viability (%)
Medium	88.34 ± 2.67**
PQ	45.32 ± 3.79
0.1 µm tyrosol	57.36 ± 3.26*
1 µm tyrosol	71.25 ± 3.56*
2 µm tyrosol	73.48 ± 4.21**
5 µm tyrosol	78.82 ± 4.02**
10 µm tyrosol	81.21 ± 3.48**
20 µm tyrosol	84.33 ± 4.26**

MTT assay showed that all genistein derivatives can increase proliferation rate of PQ-induced PC12 cells. Data shown here represent the average of three experiments. **P < 0.001 versus PQ injury group, *P < 0.01 versus PQ injury group.

can extend processes similar to those produced by sympathetic neurons when exposed to nerve growth factor, and these cells exhibit a single phenotype, with stable features that can be sub-cultured (Cheng et al., 2008; McLaurin et al., 2000). PC12 cells are extremely similar to neurons in cell morphology, structure and function. Therefore, it has been widely used as a cell model for study of neuron cells (Saito et al., 2003).

Numerous central nervous system diseases are closely linked to oxygen free radicals excess, such as cerebral ischemia, Alzheimer's disease (AD), Parkinson's disease and multiple sclerosis (Weber, 1994; Burton, 1995; Irani et al., 1997). Growing studies showed that oxygen free radicals and their derivatives are also closely related to cell apoptosis (Wang et al., 2005). For example, some concentration of PQ can induce certain types of cells apoptosis including PC12 cells, vascular endothelial cells and HL-60 cells. Oxidized LDL can induce lymphocyte apoptosis, peroxynitrite radicals can induce apoptosis of thymocytes, etc.

LDH is a stable cytoplasmic enzyme that is present in all cells and is rapidly released into the culture supernatant when the plasma membrane is damaged; thus, it can be used as a reliable biochemical index for damage of the plasma membrane (Zhao et al., 2002). Our results showed that tyrosol could decrease LDH release of PC12 cells injured by PQ. MDA is the end product of free radical-initiated lipid peroxidation and thus reflects the level of lipid peroxidation. Our results also showed that PQ may reduce the MDA content in PC12 cells, thus suggesting that its neuroprotective effects are potentially due to its antioxidant property (Xu et al., 2008). MTT assay results confirmed that cell growth and proliferation were suppressed when PC12 cells were treated with PQ for 24 h, while tyrosol could effectively decrease the suppression. FCM with PI staining results showed that tyrosol could reduce the PQ-induced apoptosis of PC12 cells in a concentration dependent

manner.

Conclusion

In this present work, the model of injury and apoptosis induced by PQ to evaluate different concentration of tyrosol against oxidative stress injury in PC12 cells lines was established. Tyrosol could decrease LDH release, the MDA content, the suppression of cell proliferation, and the PQ-induced apoptosis of PC12 cells in a concentration dependent manner. The findings suggest that tyrosol might have the protective effect against neurotoxicity induced by PQ in PC12 cells.

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Full Length Research Paper

The effects of caffeine and carvedilol on skeletal system of rat embryos in prenatal period

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Caffeine at high doses is a known rodent teratogen and induces limb malformations along with cleft palate in various strains of rats and mice. The teratogenic effects of some drugs can be prevented by the application of antioxidant drugs and stimulation of the maternal immune system. Also, there are some evidence that carvedilol is antioxidant. Therefore, in this study, the prophylactic effect of carvedilol on teratogenic effects of caffeine was evaluated. This study was performed on 24 pregnant rats that were divided into four groups. Control group received normal saline and test groups received caffeine (80 mg/kg), caffeine (80 mg/kg) plus carvedilol (5 mg/kg) and carvedilol (5 mg/kg), intraperitoneally at 9 to 11th days of gestation, respectively. Fetuses were collected at 20th day of gestation and after determination of weight and length, they were stained by Alizarin red - Alcian blue method. Cleft palate incidence was 33.33% in fetuses of rats that received only caffeine, while it was 2.85% in group which received caffeine plus carvedilol (5 mg/kg). The means of weight and length of fetuses from rats that received carvedilol were significantly greater than those that received only caffeine. It is concluded that carvedilol decreased cleft palate induced by caffeine, but this subject needs more detailed evaluation.

Key words: Caffeine, carvedilol, gestation, cleft palate, teratogenicity, fetus, rat.

INTRODUCTION

Caffeine, or 1, 3, 7-trimethylxanthine, is a widely used substance present in habitual beverages and chocolate-based foods (Olcina et al., 2006). Caffeine represents one of the most common pharmacologically active substances used by pregnant women. Exposure of the conceptus to this drug occurs primarily as a result of maternal consumption of caffeine containing beverages, especially coffee (Nash and Persaud, 1988).

Caffeine at high doses is a known rodent teratogen and induces limb malformations along with cleft palate in various strains of rats and mice (Moriguchi and Scott, 1986). Several studies have demonstrated the teratogenicity

of caffeine in laboratory animals (Fujii and Nishimura, 1969; Fujii et al., 1969; Palm et al., 1978), but the experimental results cannot be applied to humans due to the variability of caffeine dose, exposure time and species differences.

The sensitivity of different animal species is variable. Malformations have been demonstrated in mice at 50 to 75 mg/kg of caffeine (Nehlig and Debry, 1994), whereas the lowest dose usually needed to induce malformations is 80 mg/kg in rats (Nehlig and Debry, 1994). However, when caffeine is administered in fractionated amounts during the day, 330 mg/kg/day are necessary to reach teratogenicity in rats (Nehlig and Debry, 1994). In rodents, the most frequently observed malformations are those of the limbs and digits, ectrodactyly, craniofacial malformations (labial and palatal clefts) and delays in ossification of limbs, jaw and sternum (Nehlig and Debry, 1994).

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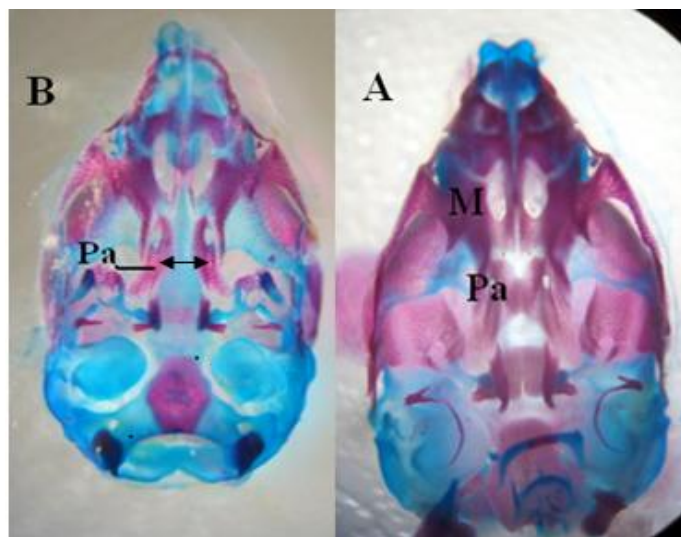


Figure 1. Ventral view of skull of rat fetuses of GD 20, stained with alizarin red S-alcian blue. A, Normal palatine bone; B, cleft palate induced by caffeine (arrow). M, maxilla; Pa, palatine.

Some of these caffeine-derived effects could favour the production of free radicals and a subsequent increase of oxidative stress such as the metabolic inactivation of catecholamines (Jewett et al., 1989) and the increase of oxidative metabolism (Shigenaga et al., 1994) including its own hepatic metabolism (Vistisen et al., 1992). There are also reports suggesting that caffeine is capable of including certain forms of oxidative damage by increasing lipid peroxidation (Dianzani et al., 1991).

One of the free radical scavengers currency used in clinical setting is carvedilol which is a blocker of α_1 - and β -adrenoreceptors (Yue et al., 1992). Because of its unique ability to interact with free radicals, carvedilol has been proposed to be a useful adrenergic antagonist in the treatment of hypertension and cardiac diseases in which oxidant stress prevails (Feuerverte et al., 1998). In physicochemical, biochemical and cellular assays, carvedilol inhibited the formation of reactive oxygen radicals and lipid peroxidation, scavenged oxygen free radicals, and prevented the depletion of endogenous antioxidants. It has been suggested that carvedilol may provide greater benefit than traditional β -blockers in chronic heart failure because of its antioxidant actions that synergize with its nonspecific β - and α -blocking effects (Noguchi et al., 2000).

In the present study, the preventive effect of carvedilol on caffeine-induced cleft palate in rats was evaluated.

MATERIALS AND METHODS

Caffeine powder (Merck, Germany) and carvedilol (Abidi Co, Iran) were purchased. Male and female healthy rats of Wistar strain, 3 to 4 months old, weighing 200 to 250 g were purchased (Joundishapour Laboratory Animal Center, Ahvaz, Iran) and housed

individually (males) or at 10 per polycarbonate cage (female) for a 2-week acclimation period. Rats were fed *ad libitum* by standard laboratory pellet (Pars khurakdam, Tehran, Iran.) and tap water. Rats were maintained in animal rooms controlled for temperature ($23 \pm 2^\circ\text{C}$), relative humidity of 45 to 55% and light (12/12 h light/dark cycle).

Females were mated overnight with males. Pregnancy was ascertained the next morning by presence of a vaginal plug, and this time was designated as gestational day (GD) 0. Pregnant rats ($n = 24$) were randomly divided into four groups (16 pregnant rats in treatment groups, 8 pregnant rats in control group) and treated as follows;

Group 1 (Control group): Normal saline in equal volume of caffeine was injected to pregnant rats for inducing similar condition (injection and handling) to other groups.

Group 2 (Caffeine group): Caffeine (80 mg/kg) was administrated intraperitoneally at 9 to 11th day of gestation.

Group 3 (Carvedilol group): Carvedilol (5 mg/kg) was administrated intraperitoneally at 9 to 11th day of gestation.

Group 4 (Caffeine + carvedilol group): Caffeine (80 mg/kg) plus carvedilol (5 mg/kg) was administrated intraperitoneally at 9 to 11th day of gestation.

The animals were sacrificed by cervical dislocation at 20th day of gestation. Following laparotomy, the uterus was exteriorized and the number and location of fetuses and resorption were noted, then their weight and length (crown-rump length) were measured. Individual fetuses were examined carefully for external anomalies then were stained in a mixture of 0.14% Alcian blue and 0.12% alizarin red S in ethanol and glacial acetic acid. Fetuses are then macerated in 2% KOH, cleared and hardened in 1:1 glycerin and distilled water, and stored in pure glycerin (Kimmel and Trammek, 1981) and investigated by stereomicroscope (Nikon, SMZ200, Japan) for skeletal malformations. The incidence of skeletal malformations was determined and was compared in the groups.

Statistical significance between groups was determined using SPSS program and compared by one way analysis of variance (ANOVA) and Post hoc least significant difference (LSD). The minimum level of significance was $p < 0.05$.

RESULTS

Sixty-two (62) fetuses were obtained from 8 rats of control group. There were not observed macroscopic anomalies in the control animals. In the control group, palatal closures of fetuses were normal at GD 20 (that is, palatal shelves had grown vertically on the sides of the tongue, then horizontally to meet and fuse) (Figure 1A). No maternal death or abortion occurred in any experimental groups. There were not any aborted fetuses from total groups but percentage of resorbed fetuses were 0, 3.38, 2.77 and 0% in groups that received normal saline, caffeine, caffeine plus carvedilol and carvedilol, respectively; so carvedilol decreased resorption rate (Table 1).

Caffeine induced cleft palate (Figure 1B) at 33.33% incidence. Caffeine plus carvedilol (5 mg/kg) significantly reduced incidence of cleft palate to range of 2.85%.

