

NEWSLETTER

January-2024



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COMPLEX**



**HAMEED LATIF
TEACHING HOSPITAL**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**

Rashid Latif College of Pharmacy (RLCP)

Pharm D Orientation (13th January 2024)

Exciting times at the Pharm D. orientation for batch 2023-2028 held on Friday, January 13, 2024! Our esteemed Chairman, Prof. Dr. Rashid Latif Khan, shared invaluable insights, motivating our newest members. The CEO Ms. Sabahat Khan graced the occasion with an inspiring speech, setting the tone for a successful academic journey. Prof. Dr. Atif Raza, Consultant and Principal of Punjab University College of Pharmacy, added his wisdom to the event. Closing the ceremony, the Principal of Rashid Latif College of Pharmacy left our new students with encouraging remarks. Here's to a year of growth, learning, and success!



Hameed Latif Teaching Hospital (HLTH)

Khano Harni Village Camp (16th January 2024)

Hameed Latif Teaching Hospital organized a free EYE and General Camp at Dera Ch. Karamat Village Khano Harni. More than 113 patients were treated. Free health services (Free medical checkup and medicines) were provided to the underprivileged families of village.



RLKU Medical College (RLKUMC)

Fatty Liver (22nd January 2024)

The meeting was held on 22nd January, 2024, Tuesday at 10.00 am in D1, participated by the following; Prof. Arif Siddiqui (chairperson), Prof. Nadia Mahmood (HOD Pathology), Prof. Jamil Ahmed (HOD Community Medicine), Dr Umer Saeed (Associate Prof. Biochemistry), Dr. Zoofishan Imran (Associate Prof. Community Medicine), Dr. Naureen Omer (Director Medical Education), Dr Rabia (PG trainee), Dr Aqsa (PG trainee).



Hameed Latif Teaching Hospital (HLTH)

Nursing Training & Development Program during the month (24th January 2024)

During the month of January 2024, a number of training sessions were conducted by Ms. Sadia Malik (External Trainer) to all nursing and paramedical staff of hospital on Nursing Care Plan, Effective Communication Skills, International Goals for Nursing Sector and Hospital Infection Control.

Rashid Latif Department of Professional Psychology (RLDPP)

Faculty Development Program on use of generative (25th January 2024)

A Training session for Faculty Development Program was hosted by Punjab Higher Education Commission (PHEC) on January 25, 2024 at Veterinary Academy UVAS, Lahore. The Training Program centered on the Theme of "Use of Generative Artificial Intelligence in Higher Education". Ms. Mahrukh Mumtaz, Student Counselor & Lecturer, Rashid Latif Department of Professional Psychology, attended as the representative of Rashid Latif Khan University, RLKU.



Rashid Latif Department of Medical Education (DME)

Ethical Challenges in the Medical Landscape Junior Doctors' Perspective (30th January 2024)

The Department of Medical Education, in collaboration with the Surgery and Psychiatry Departments, orchestrated a thought-provoking session on "Ethical Challenges in the Medical Landscape: Junior Doctors' Perspective" at Rashid Latif Medical College.



Rashid Latif Department of Professional Psychology (RLDPP)

Guest of Honor (30th January 2024)

Prof. Dr. Nashi Khan was invited as Guest of Honor in Prize Distribution Ceremony at Beaconhouse School System, Lahore. She represented Rashid Latif Khan University and addressed the Students and Parents on the Importance of Education, Parenting and Values. Dr. Nashi Khan distributed Shields/ Awards and Prizes to the Students and Faculty.



Rashid Latif College of Pharmacy (RLCP)

Delegation from the University of Veterinary Sciences (31st January 2024)

A dynamic delegation from the University of Veterinary Sciences recently graced the halls of Rashid Latif College of Pharmacy (RLCP), where they were warmly welcomed by Prof. Dr. Humayun Riaz. The vibrant faculty from the University of Veterinary Sciences, led by the dedicated, Director Institute of Pharmaceutical sciences, Dr. Tahir Mehmood, engaged in a stimulating discussion about their institution and the promising research prospects that lie ahead through collaboration with RLCP. The exchange of ideas and expertise between these esteemed institutions holds the promise of fostering groundbreaking advancements in the field of pharmacy. Stay tuned for more updates on this collaborative venture that aims to push the boundaries of pharmaceutical research and education!



Hameed Latif Teaching Hospital (HLTH)

Training Session on Hand Hygiene & Hospital Waste Management (31st January 2024)

Ms. Shazia Niazi (Infection Control Nurse) conducted a training session on Hand hygiene and handling & disposal of Hospital Waste. All housekeeping staff participated in this session.