The mean of weight of animals' fetuses that received caffeine (80 mg/kg) in 9 to 11th days was significantly

Table 1. Incidence of anomalies in rat fetuses of groups.

Group	No. of litters	Implantations	Resorbed fetuses	Live fetuses	Fetal length (mm): (mean $\pm$ SEM)	Fetal weight (g): (mean $\pm$ SEM)	%fetuses with cleft palate
Control	8	62	0 (0)	61	38.01 $\pm$ 0.26*	4.93 $\pm$ 0.08*	0 (0)
Caffeine	6	59	2 (3.38)	57	28.92 $\pm$ 0.81**	3.03 $\pm$ 0.17**	19 (33.33)#
Caffeine + carvedilol	5	36	1 (2.77)	35	35.68 $\pm$ 0.57	4.30 $\pm$ 0.13	1 (2.85)
Carvedilol	5	38	0 (0)	38	36.31 $\pm$ 0.40	4.49 $\pm$ 0.11	0 (0)

Numerals in parentheses are percentages; *, Significant difference when compared with other groups ($p < 0.05$); **, significant difference when compared with other groups; #, significant difference when compared with other groups ($p < 0.05$), Incidence of cleft palate was significantly difference at groups which received caffeine with control and carvedilol group ($p = 0.0001$).

decreased in comparison with other groups (Table 1). The mean of weight and length of animals' fetuses that received normal saline in 9 to 11th days was significantly increased in comparison with other groups (Table 1).

DISCUSSION

Since data are not available on the effect of carvedilol on the teratogenicity of caffeine in rat embryos this study was initiated. Several studies have reported that the maternal immune stimulation can reduce teratogenic anomalies (Ivnitsky et al., 2001). Mechanisms of this effect remain unclear, but it is thought that the fetal gene expression has been modulated (Holladay et al., 2002).

The enhancing antioxidative effects can protect fetuses against drugs teratogenicity (Winn and Wells, 1999). Sharova et al. (2002) showed that interferon-gamma and Freund's complete adjuvant reduced severity of the urethane-induced cleft palate in mice (Sharova et al., 2002).

In the present study for first time, the effect of carvedilol on teratogenicity of caffeine in rat embryos was evaluated.

According to a recent report by Lelo et al. (1986), the average daily human caffeine intake of moderate to heavy consumers ranges from approximately 300 to 600 mg/kg/day, or from 3 to 6 cups of coffee (assuming 100 mg/cup). The dosage level therefore in a person weighing 70 kg ranges from approximately 4.3 to 8.6 mg/kg/day. In comparison, caffeine doses administrated to laboratory animals ranged from 30 mg/kg (Palm et al., 1978) to 250 mg/kg (Fujii and Nishimura, 1969). Even when species variation is taken into account, the practical application of the results obtained from many of these animal experiments to the human condition is unrealistic due to the excessive dose levels administered (Nash and Persaud, 1988).

A moderate dosage level of 80 mg/kg caffeine was administered as a three intraperitoneal injection on GDs 9 to 11. Fujii et al. (1969) demonstrated that in mice, whereas embryo-lethality is related to the duration of caffeine exposure, teratogenic effects are more dependent on a sufficiently high concentration of the drug. Though intraperitoneal injections dose not stimulate human caffeine consumption the method of caffeine administration in present study was the most expedient and in accordance with

that utilized by others.

Fujii and Nishimura (1974) postulated that caffeine was teratogenic by virtue of catecholamine release from maternal or embryonic tissue. They reported that administering 175 mg/kg of caffeine intraperitoneally on days 11 and 12 of pregnancy in mice induced malformation that is initiated by release of catecholamines from the maternal adrenal gland.

Ross and Persaud (1989) reported neural tube defects in early rat embryos following maternal treatment with caffeine. Kimmel et al. (1984) reported a significant in resorptions following oral administration of caffeine to pregnant rats at a dose level of 120 mg/kg on the day 12 of gestation. Even though epidemiological studies have found no real association between coffee consumption during pregnancy and adverse fetal outcome (Linn et al., 1982), the United State Food and Drug Administration still advised pregnant women to avoid caffeine-containing foods and methylxanthine which resembles the purines found in genetic material. Thus, caffeine possesses the potential to derange the processes involved in cell proliferation. Because it has been known for some time that caffeine readily crosses

the placenta and reaches the fetus (Goldestein and Warren, 1962), the warning of the Food and Drug Administration merits serious consideration. In the present study, embryo from mothers treated with caffeine revealed a significant reduction in crown-rump length. It is believed that maternal treatment with caffeine alters utero-placental circulation to such an extent that normal embryonic development is impaired (Adamson et al., 1971).

Burda (2003) reported that the mixture of paracetamol and caffeine decreased fetal length and body weight, and placental weight. Nishimura and Nakai (1960) reported increased cleft palate and digital defects in mice offspring exposed to caffeine at a dose of 250 mg/kg.

In one study, Colomina et al. (2001) reported a single oral dosage of caffeine or aspirin (ASA) on p.c.d 9 was given to mice orally exposed to toxic levels of caffeine (30 mg/kg/day), ASA (250 mg/kg), or a combination of caffeine and ASA (30 and 250 mg/kg, respectively). Three additional groups were given the same doses and restrained for 14 h. The pregnant mice were restrained 2 h/day on p.c.ds 0 to 18 by placing them in methacrylate cylindrical holders and keeping them in a prone position with the paws immobilized with elastic adhesive tape, a procedure the authors previously reported to produce stress in pregnant mice (Colomina et al., 1995; 1999). Other mice were given toxic dosages of caffeine by gavage at 30, 60, and 120 mg/kg/day on GDs 0 to 18, and another group was administered the same dosages of caffeine immediately followed by restraint stress for 2 h/day on the same days (Colomina et al., 1999). No caffeine levels were recorded. Although the authors do not identify maternal toxicity, it is noteworthy that the weekly intervals measured for body weights are inappropriate (drug treatments and restraint occurred on one day; the intervals are evaluated for 3 or 4 days). Maternal toxicity was evident, with reductions or frank weight losses in body weight and feed consumption measurements. Regarding caffeine, these effects were most severe for the three groups of interest (restraint, 30 mg/kg caffeine and combined 30 mg/kg of caffeine and 14 h of restraint), on p.c.ds 9 to 11. Of these three groups, the effects were most severe for the combined caffeine and stress group. The 30 mg/kg plus restraint group also had an increase in post-implantation loss, including dead fetuses and late resorptions. An increase in early resorptions was seen in the restraint alone group, but the group with both restraint and 30 mg/kg of caffeine were increased compared with the restraint alone group. As would be expected, there was an increase in reduced ossification in the restraint group alone, the 30 mg/kg caffeine alone, and the combined caffeine and stress group. There was no increase in malformations in any group. The authors considered there to be some clinical relevance for the data because real life involves multiple simultaneous exposure to many chemicals. However, the duration of oral exposure to ASA and caffeine on GD 9 in

this study is not analogous to the type of stress experienced by pregnant women who drink coffee and take ASA. Interspecies differences and pharmacokinetics and bioavailability are both important considerations (Brent et al., 2011).

Colomina et al. (2001) exposed mice to caffeine (30 mg/kg) and ASA (250 mg/kg by gavage on the 9th post conception day.) There was no significant maternal or developmental toxicity in this group of animals and offspring. The studies also included stressful restraint. However, the exposure and the stress in the mouse studies cannot be utilized to determine human developmental risks, especially since the developmental results were minimal and the exposure equivalency in the human is unknown.

Differences in outcome after intrauterine caffeine exposure dependent on dose and route of administration were also seen in rats. A lack of embryo or fetotoxicity or teratogenicity was observed when caffeine was administered for whole gestational period at doses 16 to 17 and 25 to 33 per day (Aeschbacher et al., 1980). A reduction in fetal weight was found after maternal pregnancy exposure to 62 mg/kg per day. In contrast, Nolen (1981) reported that daily, long-term caffeine exposure at doses up to 80 mg/kg per day in drinking water did not affect fetal development. They also showed that such administration caused no differences in body weight gain or feed consumption. Aeschbacher et al. (1980) reported that caffeine dietary concentration of 0.25 and 0.5 g/kg throughout gestation and lactation had no significant effect on birth weight, litter size or development. At 1 g/kg, there was a slight reduction of birth weight. In animal studies, fetal loss, decreased fetal weight and size, and major skeletal defects have been reported when dosages of more than 80 mg/kg of caffeine were used (McKim, 1991).

A number of observations suggest that detoxification of a xenobiotic free radical intermediate with antioxidants may provide important embryo protection (Wells et al., 1997).

In one study, carvedilol protected oxidative stress induced by okadaic acid in N1E-115 cells. It seems that protective effect of carvedilol, as well as its ability to modify cell response to okadaic acid, involving like cytoprotective mechanism is its antioxidative properties (Tuney et al., 2006). Huang et al. (2006) reported carvedilol treatment increased activities of antioxidant enzymes and expression of Bcl-2 in healthy rats as well as diabetic rats. These results indicated that carvedilol partly improves cardiac function via its antioxidant properties in diabetic rats (Huang et al., 2006).

Prakash and Kumar (2009) reported the effectiveness of carvedilol in preventing cognitive deficits as well as the oxidative stress caused by intracerebroventricular administration of streptozotocin in rats (Prakash and Kumar, 2009). Carvedilol has been shown to preserve the endogenous antioxidant system, that is, vitamin E

and reduced glutathione (GSH), which are normally consumed when tissues or cells are exposed to oxidative stress (Feuerstein et al., 1997).

Antelava et al. (2009) reported that antioxidant and positive treatment effects of carvedilol could be explained by its wide range of pharmacological ability: as non-selective beta-adrenergic blocker (via inhibition of adenylatecyclase and decreasing cyclic adenosinemonophosphate), alpha 1-adrenoblocker [decreasing activation of phospholipase C and concentration of inositoltriphosphate, diacylglycerole and Ca (++)] and antioxidant (Antelava et al., 2009). Tasset et al. (2009) reported that carvedilol and melatonin prevented the increases in lipid peroxidation and total lactate dehydrogenase (LDH) activity, as well as the depletion of reduced GSH and the reduction of antioxidative enzymes activities in N1E-115 cells incubated with 100 mM 3NP (Tasset et al., 2009).

In conclusion, the present study showed the effects of carvedilol for the first time on cleft palate induced caffeine in rat fetuses. The present results indicate that exposure 80 mg/kg of caffeine in 9 to 11th days of gestation of rat decreases weight and length of embryos and did influence on skeletal system. It is probable that caffeine influences antioxidant system that produces teratogenic effects including cleft palate. Effects of caffeine immune suppression are mediated indirectly by inducing oxidative stress. The protective effect of carvedilol against caffeine-induced cleft palate in rat may, at least in part, be due to its antioxidant activity, which we believe deserves further investigation.

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Full Length Research Paper

Significance of the distribution of platelet-derived growth factor B chain in arteriosclerosis plaque in type-2 diabetic patients with arteriosclerosis obliterans of lower extremity

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This study aims to explore the expression of platelet-derived growth factor (PDGF) in arteriosclerosis plaque on type 2 diabetes mellitus (DM) with arteriosclerosis obliterans (ASO) of the lower extremity. A total of 24 samples from 12 patients with lower-extremity ASO who underwent surgical treatment were collected in this study. Among these samples were 12 iliofemoral arterial plaques and 12 popliteal or distal arterial plaques. Immunohistochemistry staining was performed on the plaque intima to determine the expression level of platelet-derived growth factor receptors α and β . Reverse-transcription polymerase chain reaction was carried out to detect the mRNA level of the PDGF A and B chains. PDGFR- α and PDGFR- β were excessively expressed in lower-extremity arteriosclerosis plaques. The mean PDGF B chain mRNA level in the popliteal arterial plaques of ASO patients with type-2 DM was increased when compared with that in the iliofemoral arterial plaques. The PDGF B chain mRNA level was higher in the popliteal arterial plaques in type-2 DM with ASO than in iliofemoral artery plaques. This finding confirmed that the PDGF B chain has a key function in arteriosclerosis development.

Key words: Arteriosclerosis obliterans, platelet-derived growth factor, type-2 diabetes.

INTRODUCTION

Arteriosclerosis obliterans (ASO) refers to the arteriostenosis and occlusion caused by the accumulation of atherosclerotic material, which results in thrombosis. Type-2 diabetes mellitus (DM) patients are at risk for ASO pathogenesis 11 times higher than the general population. Type-2 DM patients also show more severe pathological symptoms, poorer prognoses, higher amputation rates, and higher death rates (Mutirangura et al., 2008).

In the ASO pathogenic progression, a large amount of platelet-derived growth factor (PDGF) can be secreted via autocrine and paracrine secretions by damaged epithelial cells, activated platelets, mononuclear macrophages, and the phenotypically transformed smooth

muscle cells. Once PDGF binds to its receptor, the proliferation of mononuclear cells is enhanced, cell attachment to the intima is promoted, and cells migrate toward the subintima. The growth and proliferation of epithelial cells, fibroblasts, and vascular smooth muscle cells (VSMCs) are also PDGF dependent. The formation of foam cells from epithelial cells, fibroblasts, and VSMCs due to excessive lipid endocytosis has a key function in the occurrence and progression of arteriosclerotic plaques (Edelberg et al., 2002). The high serum glucose levels in diabetic patients may induce glycosylation of hemoglobin, causing hypoxia and lipid hypermetabolism which may further damage vascular endothelial cells (van den Oever et al., 2010; Bakker et al., 2009). Platelets form a major defense system that can be triggered by subepithelial components such as collagen fiber and von Willebrand factor. Activated platelets induce vasculitis, arteriosclerosis, and thrombus via P-selectin glycoprotein

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-1-mediated neutrophil and monocyte adhesion (Furie and Furie, 2004). Activated platelets also enhance the formation and progression of atherosclerotic plaques by facilitating the release of mitogen as well as chemokines such as PDGF and TGF- β (Karvinen et al., 2009; Brown et al., 2010; Doran et al., 2008). It has been demonstrated that celastrol inhibits atherogenesis in celastrol-treated apoE-mice fed an atherogenic diet by inhibiting inflammation in the arterial wall without improving the lipid profile (Cheng et al., 2011), and avocado fruit pulp (AFP) possesses hypocholesterolemic and antioxidant properties due to its phytoconstituents contents and substantiates its use in folkloric practices to control dyslipidemia (Mohammed and Al-Dosari, 2011). In addition, Mahbubeh et al. (2011) demonstrated that verjuice could reduce some atherosclerotic risk factors in long term treatment.

DM patients with lower extremity ASO typically contract vascular occlusions at remote ends of the cardiovascular circulation, which may further aggravate the ischemia symptom. Reports on the pathogenic correlation of the expression level of PDGF and its receptors with the pathogenic location and severity are limited, which necessitates the present study and related ones. In this study, we explored the expression of PDGF in arteriosclerosis plaque on type-2 DM with ASO of the lower extremity.

MATERIALS AND METHODS

Samples

A total of 24 arteriosclerosis samples from 12 patients (8 males and 4 females) were acquired in our hospital from January, 2007 to December, 2010. The average age of the patients was 76 years (range = 68 to 86 years). The patients suffered from many concomitant diseases such as high blood pressure, coronary heart disease, carotid artery stenosis, and cerebral lacunar infarction. All patients received clopidogrel (75 mg/day) and novolin therapy (Table 1). Patients (9) underwent femoral-popliteal artery bypass surgery and 3 patients underwent above-knee amputation. Among the samples were 12 iliofemoral arterial plaques and 12 popliteal or distal arterial plaques. All patients gave written informed consent, and the local ethics committee approved the study.

Assay methods

All operations were carried out under general anesthesia or continuous epidural anesthesia. During the femoral-popliteal artery bypass surgery (vascular prosthesis or great saphenous vein), proximal and distal samples were taken from the endarterectomy. Samples from the above-knee amputation patients were acquired by collecting 2 cm of the proximal superficial femoral artery and the distal popliteal artery. All samples were immediately split after acquisition. One part was stored at 4% formalin solution; the other part was mounted in a cryovial for liquid nitrogen freezing, and subsequently stored in a -70°C freezer.

Immunohistochemistry

Formalin samples were washed and desiccated before wrapping in

paraffin wax. After hematoxylin and eosin (HE) staining, microscopic morphological recognition of VSMCs was carried out by identifying the nuclei as blue, cytoplasm as magenta or pink, and collagen as pink.

Expressed PDGF receptors α and β were immunostained by the following procedures. Samples were dewaxed and rehydrated before washing three times in phosphate-buffered saline (PBS, pH 7.4) for 3 min each time. Antigen was retrieved by microwave incubation at 90°C in 10 M citric acid buffer for 20 min. After washing, the samples with distilled water, endogenous peroxidase, was quenched by adding one drop of 0.3% hydrogen peroxide and was incubated at 37°C for 30 min. The samples were again washed with PBS and incubated at room temperature with 10% horse antiserum for 30 min. After incubating the samples with primary antibody (1:50 dilution of anti-PDGFR- α , 1:25 dilution of anti-PDGFR- β , rabbit anti-human monoclonal antibody; Santa Cruz BIO, USA) at room temperature for 60 min and then at 4°C overnight, they were washed again with PBS three times. The slides were then incubated with 50 μ l of MaxVision™ (KIT-5004 HRP-polymer anti-rabbit IHC Kit, Maixin BIO, Fujian, China) at room temperature for 45 min (9) and were washed with PBS three times. Microscopic examination was performed after adding 3,3'-diaminobenzidine (DAB) reagent (Biomiga, USA). The slides were HE stained, washed with PBS, desiccated with ethanol, and then sealed with neutral gum. The stained images were verified by examining the staining colors, that is, blue for VSMC nuclei, light pink for cytoplasm, and brown granular particle deposition for PDGFR.

Reverse transcription-polymerase chain reaction (RT-PCR)

Ribonucleic acid (RNA) was extracted by the standard Trizol method (Trizol Reagent, TakaRa) from the samples stored at -70°C. RNA was quantified before being reverse transcribed into cDNA. The reaction system (20 μ l total volume) contained the following: 0.1 M dithiothreitol (DTT; Invitrogen, USA), 2 μ l; 40 U/ μ l RNasin (Promega; USA), 0.5 μ l; 10 mM 2'-deoxynucleoside 5'-triphosphate (dNTP; TakaRa, Japan), 1.0 μ l; Random Primer (TakaRa, Japan), 1.0 μ l; 5 $\times$ first-strand buffer, 4.0 μ l; 5 U/ μ l DnaseI (TakaRa; Japan), 1.0 μ l; and RNA, 10.5 μ l. The reaction was carried out at 37°C for 30 min and 75°C for 10 min. The reaction system for reverse transcription contained the following: 0.5 μ l of 40 U/ μ l RNasin and 0.5 μ l of 200 U/ μ l reverse transcriptase SSII (Invitrogen, USA). The reaction was carried out at 25°C for 10 min, 42°C for 1 h, 52°C for 15 min, and 70°C for 15 min. The reaction was then stored at 4°C.

cDNA (1.0 μ l) was collected from each sample for fluorescent qPCR assay. The reaction system contained the following: 5 $\times$ R-PCR buffer (TakaRa, Japan), 5.0 μ l; 250 mM Mg²⁺, 0.3 μ l; 1

Table 1. Patients' data.

Patient	Sex	Age	Preoperative fasting plasma glucose levels (mmol/L)	Symptom	Operation	Medications
1	M	86	7.1	Rest pain (R)	Bypass	Clopidogrel and Novolin50R
2	M	73	11.0	Foot (L) gangrene	Amputation	Clopidogrel and Novolin30R
3	M	77	8.5	Intermittent claudication (R)	Bypass	Clopidogrel and Novolin30R
4	M	73	8.4	Rest pain (L)	Bypass	Clopidogrel and NovolinR
5	M	82	9.8	Foot (R) gangrene	Amputation	Clopidogrel and Novolin50R
6	M	71	10.1	Rest pain (L)	Bypass	Clopidogrel and NovolinR
7	M	70	6.9	Intermittent claudication (L)	Bypass	Clopidogrel and NovolinR+N
8	M	68	8.6	Rest pain (R)	Bypass	Clopidogrel and Novolin30R
9	F	76	9.2	Intermittent claudication (L)	Bypass	Clopidogrel and Novolin50R
10	F	79	7.1	Rest pain (R)	Bypass	Clopidogrel and Novolin30R
11	F	76	13.5	Foot (R) gangrene	Amputation	Clopidogrel and Novolin30R
12	F	81	7.9	Rest pain (R)	Bypass	Clopidogrel and Novolin30R

copies against every 106 copies of GAPDH. Statistical Package for Social Sciences (SPSS) 10.0 software was used for the related analysis.

RESULTS

HE staining

In patients with type-2 DM plus ASO, HE staining showed significant VSMC hyperplasia and disordered cell alignment with some inflammatory cell penetration, as well as considerable lipid penetration around iliofemoral vascular plaques (Figure 1a). Among the popliteal arteriosclerotic samples, HE staining showed disordered VSMC alignment, with similar lipid penetration as the iliofemoral samples (Figure 1b).

Expression levels of PDGFR- α and - β

Immunostaining revealed that PDGFR- α accumulated in the shuttle-shaped stripe. In patients with type-2 DM plus ASO patients, PDGFR- α was highly expressed in plaques at the iliofemoral section (Figure 1c), with increased expression in plaques at the popliteal section (Figure 1d). PDGFR- β demonstrated granular accumulation in plaques. The expression in plaques at the iliofemoral and popliteal sections was significantly increased (Figure 1e and f).

PDGF A and B chains mRNA expression

The average PDGF A chain mRNA level in type-2 diabetes combined with ASO in iliofemoral arteriosclerosis was $26\,408 \pm 3447$ copies per 106 glyceraldehyde-3-phosphate dehydrogenase (GAPDH)

copies. The corresponding average in popliteal obliterans patients was $27\,725 \pm 5127$ copies per 106 GAPDH copies. The difference in the two averages is statistically insignificant ($P > 0.05$). The average PDGF B chain expression level in iliofemoral arteriosclerosis samples was $102\,633 \pm 65267$ per 106 GAPDH copies, which is far lower than that in the popliteal samples at $135\,541 \pm 96196$ per 106 GAPDH copies. The difference is significant ($P < 0.05$) (Table 2).

DISCUSSION

PDGF is a group of mitogen and chemokine in serum with a molecular weight range of 28 to 35 kDa. The currently identified peptides in the PDGF family include four, EST ID PDGF-A, -B, -C, and -D. Functional PDGF molecules are normally homodimers or heterodimers constituted by any two of the four PDGF peptide types. Hyperplasia VSMC has been shown to express PDGF A chain and PDGF receptor gene, as well as secrete bioactive PDGF-like molecules. Thus, the expression of PDGF aggravates arteriosclerosis and further leads to obliterans (Doran et al., 2008).