RLKU Medical College (RLKUMC)

2nd Monthly Meeting Fatty liver Study Group (18th October 2023)

The 2nd monthly meeting of fatty liver study group was held on 18th October, 2023. The meeting was attended by Professor Arif Siddiqui (Chairperson), Prof. Shehnaz Akram (HOD pharmacology), Prof Irum fayyaz (HOD Biochemistry), Prof. Nadia Mahmood (HOD Pathology), Prof Jamil Ahmed (HOD Community Medicine), Dr Naureen Omer (Director Medical Education), Dr Umer Saeed (Associate Prof. Biochemistry), Dr Yasin Khan (SR Radiology Dpt), Dr Rabia and Dr Aqsa (PG trainees). Agenda of the meeting was to deliberate on research possibilities for this prevalent public health issue. Overview on fatty liver was given by Prof. Arif Siddiqui followed by presentation on pathogenesis of fatty liver by Prof Nadia Mehmood. Community based screening of NAFLD, the methodology and risk factor assessment was discussed by Prof. Jamil Ahmed while Dr Yasin khan explained radiological diagnostic procedure for fatty liver disease. For upcoming meeting, Prof. Jamil will develop and present a community based screening tool for NAFLD and Dr Umer will identify and present Gene Markers for NAFLD.

RLKU Medical College (RLKUMC)

3rd Fatty Liver Study Group (7th December 2023)

A workshop was conducted by the Department of Medical Education on "Lesson Planning: An Essential Tool" on Thursday 7th December 2023 facilitated by Dr Naureen Omar, Faculty members of Basic and Clinical Sciences participated with enthusiasm. Basics of Lesson Planning were highlighted with elaboration of steps of making clear and measurable objectives for all lessons aligned with the curriculum. Activities designed for developing objectives and lesson plan templates were done so as to familiarize the faculty with these important tools. Pre and post workshops feedback were taken. Prof Arif Siddiqui (Principal RLKUMC) and Prof. Faheem Mahmood (Vice Principal RLKUMC) gave concluding remarks and presented certificates to the participants.

RLKU Medical College (RLKUMC)

RLKUMC participated in 7th ICHPE at UOL (15th December 2023)

The Department of Medical Education, RLKUMC participated in 7th ICHPE at The University of Lahore and had 2 oral presentations. Dr. Naureen Omar Director, DME presented "Challenges and Barriers of Online Teaching: Perspective of Faculty in a Private Medical College of Lahore" and Dr. Ali Haider Demonstrator, DME presented "Faculty Development: Need Assessment Survey in a newly Established Medical College of Lahore". The oral presentations were well appreciated by the assessors of the session. Dr Naureen was awarded Best Oral Presentation Award.



Successful Conclusion of RLUK Medical College's 1st Research Moot (12th December 2024)

RLKU Medical College, Lahore, recently hosted its inaugural Research Moot on December 12-13, 2023, at Lecture Hall No. 3. The event, organized by the Research Cell under the guidance of Prof. Dr. Arif Mahmood Siddiqui (Principal RLUK Medical College) Prof. Dr. Faheem Mahmood (Vice Principal, RLUK Medical College) and Prof. Dr. Jamil Ahmed (Convener Research, RLUK Medical College, Lahore), witnessed active participation from faculty members at RLUK Medical College and clinical faculty from Hameed Latif Teaching Hospital.

The Research Moot comprised eight sessions featuring 31 presenters, providing a platform for the exchange of innovative ideas and findings. The sessions covered diverse areas of medical research, including Maternal, Neonatal, and Child Health, Cadaveric and Postmortem Studies; Development in Basic Medical Sciences, Gastroenterology, and endocrinology; Trends in Medical Education, Blood, Enzymes, Hormones, and micronutrients, Bone, Cartilage, and Muscles, and Demographics of Diseases.

Highlights of the Research Moot:

- Sessions and Presenters: The event featured eight sessions, each chaired by senior faculty members from Rashid Latif Medical College and Arif Memorial Teaching Hospital Lahore.
- Diverse Topics: Presenters covered a broad spectrum of topics, ranging from the impact of rapid versus slow advancements of feeds in preterm neonates to the screening program for eye changes in diabetic patients.
- Active Participation: A total of 31 presenters actively engaged in presenting their research findings, fostering an environment of intellectual exchange and collaboration.

Notable Figures:

- Prof. Farrukh Zaman's Opening: The Research Moot was inaugurated by Prof. Farrukh Zaman, Chairperson of RLK Associates & founding member of Rashid Latif Medical Complex and RLUK Medical College.
- Supervision: The Research Moot was conducted under the supervision of Prof. Dr. Arif Mahmood Siddiqui, Prof. Dr Faheem Mahmood, and Prof. Dr. Jamil Ahmed, ensuring the highest standards of academic excellence.

Future Initiatives:

- RLUK Medical College expressed its commitment to organizing more such events in the future, providing a platform for researchers to share groundbreaking discoveries and contribute to the advancement of medical knowledge.

Conclusion: The success of RLUK Medical College's 1st Research Moot underscores the institution's commitment to fostering a culture of research and innovation. The collaborative efforts of faculty members and clinicians have undoubtedly contributed to the advancement of medical knowledge, further solidifying RLUK Medical College's position as a hub for academic excellence.

About RLUK Medical College: RLUK Medical College is a leading institution dedicated to the pursuit of excellence in medical education, research, and healthcare delivery. With a commitment to producing competent and compassionate healthcare professionals, RLUK Medical College stands at the forefront of medical education in Lahore.

Workshop on Lesson Planning (7th December 2024)

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