PDGF receptor is a single-chain cross-membrane tyrosine kinase receptor with a molecular weight range of 170 to 180 kDa. The receptor includes two types of subunits, namely, α and β , and is functional as either a monomer or an instable dimer. PDGFR- α binds PDGF-A, -B, and -C, whereas PDGFR- β binds PDGF-B and -D. PDGF homodimer CC and DD can both bind PDGF receptor heterodimer $\alpha\beta$. PDGFR- α has an important function in the regulation of neural ridge cell development and metamere development in the embryonic period (Tallquist and Sodano, 2003), whereas PDGFR- β is involved in vascular wall development (Winkler et al., 2010). The expression of both PDGFR- α and - β has been

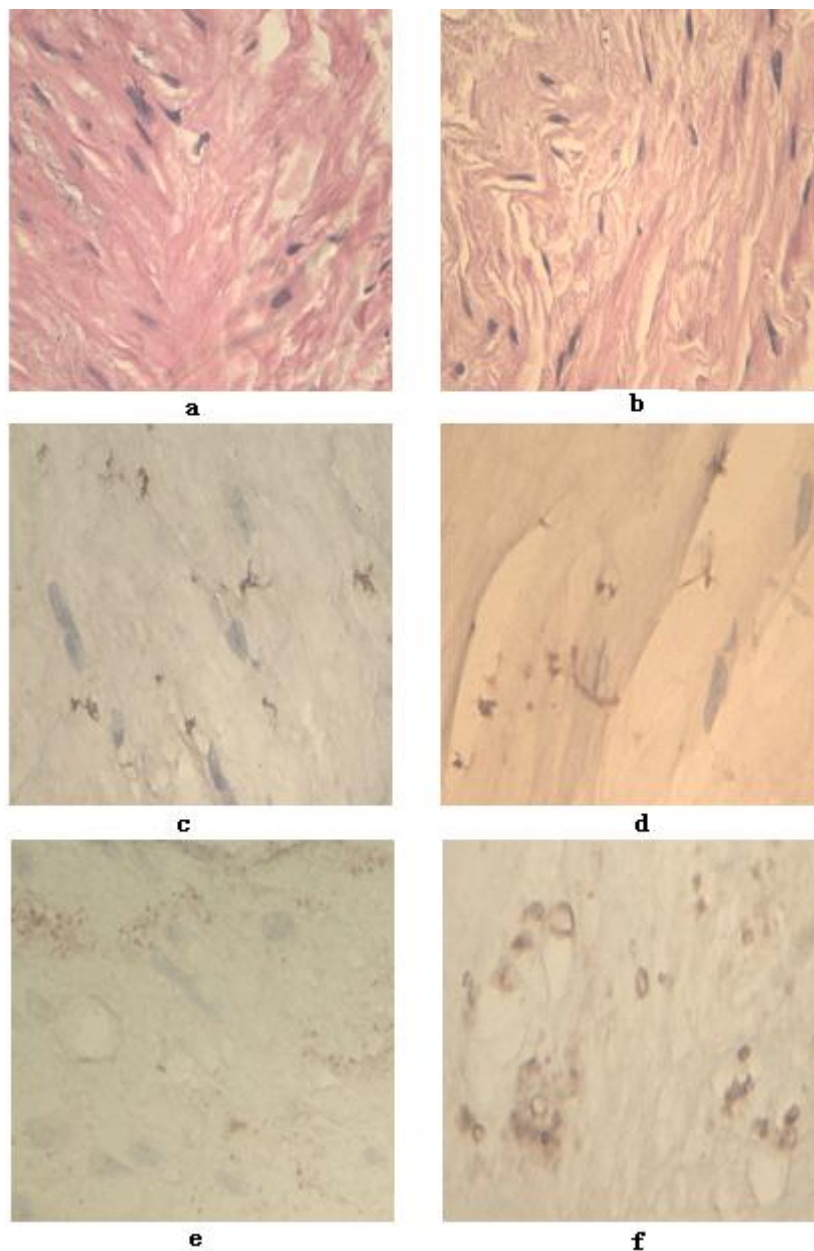


Figure 1. Hematoxylin and eosin staining. Significant VSMC hyperplasia and disordered cell alignment with some inflammatory cell penetration as well as considerable lipid penetration around iliofemoral vascular plaques (a). Popliteal arteriosclerotic samples disordered VSMC alignment, with similar lipid penetration as iliofemoral samples (b). PDGFR- α was accumulated in shuttle shaped stripe. Among type-2 diabetes induced ASO patients, PDGFR- α was intensively expressed in plaques at iliofemoral section (c), with increased expression in plaques at popliteal section (d). PDGFR- β demonstrated granular accumulation in plaques at femoral artery, with significant expression increase in plaques at iliac and popliteal section (e, f).

shown to increase in the vessels of atherosclerosis patients, and the mechanical stimulation of smooth muscle cells induces increased expression of receptors to PDGFR- α (Zhang and Khachigian, 2010).

Clinical studies revealed that arteriosclerosis is one of

the major causes of amputation due to its rapid pathogenic progression, accompanied with iliofemoral obstructions, popliteal obstructions, tissue ischemia, ulcer, and necrosis. Related investigations on arteriosclerosis pathogenic mechanism, particularly, distal

Table 2. PDGF A chain and B chain mRNA expression level comparison between type-2 diabetes iliofemoral arteriosclerosis samples and popliteal artery samples.

S/N	PDGF A chain		PDGF B chain	
	Iliofemoral	Popliteal	Iliofemoral	Popliteal
1	1.96×10^4	2.35×10^4	2.65×10^4	3.29×10^4
2	3.09×10^4	3.38×10^4	2.10×10^5	2.86×10^5
3	2.67×10^4	2.24×10^4	8.01×10^4	1.22×10^5
4	2.65×10^4	3.02×10^4	6.07×10^4	6.48×10^4
5	2.67×10^4	2.15×10^4	8.44×10^4	9.14×10^4
6	2.44×10^4	2.63×10^4	7.33×10^4	9.25×10^4
7	2.15×10^4	2.71×10^4	8.12×10^4	1.05×10^5
8	3.02×10^4	3.35×10^4	1.96×10^5	2.97×10^5
9	2.97×10^4	3.58×10^4	2.16×10^5	2.89×10^5
10	2.73×10^4	2.59×10^4	6.75×10^4	7.84×10^4
11	2.45×10^4	2.12×10^4	5.37×10^4	6.88×10^4
12	2.89×10^4	3.15×10^4	8.22×10^4	9.87×10^4
M	26408 ± 3447	27725 ± 5127	102633 ± 65267	135541 ± 96196
P	P > 0.05		P < 0.05	

arteriosclerosis, may improve the rate of limb salvation. The tissue-specific pathogenic mechanism of diabetic arteriosclerosis is not yet clear. Genetics, immunological specificity, environment, and living pattern may all be effective pathogenic elements, and the related research is also sociologically importance (Boulton, 2004; Vuorisalo et al., 2009; Edmonds, 2006).

The key function of PDGF in general arteriosclerosis pathogenesis is the major consideration of the present study. The specific functionality of PDGF in lower-extremity ASO featured by distal-end vascular obliterans and severe ischemia is under debate.

Conclusion

Conclusively, the results showed that the mean PDGF B chain mRNA level in the popliteal arterial plaques of ASO patients with type-2 DM was increased when compared with that in the iliofemoral arterial plaques. The PDGF B chain mRNA level was higher in the popliteal arterial plaques in type-2 DM with ASO than in iliofemoral artery plaques. The PDGF B chain mRNA level was higher in the popliteal arterial plaques in type-2 DM with ASO than in iliofemoral artery plaques. The increased PDGF B chain expression shows that the PDGF B chain may be closely involved in the pathogenesis of distal end obstruction.

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Full Length Research Paper

Renoprotective effect of silymarin on gentamicin-induced nephropathy

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Gentamicin (GM) is an aminoglycoside antibiotic which is used in clinical practice to treat severe gram-negative infections. *Silybum marianum*, also known as milk thistle, is a member of Asteraceae family and is well recognized as a hepatoprotective herbal medicine. The main objective of this present study was to evaluate the renoprotective effect of silymarin on GM-induced nephropathy. Eighteen healthy Ghezel sheep were randomly divided into three groups of control and treatments. All sheep of two groups received 20 mg/kg/body weight of GM every 8 h by intramuscular injection for 10 days. Treatment group also receive silymarin at the dose of 80 mg/case three-times a day for 20 days intramuscular injection for 14 days. This study showed that the GM-induced renal toxicity, as measured by multiple functional, structural and enzymatic factors is significantly reduced by co-supplementation of silymarin. The results of this study suggest the potential of silymarin to protect against GM-induced nephrotoxicity.

Key words: Renoprotection, silymarin, gentamicin, nephropathy.

INTRODUCTION

Gentamicin (GM) is an aminoglycoside antibiotic which is used in clinical practice to treat severe gram-negative infections. However, its nephrotoxic action has limited the extent of its use (Mingeot-Leclercq and Tulkens, 1999). Routine therapeutic use of aminoglycoside, GM (80 mg/kg/body weight) for more than 7 days, has long been the commonest cause of nephrotoxicity in approximately 30% of patients (Moore et al., 1984; Barclay and Begg, 1994; Pedraza-Chaverri et al., 2003). The specificity of GM for renal toxicity is apparently related to its ability to increasingly facilitate the generation of radical species, including superoxide anions, hydrogen peroxides and hydroxyl radicals in mitochondria, a few of which appears to be a crucial part of the antioxidant deficiency-associated oxidative stresses in the renal proximal convoluted tubules (Maldonado et al., 2003; Yanagida et al., 2004). Recently, a number of studies demonstrating reduced plasma concentration of endogenous chain-breaking antioxidant, like vitamin E, in nephrotoxicity and interactions between this vitamin and biochemical reactions such as cortical lipid peroxidation, synthesis of radical-driven metabolites and electron-transferring pathway, suggest that disturbed metabolism of vitamin E

may be important in the pathogenesis of nephrotoxicity with GM (Ademuyiwa et al., 1990; Abdel-Naim et al., 1999; Kadkhodaei et al., 2004).

Silybum marianum, also known as milk thistle, is a member of Asteraceae family and is well recognized as a hepatoprotective herbal medicine. Silymarin is a lipophilic extract of the milk thistle seeds. It is composed of three isomers of flavonolignans (silybin, silydianin and silychristin), and two flavonoids (taxifolin and quercetin) (Kren and Walterova, 2005; Abenavoli et al., 2010).

Silymarin is commonly prescribed in cases of cirrhosis, viral hepatitis and *Amanita phalloides* poisoning (Loguercio and Festi, 2011; Abenavoli et al., 2010; Saller et al., 2001). Two major mechanisms have been proposed to account for the hepatoprotective effects of silymarin. The first mechanism is due to its dose-dependent antioxidant effect. This effect is mediated by scavenging of free radicals, decreasing formation of reactive oxygen species (ROS) and inhibition of fatty acid peroxidation. The second mechanism involves anti-inflammatory and anti-apoptotic actions through interference with nuclear factor kappa-B (NF- κ B), modulation of inducible nitric oxide and decreases in

Table 1. Biochemical parameters analysis on day 0 of study.

Parameter No.	Creatinine (mg/dl)	Uric acid (mg/dl)	BUN (mg/dl)	Urea (mg/dl)	GGT (IU/L)	Urine casts	Dipstick testing
1	1.11	0.48	18.45	39.4	16	Negative	Normal
2	1.12	0.45	19.11	40.8	18	Negative	Normal
3	1.11	0.46	19.15	40.9	20	Negative	Normal
4	1.09	0.51	18.85	40.3	18	Negative	Normal
5	1.14	0.53	18.90	40.4	16	Negative	Normal
6	1.11	0.46	19.50	41.7	15	Negative	Normal
7	1.08	0.5	19.35	41.4	19	Negative	Normal
8	1.12	0.51	18.45	39.4	18	Negative	Normal
9	1.11	0.45	18.85	40.3	17	Negative	Normal
10	1.07	0.51	19.22	41.1	18	Negative	Normal
11	1.13	0.46	20.31	43.4	19	Negative	Normal
12	1.11	0.47	18.45	39.4	21	Negative	Normal
13	1.12	0.47	18.85	39.8	17	Negative	Normal
14	1.14	0.45	19.20	40.9	18	Negative	Normal
15	1.14	0.49	19.55	41.8	19	Negative	Normal
16	1.07	0.46	19.82	42.4	19	Negative	Normal
17	1.09	0.48	18.25	39	18	Negative	Normal
18	1.11	0.51	20.68	44.2	19	Negative	Normal
Total	1.04	0.48	19.16	40.92	18.05	-	-

cyclooxygenase-2 expression. Silymarin also possesses antiviral and anti-fibrotic effects (Saller et al., 2001; Vaid and Katiyar, 2010).

As noted, silymarin has shown promising hepatoprotective effects, both experimentally and clinically. Antioxidant and anti-inflammatory properties of silymarin may also have protective role against photocarcinogens (Vaid and Katiyar, 2010) and nephropathic processes (Kren and Walterova, 2005). Silybin has been found to stimulate kidney cells in a similar manner to that seen in liver cells. Silybin and silychristin have been shown to increase proliferation rate, protein and DNA biosynthesis and lactate dehydrogenase (LDH) activity in kidney cells that have been damaged *in vitro* by paracetamol, cisplatin or vincristine. Administration of silybin prior to or following the chemical-induced injury has prevented or reduced nephrotoxic effects (Sonnenbichler et al., 1999). Silymarin therefore, appears to have the potential as a renoprotective agent against nephrotoxic medications due to its antioxidant, anti-inflammatory and anti-apoptotic actions. The main objective of present study was to evaluate the renoprotective effect of silymarin on GM-induced nephropathy.

MATERIALS AND METHODS

Experimental protocol

This study was conducted in Tabriz during summer, 2011. Vials of

both, injectable (i.m.) GM sulphate and silymarin assigned for medical applications were purchased from Drugstore Co. (Tabriz, Iran).

In present study, after induction of nephropathy, we used silymarin as renoprotective at the dose of 80 mg/case three-times a day for 20 days.

Eighteen healthy Ghezel sheep divided into three groups including (1) control, (2) treatment with vitamin E and (3) treatment with vitamin C.

Biochemical assay

Urine and blood samples were obtained on days 0, 7, 10, 14 and 17 from sheep of each

Table 2. Biochemical parameters analysis of normal control group on days 7, 10, 14 and 17.

Parameter No.	Creatinine (mg/dl)	Uric acid (mg/dl)	BUN (mg/dl)	Urea (mg/dl)	GGT (IU/L)	Urine casts	Dipstick testing
Day 7							
1	3.4	1.1	35	74.9	31	Negative	Normal
2	3.3	1.2	32	68.4	35	Epithelial cells	Normal
3	2.8	1	28	59.9	27	Negative	Normal
4	2.8	1.2	30	64.2	30	Epithelial cells	Normal
Total	3.07	1.12	31.25	66.85	30.75	-	-
Day 10							
1	3.9	1.8	51	109.1	40	Normal	Normal
2	4	1.9	46	98.4	32	Epithelial cells	Normal
3	4	1.7	48	102.7	37	Normal	Normal
4	3.7	1.7	49	104.8	43	Epithelial cells	Normal
Total	3.90	1.77	48.50	103.75	38.00	-	-
Day 14							
1	6.3	2.2	54	115.5	46	Epithelial cells	Normal
2	6.4	2.3	53	113.4	45	Epithelial cells	Normal
3	6	2.3	51	109.1	42	Normal	Normal
4	6.1	2	51	109.1	50	RBC	Hb
Total	6.20	2.20	52.25	111.77	45.75	-	-
Day 17							
1	6.4	2.3	60	128.4	52	Epithelial cells	Normal
2	6.3	2.2	58	124.1	48	Epithelial cells	Normal
3	6.4	2.3	59	126.2	45	Normal	Normal
4	6.2	2.3	59	126.2	53	RBC	Hb
Total	6.32	2.27	59.00	126.22	49.50	-	-

parameters on days 7, 10, 14 and 17 in the normal control group are shown in Table 2. Data associated with biochemical parameters on days 7, 10, 14 and 17 in the treated group with silymarin are shown in Table 3.

As shown in Table 1, the mean value of creatinine, uric acid, BUN, urea and GGT on day 0 is 1.04, 0.48, 19.16, 40.92 and 18.05, respectively, while, these values are 3.07, 1.12, 31.25, 66.85 and 30.75, respectively on day 7 in toxic controls compared with 1.90, 0.65, 22.00, 47.02 and 20.75 in the silymarin group on same day; so there is significant difference among two groups.

On day 10, the mean value of creatinine, uric acid, BUN, urea and GGT were 3.90, 1.77, 48.50, 103.75 and 38.00, respectively in the GM toxic group and were 2.07, 0.97, 27.25, 58.25 and 20.30 in silymarin group; so there is significant difference among two groups.

On day 14, the mean value of creatinine, uric acid, BUN, urea and GGT were 6.20, 2.20, 52.25, 111.77 and 45.75, respectively in the GM toxic group

Table 3. Biochemical parameters analysis of treated group with silymarin on days 7, 10, 14 and 17.

Parameter No.	Creatinine (mg/dl)	Uric acid (mg/dl)	BUN (mg/dl)	Urea (mg/dl)	GGT (IU/L)	Urine casts	Dipstick testing
Day 7							
1	1.9	0.7	22	47	21	Normal	Normal
2	1.8	0.6	23	49.2	25	Normal	Normal
3	1.9	0.8	22	47	18	Normal	Normal
4	2	0.5	21	44.9	19	Normal	Normal
Total	1.90	0.65	22.00	47.02	20.75	-	-
Day 10							
1	1.9	0.9	28	59.9	22	Normal	Normal
2	2.2	1	27	57.7	20	Normal	Normal
3	2.3	1.1	27	57.7	18	Normal	Normal
4	1.9	0.9	27	57.7	21.2	Normal	Normal
Total	2.07	0.97	27.25	58.25	20.30	-	-
Day 14							
1	3.9	1	30	64.2	20	Normal	Normal
2	3.8	1.1	29	62	26	Epithelial cells	Normal
3	3.9	1	29	62	25	Normal	Normal
4	3.7	1	28	59.9	21	Normal	Normal
Total	3.82	1.02	29.00	62.02	23.00	-	-
Day 17							
1	3.5	0.9	27	57.7	20	Normal	Normal
2	3.6	0.8	26	55.6	23	Epithelial cells	Normal
3	3.4	0.8	24	51.3	24	Epithelial cells	Normal
4	3.5	0.7	24	51.3	20	Normal	Normal
Total	3.50	0.80	25.25	53.97	21.75	-	-

contraction, stimulation of mesangial proliferation and neutralization of negative charges of the glomerular filtration barrier. An increase in vasoconstrictor mediators, including increases in angiotensin-II, endothelin-I, thromboxane A2 and ROS, and decreases in vasodilator prostaglandins, have been proposed to explain aminoglycoside induced vascular dysfunction. The net effects of aminoglycosides on kidney are therefore apparently mediated by vasoconstrictors, ROS, inflammatory cytokines and apoptosis. Aminoglycoside-induced nephrotoxicity may be non-oliguric or polyuric and its clinical presentations include increased serum creatinine and urea concentrations, proteinuria, enzymuria, glycosuria, hypomagnesemia and hypocalcemia (Lopez-Novoa et al., 2011).

Varzi et al. (2007) evaluated silymarin effects on GM-induced nephrotoxicity in a study of five groups of dogs. Group 1 was injected with saline as control group. Groups 2 to 5 received intramuscular injection of 20 mg/kg of GM sulfate once daily for 9 days. Group 3 was administered vitamin E orally at dosage of 25 mg/kg once daily for 9 days. Group 4 received silymarin 20 mg/kg

daily for 9 days. Group 5 was administered both vitamin E and silymarin at the same doses as groups 3 and 4 for 9 days. Rises in serum creatinine and urea levels and decreases in glomerular filtration rate were considered as markers of deteriorating renal function. Total serum antioxidant activity was also assessed as a marker of antioxidant defense capacity. The dogs that received silymarin concomitant with GM had lower rises in serum creatinine, urea concentrations and higher glomerular filtration rates compared to the group that was administered GM alone. Serum levels of malond

been proposed to prevent or ameliorate drug-induced nephrotoxicity (DIN) (Dolin and Himmelfarb, 2008; Cynthia, 2008). Nevertheless, DIN remains a major problem for health care professionals. Silymarin is widely used as a hepatoprotective remedy. Antioxidant and anti-inflammatory actions; protein synthesis induction; inhibition of lipid peroxidation, leukotriene and prostaglandin synthesis; and neutrophil migration are among the pharmacologically described effects of silymarin bioflavonoids (Loguercio and Festi, 2011; Saller et al., 2001; Dixit et al., 2007). Silymarin may exert positive effects in the management of patients with renal insufficiency. Recently, Roozbeh et al. (2011) reported that treatment of hemodialysis patients with silymarin, alone or in combination with vitamin E, significantly decreased plasma MDA concentration and increased red blood cell glutathione peroxidase and hemoglobin levels.

Silymarin also reduced kidney damage and restored activities of superoxide dismutase, glutathione peroxidase and catalase enzymes in rats with alloxan-induced diabetes (Soto et al., 2010). In streptozotocin-induced diabetes rats, milk thistle extract attenuated diabetic nephropathy, probably by increasing catalase and glutathione peroxidase activity and reducing lipid peroxidation in renal tissue (Vessal et al., 2010). Renoprotective effects of silymarin against some chemical nephrotoxins other than drugs have also been reported. An animal model of chloroform-induced nephrotoxicity was designed in Sprague-Dawley male rats by administering 20% chloroform in olive oil at dose of 2 ml/kg every other day. When silymarin was intragastrically administered at a dose of 50 mg/kg, 24 h after intraperitoneal injection (IP) administration for 2 weeks, a significantly restored renal function was observed based on the urine and serum markers of kidney function (urea, creatinine, creatinine clearance, protein, albumin, urobilinogen and nitrite). Silymarin treatment also restored losses in body weight and rises in kidney weight that had been induced by chloroform (Khan and Siddique, 2012).

Female Swiss albino mice fed with silymarin and ferric nitrilotriacetate, a potent nephrotoxic agent and a renal carcinogen, showed lower rates of lipid peroxidation, kidney cell hyper proliferation, and expression of proinflammatory mediators compared with the group that received ferric nitrilotriacetate alone (Kaur et al., 2010). Conversely, silymarin exacerbated renal impairment in an animal model of glycerol-induced acute kidney injury. In that study, silymarin administration resulted in persistence of oxidative stress and inflammatory processes, tubular necrosis and apoptosis in rats with glycerol-induced AKI (Homsí et al., 2010).

Another renoprotective impact of silymarin includes preventive effects against ischemia/reperfusion (I/R) renal injury. Silymarin dose-dependently prevented I/R-induced renal morphology changes in Sprague-Dawley rats, including tubular dilatation and vacuolization, pelvic

inflammation, interstitial inflammation, perirenal adipose infiltration and tubular and glomerular necrosis (Senturk et al., 2008). Silymarin prevented I/R-induced renal damage in Wistar rats based on other kidney markers such as serum creatinine, urea, and cystatin C concentrations, serum enzymatic activity of glutathione peroxidase, serum and tissue MDA and nitrogen oxides (NO) levels (Turgut et al., 2008).

Silymarin has also shown anti-cancer activities against renal cell carcinoma in some studies (Cheung et al., 2010; Chang et al., 2011; Li et al., 2008). Possible mechanisms of silymarin anti-cancer effects include inhibition of cell proliferation, enhancement of apoptosis, decreases in angiogenesis, blockage of cell cycle regulators and increases in the expression of cell cycle inhibitors (Cheung et al., 2010). Silymarin is rapidly absorbed following oral administration and undergoes both phase I and especially phase II metabolism in the liver. Although silymarin reduces activities of some cytochrome P-450 isoenzymes, UDP-glucuronosyl transferase and P-glycoprotein, no clinically significant drug interaction has yet been reported with usual dose of silymarin (Wu et al., 2009; Han et al., 2009; Deng et al., 2008). Milk thistle extract has a good safety profile and most associated adverse events are mild in nature and include mild dyspepsia, allergic reactions, urticarial and nausea. Pruritus, headache, exanthema, malaise, asthenia and vertigo have been reported less frequently following silymarin administration (Ghosh et al., 2010; Karimi et al., 2011).

Conclusion

Most of the studies of silymarin are suggestive of promising positive effects on drug-, chemical-, and to some extent, disease-induced nephropathy (DIN). Due to the high burden that DIN places with respect to patient morbidity, mortality and health-related costs, silymarin may be recommended as a renoprotective agent to attenuate toxicity of some valuable drugs such as cisplatin and aminoglycosides that currently have a high likelihood of inducing nephrotoxicity.

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Full Length Research Paper

Unsupervised data mining technology based on research of stroke medication rules and discovery of prescription

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For collecting and sorting literature on treatment of ancient and modern stroke at the entry point, frequency and charts analysis methods were applied. Modern computer technology and statistics were used to do in-depth study of stroke literature data, explore stroke differentiation of symptoms and signs and regular treatment by ancient physicians. On this basis, the unsupervised data mining technology was applied to obtain each syndrome commonly used for drug pair and combination of core. In assembling empirically drug pair and combination of core, 3 new prescriptions were obtained for each syndrome.

Key words: Unsupervised data mining, stroke, medication rules, new prescription.

INTRODUCTION

Traditional Chinese medicine has a long history of stroke awareness, and has experienced thousands of years of transmutation for its etiology, pathogenesis and treatment medication. From the "outside wind theory" to the "internal wind theory"; from dispelling wind and releasing the exterior to nourish the blood and sinew, resolve phlegm, dispel wind, tonify qi, activate blood, calm the liver and extinguish wind; from houshiheisan, daxiaoxumingtang to dihuangyinzi, sanhuatang, buyanghuanwutang and zhenganxifengtang, almost every period, representative physicians had unique insights of stroke disease and accumulated very rich experience in its diagnosis and treatment.

The evolution of the ancient physicians treating stroke reflected the innovation and advancement of the theory

and methods of stroke treatment in a particular historical period. The systematic analysis of the compatibility law of prescription is an important way to accurately grasp the pathogenesis of stroke evolution. Close attention has been paid to how to use modern scientific research methods, and how to carry out high efficient and relevant research on stroke.

Research purposes

In this study, we gathered literatures on treatment of ancient and modern stroke, and with the methods of modern computer technology combined with statistics; we established the disease prescription database. We used frequency, charts and other mathematical analysis methods to summarize and sum up the ancient physicians' knowledge of stroke and the general awareness of the law of the treatment and characteristics

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of the medicine on the basis of the analysis of stroke prescription drug law. We then applied the unsupervised data mining technology to excavate new prescriptions of stroke common syndromes and also used the experiment to verify the validity, and opened new avenues for the discovery of new stroke compound medicines. Through the study, we establish a compound Chinese medicine research and development mode about combination of data mining and the Chinese Medical Literature Analysis.

RESEARCH CONTENTS AND METHODS

The study on ancient and modern literature of stroke medication rules

Establishing the stroke literature database

We collected literature widely on treatment of ancient and modern stroke, sorted out in line with the literature included in the standard literature records of 855 cases. We normalized their symptoms, such as traditional Chinese medicine name, collated and entered data in Epidata 3.1 software and transformed them into the SPSS18.0 database with requirements of data mining and statistical analysis; and then proceeded to the next step of database analysis.

The study on each historical period of stroke medication rules

We used the computer statistical software, SPSS18.0 with frequency analysis method to do comparative analysis on the frequency of stroke drug use and percentage of drug genus. And thus, add up the high frequency of drug and high utilization of percentage of drug genus. From there, we then inferred the disease medication rules and dominant trend in the different historical periods.

The horizontal bar chart analysis method was used to compare lateral number of various drugs flavor and the percentage of all drugs in the same dynasty, analyze briefly stroke medication rules in the same period and compare vertical commonly used class of drugs of different dynasties to grasp stroke medication rules in history.

Unsupervised data mining technology on stroke for new discovery of prescription

From 855 prescriptions of total database of stroke literature, the followings were screened respectively: syndrome of qi deficiency and blood stasis, syndrome of obstruction of collateral due to wind-phlegm, syndrome of internal block of phlegm-heat, syndrome of yin deficiency liver, and four wind syndrome prescription. Each syndrome prescription was entered respectively into SPSS18.0 software and data were processed by the Institute of Automation, Chinese Academy of Sciences, Chen (2008) designed unsupervised pattern discovery analysis software. Analyzed Drug correlation was analyzed by improved mutual information and entropy clustering method of complex systems, respectively. The unsupervised data mining technology was applied to obtain each syndrome commonly used for drug pair and combination of core. In assembling empirically drug pair and combination of core, 3 new discovered prescriptions were obtained for each syndrome, and through research and discussion, Traditional Chinese Medicine experts identified new prescription, in line with the clinical treatment of stroke based on each syndrome compatible law.

RESULTS

The study on each historical period stroke medication rules

On the basis of the stroke literature database using frequency analysis method, the following were derived: For Tang and Song dynasties, 67 flavors with high-frequency of drugs were derived; among them, exterior-releasing medicine, tonifying and replenishing medicine, and wind-dampness-dispelling medicine were used most frequently. For Jin and Yuan dynasties, 52 flavors with high-frequency of drugs were derived; among them, tonifying and replenishing medicine, resolving phlegm drug, exterior-releasing medicine, liver-pacifying and wind-extinguishing medicine were used most frequently. For Ming and Qing dynasties, 70 flavors with high-frequency of drugs were derived; among them, tonifying and replenishing medicine, exterior-releasing medicine, resolving phlegm drug, liver-pacifying and wind-extinguishing medicine were used most frequently. Near the modern era, 47 flavors with high-frequency of drugs were derived; among them, tonifying and replenishing medicine, liver-pacifying and wind-extinguishing medicine, and resolving phlegm drug were used most frequently. In the total database, 78 flavors with high-frequency of drugs were derived; among them, tonifying and replenishing medicine, exterior-releasing medicine, resolving phlegm drug, liver-pacifying and wind-extinguishing medicine, wind-dampness-dispelling medicine, blood-activating and stasis-resolving medicine, warming the interior medicine, heat-clearing formula, qi-regulating medicine, orifice-opening medicine, etc., were used most frequently.

Horizontal bar chart analysis method was used to compare the dynasties' various types of drugs, flavor number and the percentage of all the medicines. Results were analyzed with the frequency analysis method. We also longitudinally compared the different dynasties' commonly used drug classes, and found out exterior-releasing medicines were used most frequently, followed by Tang and Song dynasties. On the contrary, in near the modern era, frequent use of wind-dampness-dispelling medicine led to its descending on time; tonifying and replenishing medicines were used frequently more than 10% of all drugs used in this period. The highest in Ming and Qing dynasties were liver-pacifying and wind-extinguishing medicines; frequency of resolving phlegm drug rose with time. Blood-activating and stasis-resolving medicines and orifice-opening medicines were used frequently with little changes in the treatment of stroke during each period.

Unsupervised data mining technology on stroke for new discovery of prescription [1-2]

From the total database of ancient and modern stroke

Table 1. 78 flavors high-frequency drugs of syndrome of qi deficiency and blood stasis.

S/N	Drug	Frequency	No	Drug	Frequency
1	Chuan Xiong	151	40	Bing Pian	24
2	Fang Feng	147	41	Ru Xiang	23
3	Dang Gui	133	42	Chi Shao	21
4	Ren Shen	115	43	Gui Zhi	20
5	Bai Shu	110	44	Yuan Zhi	20
6	Qiang Huo	80	45	Ling Yangjiao	20
7	Fu Ling	78	46	Ju Huang	19
8	Bai Shao	78	47	Cang Shu	19
9	Ma Huang	77	48	Mo Yao	19
10	Rou Gui	76	49	Wei Lingxian	18
11	Tian Ma	68	50	Bai Huashe	18
12	Du Huo	64	51	Wu Yao	18
13	Fu Zi	64	52	Du Zhong	18
14	Bai Zhi	56	53	He Shaowu	18
15	Niu Xi	54	54	Mai Dong	18
16	Huang Qi	52	55	Ge Gen	17
17	Huang Qin	50	56	Zhi Qiao	17
18	Chen Pi	47	57	Gao Ben	16
19	Xi Xin	42	58	Huang Xiang	16
20	Ban Xia	42	59	Niu Huang	16
21	Quan Xie	40	60	Xi Jiao	15
22	Jiang Can	38	61	Suan Zaoren	15
23	Tian Nanxing	37	62	Sheng Ma	14
24	Chuan Wu	36	63	Wu Qiaoshe	14
25	She Xiang	35	64	Chen Xiang	14
26	Mu Xiang	34	65	Xiang Fu	14
27	Gan Jiang	32	66	Hong Hua	14
28	Sheng Dihuang	31	67	Cao Xie	13
29	Shi Gao	30	68	Man Jingzi	12
30	Qin Jiu	30	69	Huang Lian	12
31	Fang Ji	30	70	Cao Wu	12
32	Ku Xingren	30	71	Di Long	12
33	Bai Fuzi	29	72	Shi Changpu	12
34	Jie Geng	27	73	Yi Yiren	11
35	Zhu Sha	27	74	Zhi Shi	11
36	Shu Dihuang	27	75	Da Zao	11
37	Jing Jie	26	76	Fu Shen	10
38	Bo He	26	77	Tao Ren	10
39	Sheng Jiang	25	78	Zhu Li	10

literature, the followings were screened respectively: syndrome of qi deficiency and blood stasis, syndrome of obstruction of collateral due to wind-phlegm, syndrome of internal block of phlegm-heat, syndrome of yin deficiency liver wind four syndrome prescription. By analyzing 277 cases drugs of syndrome of qi deficiency and blood stasis, obtaining 78 flavors high-frequency drugs (Table 1), applied respectively improved mutual information

Table 2. 44 drug pairs of syndrome of qi deficiency and blood stasis.

S/N	Drug Pair		S/N	Drug Pair	
1	Chuan Xiong	Ma Huang	23	Huang Qi	Tian Nanxing
2	Fang Feng	Jing Jie	24	Huang Qi	Bo He
3	Dang Gui	Huang Qi	25	Huang Qin	Jie Geng
4	Dang Gui	Sheng Dihuang	26	Xi Xin	Xiang Fu
5	Ren Shen	Fu Zi	27	Jiang Can	She Xiang
6	Bai Shu	Xi Xin	28	Tian Nanxing	Suan Zaoren
7	Bai Shu	Yi Yiren	29	Chuan Wu	Jie Geng
8	Qiang Huo	Bo He	30	She Xiang	Man Jingzi
9	Bai Shao	Huang Qin	31	Mu Xiang	Du Zhong
10	Ma Huang	Huang Qi	32	Gan Jiang	Chi Shao
11	Ma Huang	Quan Xie	33	Sheng Di	Mai Dong
12	Rou Gui	Du Huo	34	Shi Gao	Ge Gen
13	Rou Gui	Fu Zi	35	Jie Geng	Bo He
14	Rou Gui	Gui Zhi	36	Zhu Sha	Bai Huashe
15	Rou Gui	Ge Gen	37	Jing Jie	Bo He
16	Tian Ma	Jing Jie	38	Sheng Jiang	Ge Gen
17	Du Huo	Xi Xin	39	Sheng Jiang	Zhu Li
18	Du Huo	Shi Gao	40	Ling Yangjiao	Xi Jiao
19	Fu Zi	Cao Wu	41	Ling Yangjiao	Fu Shen
20	Bai Zhi	Wu Yao	42	Niu Huang	Xi Jiao
21	Niu Xi	Xi Xin	43	Niu Huang	Wu Qiaoshe
22	Huang Qi	Xi Xin	44	Sheng Ma	Zhu Li

flavors with high-frequency of drugs were obtained. By applying respectively the above method, 26 drug pairs, 19 combinations of core and 3 new prescriptions for the syndrome were obtained. By analyzing 64 cases of drugs for syndrome of yin deficiency liver wind, 28 flavors with high-frequency of drugs were obtained. By applying respectively the above method, 20 drug pairs, 19 combinations of core and 3 new prescriptions for the syndrome were obtained.

DISCUSSION

Application of mathematical statistics methods

Using TCM to carry out research on stroke has past two thousand years ago. the ancient physicians made further exploration and played with stroke etiology and pathogenesis of the law governing its prescription. Their expanded ideas and accumulated experience were conducive to further improve the prevention and treatment of this disease. However, these researches were scattered, disordered, low-level and very repetitive. But, with the rapid development and popularization of computer and software technology, the application of certain mathematical statistical methods can lead to a more comprehensive, systematic, and in-depth study of the incidence of the law and principles of treatment of

stroke. The frequency and bar chart analysis methods are simple, intuitive, practical, and more appropriate for this study.

In this study, we comparatively analyzed the frequency of stroke drug use, the percentage of drug genus though frequency analysis; and thus obtained high frequency of drug and high utilization of drug genus. We then inferred the laws of drug and the dominant trend of the disease in different historical periods. Horizontal bar chart analysis method was used to compare lateral number of various drugs flavor and the percentage of all drugs in the same dynasty. There were more user-friendly analyzed stroke medication rules in the same period, compared to the vertical commonly used class of drugs of different dynasties, making it more conducive to grasp stroke medication rules in history.

The application based on unsupervised data mining technology

Data mining technology of the present situation in the TCM Syndrome drug law

Table 3. 61 combinations of core for syndrome of qi deficiency and blood stasis.

S/N	Combinations of drugs		
1	Chuan Xiong	Fang Feng	Huang Qin
2	Fang Feng	Qiang Huo	Bai Zhi
3	Fang Feng	Rou Gui	Fang Ji
4	Fang Feng	Huang Qin	Fang Ji
5	Fang Feng	Shi Gao	Fang Ji
6	Dang Gui	Bai Shu	Ban Xia
7	Ren Shen	Hong Hua	Tao Ren
8	Bai Shu	Fu Ling	Ban Xia
9	Bai Shu	Fu Ling	Shu Dihuang
10	Bai Shu	Shu Dihuang	Suan Zaoren
11	Qiang Huo	Tian Ma	Tian Nanxing
12	Qiang Huo	Niu Xi	Du Zhong
13	Qiang Huo	Shu Dihuang	Du Zhong
14	Fu Ling	Bai Shao	Sheng Dihuang
15	Fu Ling	Chen Pi	Sheng Dihuang
16	Fu Ling	Sheng Dihuang	Shu Dihuang
17	Bai Shao	She Xiang	Zhu Sha
18	Bai Shao	Zhu Sha	She Xiang
19	Tian Ma	Jiang Can	Tian Nanxing
20	Du Huo	Hong Hua	Tao Ren
21	Bai Zhi	Bai Fuzi	Cao Wu
22	Niu Xi	Sheng Dihuang	Suan Zaoren
23	Niu Xi	Du Zhong	Bei Jie
24	Niu Xi	Du Zhong	Yi Yiren
25	Niu Xi	Suan Zaoren	Hong Hua
26	Huang Qin	Fang Ji	Xing Ren
27	Chen Pi	Ban Xia	Tian Nanxing
28	Chen Pi	Wu Yao	Zhi Qiao
29	Chen Pi	Wu Yao	Huang Lian
30	Quan Xie	Jiang Can	Huo Xiang
31	Chuan Wu	Jing Jie	Cao Wu
32	She Xiang	Zhu Sha	Bing Pian
33	Mu Xiang	Zhu Sha	Chen Xiang
34	Mu Xiang	Cang Shu	Wei Ling Xian
35	Mu Xiang	Wei Lingxiang	Man Jingzi
36	Gan Jiang	Sheng Jiang	Da Zao
37	Sheng Dihuang	Shu Dihuang	Suan Zaoren
38	Jie Geng	Wu Yao	Zhi Qiao
39	Jie Geng	Wu Yao	Huang Lian
40	Zhu Sha	Bing Pian	Huo Xiang
41	Zhu Sha	Bing Pian	Chen Xiang
42	Shu Dihuang	Suan Zaoren	Hong Hua
43	Jing Jie	He Shouwu	Cao Wu
44	Bing Pian	Ru Xiang	Wei Lingxian
45	Bing Pian	Huo Xiang	Xiang Fu
46	Ru Xiang	Mo Yao	Di Long
47	Ru Xiang	Xiang Fu	Di Long
48	Chi Shao	Di Long	Tao Ren
49	Yuan Zhi	Mai Dong	Shi Changpu
50	Ju Hua	Gao Ben	Man Jingzi
51	Dang Gui	Ban Xia	Huang Lian

Zhi Shi

Table 3. Contd.

52	Ma Huang	Rou Gui	Fang Ji	Xing Ren	
53	Bai Zhi	Cang Shu	Wei Lingxian	He Shouwu	
54	Bai Zhi	Cang Shu	He Shouwu	Wu Cao	
55	Quan Xie	Bai Fuzi	Bai Huashe	Gao Ben	
56	She Xiang	Bing Pian	Ru Xiang	Xiang Fu	
57	She Xiang	Bing Pian	Niu Huang	Xiang Fu	
58	Bing Pian	Ru Xiang	Chen Xiang	Xiang Fu	
59	Ren Shen	Ma Huang	Shi Gao	Fang Ji	Xing Ren
60	Fu Ling	Chen Pi	Ban Xia	Huang Lian	Zhi Shi
61	Tian Ma	Quan Xie	Jiang Can	Bai Fuzi	Bai Huashe WuQiaoshe

Table 4. 3 new prescriptions for syndrome of qi deficiency and blood stasis.

S/N	3 New Prescriptions				
1	Ren Shen	Hong Hua	Tao Ren	Chi Shao	Di Long
2	Dang Gui	Huang Qi	Ru Xiang	Mo Yao	Di Long
3	Dang Gui	Huang Qi	Chi Shao	Di Long	Tao Ren

intelligence, data mining, clustering analysis techniques, initially revealed a unique insight of the Xin'an physicians on stroke pathogenesis, diagnosis and treatment; they dug out the idea of their clinical treatment, to provide a reference for the prevention and treatment of stroke. The cluster analysis had its limitations; it required a specific attribution of symptoms in the study of Chinese medicine symptom. There was no objective criterion for evaluating whether clustering results are good or bad in order to determine the usefulness of the results (Xiaoyu, 2010).

Guo (2011) conducted a statistical analysis on stroke hemiplegia medical case through the use of association rules of data mining technology. They summarized the characteristics of the type of medicine for each syndrome and commonly used drug pair. But association rules in the application process may exist such as the higher rules of support and confidence when there was no significance of application. This required the operation to ensure that there are high quality data for rule validation, as well as, a number of feedback correction (Tong et al., 2009).

Liang et al. (2009) used the covariance matrix of factor analysis method for 343 prescriptions, from Han to Yuan Dynasty. They summed up the 22 kinds of factors representing different drugs compositions. Regarding outside treatment of stroke in this period, before the Yuan Dynasty, an understanding of the etiology of stroke was obtained. There are still many arguments to the "outside wind". The majorities of physicians still disperse wind and eliminate the pathogenic factors as the main treatment, combined with resolving phlegm, freeing the collateral vessels and activating blood. The modern studies

showed that it may be related to the study of Jianxin et al. (2011, 2012b), but factor analysis was only normalized in the same category to the more closely associated with several variables; each type of variables became a (public) factor, reflecting most of the information of the original variables to the few factors (Wang, 2010).

These were more or less the drawbacks in the aforementioned commonly used data mining techniques in TCM Syndrome drug law research. Another method can take effects in quality of medicine (Jianxin, 2010).

The advantages of unsupervised data mining techniques in TCM Syndrome drug law

Compared with cluster analysis, association rules analysis, factor analysis and the more commonly used data mining methods; unsupervised data mining technique is more suitable for the present needs of TCM Syndrome drug law. Many scholars, who applied the unsupervised data mining analysis method in their studies, made some valuable experience. An example is Huang et al. (2010) who researched on proprietary Chinese medicine prescription law of combating influenza and tuberculosis prescription drug law by using complex systems entropy clustering method of unsupervised data mining method. He obtained commonly used drugs, drug combinations and provided a reference and a basis for further prevention and control of influenza A (H1N1), tuberculosis and related drug screening.

The unsupervised data mining method applies not only dealing with

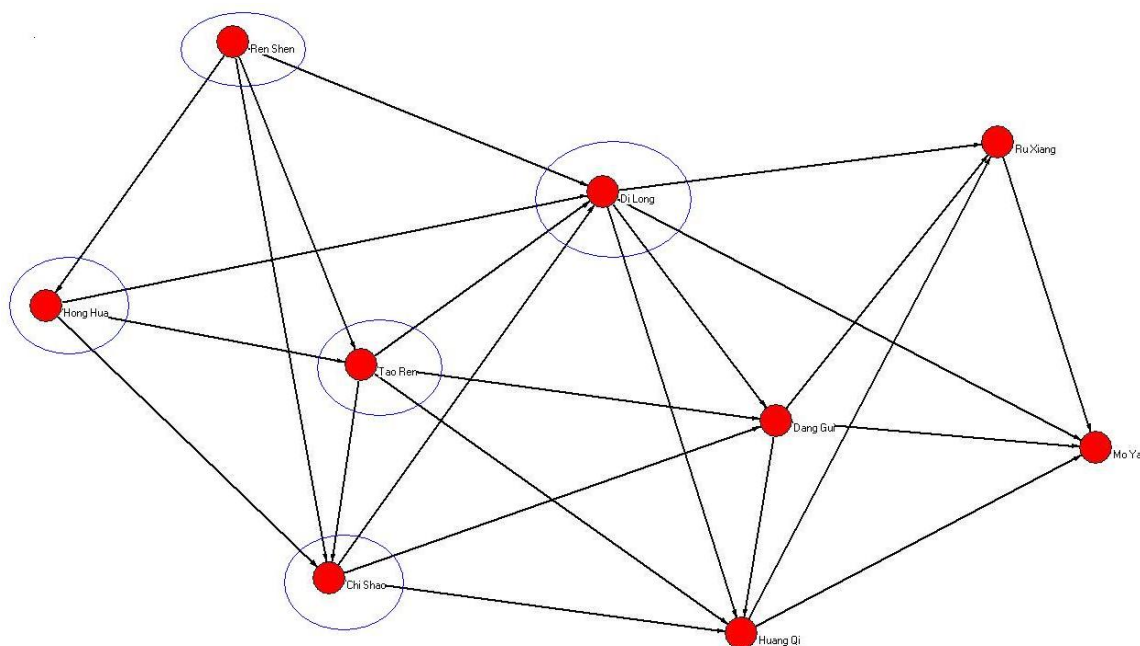


Figure 1. The three new prescriptions are discovered. Drugs of Shenlonghuoxuefang are in blue circle.

correlation, which was particularly large; 3) Convergence speed was fast for processing large amounts of data; 4) Could assign a drug to different class. This was consistent with the TCM theory, and paid special attention to the characteristics and properties of these drugs.

So, what is unsupervised data mining method? It was compared to the method of supervision. These two methods were the two strategies of machine learning methods. Supervision mining method achieved the classification and judgment of unknown samples by learning the training samples of known classes. In this case of no expert's knowledge of pre-participation, unsupervised mining method proceeded from the characteristics of the samples (variables), researched through some kind of algorithm for collecting the sample (variable) of similar characteristics together, and to achieve the purpose of distinguishing different characteristics of the samples (Qiu et al., 2004).

The improved mutual information and complexity of the system entropy clustering method with unsupervised data mining methods are more in line with the TCM theory. The latter, as an improved clustering method could not only lead to fast clustering, achieving a variable which appears in a different class, it also improved the shortcomings of traditional clustering methods "rigid" division in order to achieve a "soft" partition. The working principle proposed the concept of the variable "friends group" based on improved mutual information. It took a relative approach, selected a specific variable m , removed the value in the collection of m before the largest $Z_1 \leq Z \leq (N-1)$ variables, and formed a congregation

of Z elements, denoted by $D(m)$. Generally, Z was small compared to N , so this collection could be called "friends group" of the variable m . This is because each element of them is very related to m . Obtaining the "friends group" of each variable could lead to getting the clustering through the entropy clustering algorithm. For each variable, we all took their respective "friends group". If two variables were each in their respective friends and relatives, we think that these two variables were strongly correlated, for only strong related could be together. By analogy, the three variables could be together in a class if and only if any two variables were related. Z was finite, so this algorithm was certainly convergence. The class numbers were the algorithm automatically determined and a function of the number of variables N and the "friends group" of the number of Z (Tang et al., 2010).

This study, researched by using Epidata database platform, applied frequency statistics method and improved mutual information (Yang et al., 2005) entropy clustering method of complex systems (Chen, 2008) such as unsupervised data mining methods that primarily excavated the prescription drug law from the four levels implied in the database behind. The first level was a single herb, mainly by frequency method; the second level was the analysis of drug pair, mainly through improved mutual information method; it investigated commonly used drug pair for each syndrome and the treatment of stroke, and initially revealed the prescription drug law. One study showed that the way of taking drug may have effects (Jianxin et al., 2012a).

The third level involved rule of combination between

multiple drugs through entropy clustering method of complex systems; commonly combination of core obtained for each syndrome. The last level was that by assembling empirically drug pair and combination of core, new prescriptions were obtained for each syndrome and TCM experts by researching and discussing identified a new prescription clinical efficacy.

Conclusion

In the study, we have established stroke literature database, excavated the law of the treatment and characteristics of medicine of each historical period of stroke, and expanded its connotation, thus, providing a theoretical and clinical basis for diagnosis and treatment of stroke. Complex systems analysis methods were applied to stroke literature mining, by excavating the potential law of drugs combination, and discovering new prescription in line with the clinical treatment of stroke different syndrome.

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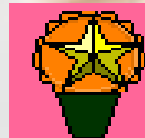
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Many human diseases are caused due to oxidative stress involving excessive production of free radicals that can be ameliorated by the antioxidant activities of plant extracts. Present study was designed to characterize the chemical composition of *Oxalis corniculata* methanol extract (OCME) and its various fractions; *O. corniculata* n-hexane (OCHE), *O. corniculata* ethyl acetate (OCEE), *O. corniculata* chloroform (OCCE) and *O. corniculata* aqueous (OCAE); and to determine the antioxidant potential by different *in vitro* assays. OCME was also evaluated for its antioxidant capacity against hepatotoxicity induced with carbon tetrachloride (CCl₄: 1 ml/kg b.w., 20% in olive oil, seven doses) in rat. The results showed the presence of flavonoids, alkaloids, terpenoids, saponins, cardiac glycosides, phlobatannins and steroids in OCME while tannins were absent. Total amount of phenolic and flavonoids was affected by the solvents and the sequence of solvents for phenolic contents was OCME > OCAE > OCCE > OCEE > OCHE while for flavonoids was OCME > OCCE > OCAE > OCEE > OCHE. Free radicals were scavenged by the extract/fraction in a dose response curve in all models. Biochemical parameters of serum; aspartate transaminase (AST), alanine transaminase (ALT), alkaline phosphatase (ALP), lactate dehydrogenase (LDH), gamma-glutamyl transpeptidase (γ-GT), total bilirubin, cholesterol and triglycerides were significantly increased while total protein and albumin were decreased by CCl₄. Treatment of CCl₄ significantly decreased the liver contents of reduced glutathione (GSH) and activities of antioxidant enzymes; catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GSH-Px), glutathione-S-transferase (GST), glutathione reductase (GSR) and quinone reductase (QR) whereas elevated the thiobarbituric acid reactive substances (TBARS) contents, and hepatic lesions. All the parameters were brought back to control levels by the supplement of OCME. The results of the present study suggest the antioxidant potential of OCME and its fractions as evidenced by scavenging of free radicals and hepatoprotective capacity.

Key words: *Oxalis corniculata*, carbon tetrachloride (CCl₄), 2,2'-azinobis-(3-ethylbenzothiazoline-6-sulfonate) (ABTS), diphenylpicrylhydrazyl (DPPH), hepatoprotective, lipid peroxidation.

INTRODUCTION

Multiple processes are involved in the progress of liver diseases. Experimental and clinical results indicate that oxidative stress may be the link, connecting different types of chronic liver injuries (Parola and Robino, 2001). The use of effective antioxidants may be the major therapeutic strategy to reduce the oxidative stress, which leads to progression of liver injuries.

Previous studies have shown that antioxidants like silymarin, vitamins C and E decrease lipid peroxidation and partially ameliorate liver injuries. Over the years, many researchers have reported that plants containing phenolics and flavonoids exhibit a large array of biological activities like hepatoprotection and reversal of fibrosis. These phytochemicals are widely found in fruits, vegetables and herbal plants and are found as reliable hepatoprotective against liver damage, as well as curtailing process in the progression to liver fibrosis (Wang et al., 2008). A number of findings have indicated the scavenging effects of flavonoids and polyphenols *in vivo* and *in vitro* conditions (Khan et al., 2009; Sahreen et al., 2010; Khan and Siddique, 2012).

Oxalis corniculata (Oxalidaceae) is locally used in various ailments. It is rich in niacin, vitamin C and β -carotene (Manandhar, 2002). The juice of the plant is given in jaundice and in stomach troubles (Hussain et al., 2008). The juice of the plant, mixed with butter, is applied to muscular swellings, boils and pimples (Manandhar, 2002). *O. corniculata* is also used as antiseptic, refrigerant, diaphoretic, diuretic and anti diabetic (Hussain et al., 2008). It is used as complementary medicine in wound healing, anemia, dyspepsia, cancer, piles, dementia and convulsions (Taranalli et al., 2004; Madhavachetty et al., 2008). Other alternative uses are; anthelmintic, anti-inflammatory, astringent, depurative, diuretic, emmenagogue, febrifuge, lithontriptic, stomachic and styptic. It is also used in the treatment of influenza, fever, urinary tract infections, enteritis, diarrhea, traumatic injuries and sprains (Chopra et al., 1986). It was also reported that *O. corniculata* have hypoglycemic, antihypertensive, antipsychotic, nervous system stimulant and have chronotropic and inotropic effect (Achola et al., 1995; Raghavendra et al., 2006). Chemical characterization of *O. corniculata* showed the presence of glyoxylic acid, oxalic acid, pyruvic acid, vitexin and isovitexin, vitexin-2-O-beta-D- glucopyranoside, neutral lipids, glycolipids; vitamin C; phospholipids; fatty acids, 18:2, 18:3, 16:0; saturated (C10-C14) acids; alpha and beta tocopherols (Raghavendra et al., 2006).

The plant based therapeutics against oxidative stress induced diseases is the research of medicament of these days. Therefore, the present study was conducted to find out the protective effect of *O. corniculata* methanol extract (OCME) against CCl_4 -induced oxidative stress and liver injuries in Sprague-Dawley rats. The protective proceedings of OCME are compared with silymarin, which has been used for over 20 years in clinical practice for the treatment of toxic liver diseases. OCME was fractionated with various solvents to determine the chemical

composition and *in vitro* antioxidant assays in this study.

Folin-Ciocalteu reagent (diluted 10-fold) was used for the calibration curve and mixture was incubated for 5 min before the addition of sodium carbonate (4 ml, 0.115 mg/ml). Absorbance was measured at 765 nm. 1 ml of different extracts (0.5 to 5.0 mg/ml) was also mixed with the stated reagents and after 2 h, the absorbance was measured to determine total plant phenolic contents. All determinations were carried out in triplicate. The total content of phenolic compounds in the extract was expressed as gallic acid equivalents (GAE) mg/g of the dry extract.

***In vitro* antioxidant activity**

Diphenylpicrylhydrazyl (DPPH) radical scavenging activity

Antioxidant capacity of different samples, GA and ascorbic acid (ASA) was measured with the stable radical DPPH in terms of hydrogen-donating or radical-scavenging activity at 517 nm, according to the described procedure of Gyamfi et al. (1999).

2,2'-Azino-bis(3-ethylbenzothiazoline-6-sulphonic acid) (ABTS) radical scavenging activity

ABTS assay was carried out by using the protocol of Re et al. (1999) using ABTS and potassium persulfate solution to generate ABTS^{•+} radicals. ASA and GA were used as positive controls and absorbance was determined at 715 nm.

Determination of superoxide radical scavenging activity

Superoxide scavenging for each fraction and for GA and ASA was determined by the nitroblue tetrazolium reduction method (Nishikimi et al., 1972). The tubes were uniformly illuminated with an incandescent visible light for 15 min, and the optical density was measured at 530 nm before and after the illumination.

Hydrogen peroxide scavenging activity

The scavenging capacity for hydrogen peroxide was measured according to the method of Ruch et al. (1989). Hydrogen peroxide scavenging ability of each extract and standards (GA and ASA) was determined at 230 nm against a blank having phosphate buffer.

Phosphomolybdate assay

Phosphomolybdate assay was performed to assess the antioxidant activity of samples and standard compounds; GA and ASA according to the procedure of Umamaheswari and Chatterjee (2008) by using sulphuric acid, sodium phosphate and ammonium molybdate. After incubation at 95°C for 90 min, absorbance of each reaction mixture was measured at 765 nm against a blank.

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